

SPRING 2026

**OLLI Zoom
Class Recordings**

Course Schedule + Recording Links



OLLI
Osher Lifelong
Learning Institute



● **REC**

***This class has been recorded.**

Class: **Stress Less, Smile More** ● **REC**

SKU: SprCWELL311

Instructor: **Gary Austin** | Instructor Email: garmaraus@aol.com

Meets: **Thursdays, February 12 – March 12 at 9:00 AM to 10:30 AM** | Sessions: **5**

*Class Dates: **2/12, 2/19, 2/26, 3/5, & 3/12.**

***Note:** ☒ **If your class recording doesn't start right away, please fast forward to the desired content.**

***Tip:** Click on the text in the Audio Transcript column to jump directly to that part of the recording/class discussion.

Things to Remember...

- Please wait 24 hours after a class has ended before requesting a class recording be sent to you.
- The course Zoom link that you use to join a live class Zoom meeting is not the same as the class recording link(s) we send to registered participants after class.
- Available class recordings are below. **Each individual class recording will expire after 30 days.**

Class Recordings:

1) Session: **1** of 5 | *Class Date: **2/12** *Recording Expires: **Saturday, 3/14/26 at 11:59 PM**

➔ Class Zoom Recording Link: [Click Here to Watch!](#)

2) Session: **2** of 5 | *Class Date: **2/19** *Recording Expires: **Saturday, 3/21/26 at 11:59 PM**

➔ Class Zoom Recording Link: [Click Here to Watch!](#)

3) Session: **3** of 5 | *Class Date: **2/26** *Recording Expires: **Saturday, 3/28/26 at 11:59 PM**

➔ Class Zoom Recording Link: [Click Here to Watch!](#) 

4) Session: **4** of 5 | *Class Date: **3/5**

➔ Class Zoom Recording Link: **Not Available Yet**

5) Session: **5** of 5 | *Class Date: **3/12**

➔ Class Zoom Recording Link: **Not Available Yet**

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Updated: 02.26.26

By: Brooklynn Bridges, OLLI Administrative Assistant