

Dal Soup

(thick lentil soup) *with a carrot salad*

Wednesday, Feb 6 ~ 5:30-7:30pm

Hosted by Jenny Robertson

February is one of the coldest Months of the year and soup is such a warming choice for meal time. February will be Warming Soup Month; each week we will make a delicious, nutritious and warming soup with a side salad



Get connected through cooking!

St. Paul's Centre, 62 Peter Street N

For more Information:

orilliacommunitykitchen@gmail.com

[Orillia Community Kitchen on Facebook](#)

stpaulscentre.ca

Ingredients provided - Family friendly.

\$2 Suggested Donation in support of:



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Lightly Curried Butternut Squash Soup with an apple/pear salad

Wednesday, Feb 13 ~ 5:30-7:30pm

Hosted by Jenny Robertson

Second Week of Warming Soup Month: this week is one of my favourites; its easy to make, delicious and nutritious



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Get cooking with the **GOOD FOOD BOX**

Wednesday, Feb 20 ~ 5:30-7:30pm

Hosted by Jenny Robertson

Join us to explore ways to create a delicious meal from seasonal produce.



Stay to share this meal together ... or take it home for the freezer.

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Hamburger Soup

with Vegetables with a
side spinach salad

Wednesday, Feb 27 ~ 5:30-7:30pm

Hosted by Jenny Robertson

February is one of the coldest Months of the year and soup is such a warming choice for meal time.

Third week of soup and we will make a delicious, nutritious and warming soup with a side salad



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