



Aroostook County Action Program

# Home Energy Assistance Program (HEAP)

207-768-3053

energy@acap-me.org



Maximum gross household income is based on the number of people in the household. Other program guidelines and requirements may apply. The amount of assistance you may get from HEAP is based on your household size and income, energy costs, and other factors. If your heat is included in your rent, you may still apply for HEAP. If you are eligible for HEAP, you also may qualify for other programs that require HEAP eligibility. Contact the HEAP Team at ACAP with questions or to schedule an appointment.

**Income Eligibility Guidelines  
(HEAP) 2021-2022 Season**

Household Size	Poverty Level		
	1 Month	3 months	12 months
1	\$2,433	\$7,298	\$29,191
2	\$3,181	\$9,543	\$38,172
3	\$3,930	\$11,789	\$47,154
4	\$4,678	\$14,034	\$56,136
5	\$5,426	\$16,279	\$65,118
6	\$6,175	\$18,525	\$74,100
7	\$6,315	\$18,946	\$75,784
8	\$6,456	\$19,367	\$77,468
9	\$6,596	\$19,788	\$79,152
10	\$6,759	\$20,209	\$80,836

# You can get help paying for your home heating fuel through the Home Energy Assistance Program (HEAP).

## Fuel assistance

HEAP is a program that can help pay part of your annual home heating costs. Your benefit amount is based on several factors, including your household size, income, and home energy costs.

**IMPORTANT! Your benefit dollars will stay on account for up to 18 months! If you apply at the end of a heating season the benefit will be available in the beginning of the next heating season.**

## Am I eligible?

Anyone who may need help paying for their home heating costs should apply for the program. Please apply even if your application has been denied before. You can even apply if your income may be over the limit because some medical expenses may be deducted. Homeowners and renters may apply. You can also apply even if heat is included in your rent.

**Call 207-768-3053 to schedule your appointment**

## How do I apply?

Call 207-768-3053 to schedule an appointment. For the safety of our staff and community members this year's HEAP appointments will be conducted over the phone.

## What to expect?

Appointments fill up fast and it may take a while to get an appointment. It usually takes several weeks to process a HEAP application. If your HEAP application is denied, you can reapply if your circumstances change.

## Other help available

If you are approved for HEAP, you may be able to get help with your electric bills through your electricity utility company's Low Income Assistance Plan (LIAP) or you may qualify for other assistance programs.



Aroostook County Action Program

207-764-3721

[www.acap-me.org](http://www.acap-me.org)

[info@acap-me.org](mailto:info@acap-me.org)

