Avec COMMUNITY ACTION

Triple P Positive Parenting Program



TRIPLE P PRIMARY CARE

POSITIVE PARENTING PROGRAM

Triple P Primary Care for parents of children ages 0-12 is a brief, one-on-one parenting support program that helps families build practical skills for handling everyday challenges. In just a few sessions, parents learn simple, proven strategies to strengthen their relationship with their child and confidently manage behaviors at home.

Triple P Helps You:

- encourage behavior you like.
- deal with problem behavior.
- become more confident as a parent.
- be realistic about parenting.
- take care of yourself.

Triple P Sessions are:

- about 30 minutes each, spanning four sessions.
- scheduled at your convenience.
- individualized according to your parenting experience.
- in-person or virtual.

Backed by 40+ years of international research, Triple P is one of the world's most studied parenting programs. Families experience better behavior, less stress, and stronger routines.

Register Now.

For more information:
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