Be a Hero!!

Do you have some spare time?  
Would you like to make a difference?  
Do you like to drive?  
Or do you like talking to people?   
We have positions available for **SUPERHEROES**in our **Meals on Wheels** or **Transportation** departments  
To be a Volunteer for **Helping Hands**  
Call or email Barb today at  
705-325-4299 X 248 or [barb@hhorillia.ca](mailto:barb@hhorillia.ca)  
And superheroes even earn 40¢ a kilometer!