



A program of:



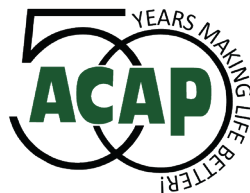
# Empowering informed decision making with teens and young adults in Aroostook County.

The Breakthrough Youth program serves youth ages 14-24. Breakthrough Youth is a 12 session program designed to encourage youth to:

- Explore career opportunities.
- Learn skills to help prevent or reduce alcohol and substance abuse.
- Create pathways to achieve career goals.
- Gain financial literacy.
- Use contraceptives to prevent unwanted pregnancies.
- Create a sense of community.
- Connect with peers in a relaxed environment.

## Upcoming Presque Isle Sessions

- MSAD 1 Adult Ed session starts Wed. Jan. 26 from 5-7 pm  
» To register visit: [msad1.maineadulted.org/classes/](http://msad1.maineadulted.org/classes/) or call 207-764-3721.
- PI Housing Authority Community Room Session starts Feb. 1 from 3-5 pm  
» To register e-mail [prevention@acap-me.org](mailto:prevention@acap-me.org) or call 207-764-3721.



[www.acap-me.org](http://www.acap-me.org)  
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