



## 2019 Summer Services at CUUC

Our summer services are led by guest ministers, lay members, and friends. At these intimate gatherings, people participate more and get to know one another better. Our nursery is staffed for young children. Please stay afterward for refreshments and conversation. Regular services and religious education classes resume Sun Sep 8. Centering music starts at 9:50am. Worship begins at 10:00am.

### Jun 23 - **Petra Thombs, “All My Relations: You Have to Know from Whence You Came”**

Our annual Juneteenth service will examine our relationship to each other and all beings through the wisdom of global Indigenous peoples. Chief Dwaine Perry of the Ramapough Lenape Nation and Maxwell Kofi Donkor of Sankofa Drummers will join us. *Petra Thombs is a member of CUUC.*

### Jun 30 - **John Bell, “Dreaming of Stepford Wives”**

In what ways do humans interact differently with things that have no actual inner life (Amazon's Alexa is a primary example), and things that do have an inner life, like our families. Why does our society increasingly seem to prefer the former over the latter? *John Bell is a longtime member of the UU Fellowship of Northern Westchester, Mt. Kisco. An avid gardener, he is the treasurer of the Yorktown Grange and the co-president of the Friends of Hilltop Hanover Farm and Environmental Center.*

### Jul 7 - **Rev. Lane Cobb, “Coming Home”**

Coming home isn't as easy as one might think. Let us explore what it means to come home and the magic and missteps that lead us back to the heart of who we are and the place we long to be. *Rev. Cobb is an interfaith minister, author, and holistic intuitive spiritual life and wellness coach. Her parents are CUUC members Jim and Mary Lane Cobb.*

### Jul 14 - **Dr. Rev. Nate Walker, “Your Hard-Earned Happiness”**

Does happiness just happen? Or are there strategies we can use to increase our happiness for ourselves and those around us? By drawing upon evidence-based publications in peer-reviewed medical journals, we will reflect upon the scientific study and practice of happiness. We will reflect upon the conditions that promote human flourishing and the everyday choices we can make to cultivate wellness. *Rev. Walker was the ministerial intern at CUUC in 2005–2006. He is the community minister for religion and public life at the Church of the Larger Fellowship, and author of Cultivating Empathy.*

**Jul 21 - Ray Schmitt, “Science, Religion, Conflict, and Politicization”**

Since the days of Galileo, science and religion have been in conflict, and that’s okay. But the rejection of scientific understanding and advancement is not. How did we get here? How have leading scientists struggled with this conflict? And what might we do? *Ray Schmitt has been a member of CUUC since 2005.*

**Jul 28 - Rev. Catherine Torpey “Unearthing Miracles”**

One of the covenants that Unitarian Universalist congregations make to one another is "encouragement to spiritual growth." Growth is something we tend to want, and can't tend to force. The best we can do is to create the conditions, one of which is the ability to find the miraculous. *Rev. Torpey served the South Nassau UU Congregation for nine years and is now the Exec Dir of the International Focusing Institute in Nyack, [www.focusing.org](http://www.focusing.org).*

**Aug 4 - Rev. ReBecca Sala, “Finding Peace in Solitude”**

Please join us as Rev. ReBecca Sala explores the nature of loneliness and the difference between being alone and being lonely. Technology is supposed to connect us to the world but can make us feel even more isolated and disconnected. How do we find and appreciate moments of authentic connection with others as well as find peace within ourselves? *Rev. Sala is the Affiliated Community Minister at UUFNW Mt Kisco, and Manager of Pastoral Care at Stamford Hospital.*

**Aug 11 - Rev. Jim Walkup, “Love, Forgiveness, and Relationship Repair”**

*Jim Walkup, a psychotherapist and marriage counselor, is a member of CUUC and the author of I Do: A Marriage Workbook for Engaged Couples.*

**Aug 18 - Rev. Meredith Garmon (TBA)**

**Aug 25 - Rev. Meredith Garmon, “Poetry: Pablo Neruda”**

**Sun Sep 1 - Carrie McEvoy, “The Importance of Sabbath”**

Labor Day is a holiday when we honor those who fought for workers’ rights — among them the right to time off from work. In this service we’ll explore how sometimes the best way to get work done is to stop working — to take time to rest, reflect, regroup, and recharge. *Carrie McEvoy is a member of The Unitarian Church in Westport, and a student in the Master of Divinity program at Meadville Lombard Theological School.*