Home Energy Assistance Program

The Home Energy Assistance Program (HEAP) helps eligible homeowners and renters with heating costs. Applications can be submitted online, by phone, or in person. Processing usually takes 2 to 8 weeks, depending on when all required documents are received.

2026-2027 Income Guidelines	
Household Size	**Income Level 1 Month**
1	$3,173
2	$4,149
3	$5,125
4	$6,101
5	$7,077
6	$8,053

- Maximum gross household income is based on the number of people in the household.
- Medical expenses paid out-of-pocket may be deducted from household income amount.
- Other program guidelines and requirements may apply.

Apply Online!

ecos.mainehousing.org

The ECOS Maine Housing online portal allows you to complete the application process quickly and without having to wait for an appointment. You can also check your application status anytime you want by just logging in!

Avec COMMUNITY ACTION

FMI or to schedule an appointment:

207-768-3053

energy@avecmaine.org