

Welcome to

# Community Unitarian Universalist Congregation

AT WHITE PLAINS



Nurture Spirituality · Foster Compassion · Engage in Service



## **“POOH LESSONS”**

REV. MEREDITH GARMON

2022 November 27 ~ 10th Sunday of Autumn

Community Unitarian Universalist Congregation is a Welcoming Congregation committed to affirming and purposefully including all, regardless of age, race, ethnicity, national origin, disability, gender, gender identity or expression, and sexual or affectional orientation.

## ORDER OF SERVICE

2022 NOVEMBER 27

### GATHERING MUSIC

Adam Kent

From *Scenes of Childhood*, Op. 15 ~ Robert Schumann: 1. Of Foreign Lands and Peoples · 2. Curious Story · 5. Perfect Happiness · 6. Important Event  
*Scenas Infantis* ~ Octavio Pinto: Run, run! · Ring-Around-the-Rosy · March, Little Soldier! · Sleeping Time · Hobby-Horse

### OPENING THEME video

You've Got a Friend in Me ~ Randy Newman

CUUC Choir

directed by Lisa N. Meyer, accompanied by Georgianna Pappas

### CALL TO WORSHIP video

Rev. Meredith Garmon

### WELCOME & ANNOUNCEMENTS

Rev. Meredith, Rev. LoraKim Joyner, Adam

### OPENING HYMN

#349, We Gather Together  
[lyrics start on page 5]

Janet Bear, Adam

### CHALICE LIGHTING

Al Rocchi

Nothing worth doing is complete in our lifetime

***Therefore we are saved by hope.***

Nothing true or beautiful or good makes complete sense in any immediate context of history;

***Therefore we are saved by faith.***

Nothing we do, however virtuous can be accomplished alone;

***Therefore, we are saved by love.***

No virtuous act is quite as virtuous from the standpoint of our friend or foe as from our own;

***Therefore, we are saved by the final form of love which is forgiveness.***

### UU MINUTE video

Young Waldo

Rev. Meredith

### SPOKEN INVOCATION

Rev. Meredith

### SUNG INVOCATION

Spirit of Truth (tune: Finlandia)

Janet, Adam

### PASSING OF THE PEACE

Rev. Meredith

OPENING MUSIC	The Little White Donkey ~ Jacques Ibert	Adam
PRAYER - JOYS, SORROWS & MILESTONES - SILENCE		Rev. Meredith
SUNG RESPONSE	Gate of Sweet Nectar	Janet, Adam
MUSICAL MEDITATION	From <i>Children's Corner</i> , Jimbo's Lullaby ~ Claude Debussy	Adam
OFFERTORY	“Winnie the Pooh” ~ Richard M. and Robert B. Sherman	Adam
PRACTICE POINTER video	Keep a Single Intention	Rev. Meredith
HYMN	#338, I Seek the Spirit of a Child	Janet, Adam
SERMON - PART 1		Rev. Meredith
INTERLUDE	From <i>Children's Corner</i> ~ Doctor Gradus ad Parnassum ~ Claude Debussy	Adam
SERMON - PART 2		Rev. Meredith
HYMN	#16, 'Tis a Gift to Be Simple	Janet, Adam
EXTINGUISHING THE CHALICE	<i>The prophets' challenge to confront harm, To respond with justice, compassion, And the transforming power of love, This is now our resolve.</i>	Al
SPOKEN BENEDICTION		Rev. Meredith
SUNG BENEDICTION	#123, Spirit of Life	Janet, Adam

[Donate to CUUC](#)

2022-2023 RE Overview:

[bit.ly/CUUCRE22-23](https://bit.ly/CUUCRE22-23)

To Volunteer & Connect in RE:

[bit.ly/CUUCREConnect22-23](https://bit.ly/CUUCREConnect22-23)



#### CALENDAR & ANNOUNCEMENTS:

**Collection for Coachman Family Center Gift Cards**, through Sun Dec 18. Help us buy gift cards for children at Coachman. Contact: Jacy Good ([goodjacy@gmail.com](mailto:goodjacy@gmail.com)).

**Gently Used Toys & Stuffed Animals Drive**, through Sun Dec 11. We bring them to the Ecumenical Food Pantry for clients to use as gifts for young children and teens.

**Meals for HOPE** cooking, Mon Nov 28, 10:00am, kitchen. [bit.ly/Meals-for-HOPE-signup](https://bit.ly/Meals-for-HOPE-signup).

**Food Item Collection for HOPE to-go Bags**, now through Sat Dec 3. Donate milk & juice boxes, water, fruit cups, granola bars. Christine Haran ([christineharan@yahoo.com](mailto:christineharan@yahoo.com)).

Offer feedback on proposed **changes to UUA Article II** on the UUA Google feedback form **through Mon Nov 28** - <https://bit.ly/A2FeedbackNov>

**Winter Choral Concert**, Sun Dec 4, 1:00pm, sanctuary and livestream. CUUC Choir sings Vivaldi's *Gloria* and seasonal favorites, [cucwp.org/concert-series](https://cucwp.org/concert-series)

**Social Justice Holiday Book Fair**, Sun Dec 11, 12:00–3:00pm, Fireside Area. Titles for adults and children - great holiday gifts! Alex Sehdeva ([alex.sehdeva@gmail.com](mailto:alex.sehdeva@gmail.com)).

**Holiday Cookie Exchange**, Sun Dec 11, During Coffee Hour. Bring some - take some! Please tag your individual bags with ingredients, to help folks with allergies.

**Online Congregation Discussion: Article on Racism**, Mon Dec 12, 7:30pm, [Zoom 7899](https://zoom.us/j/7899). Link to article in newsletter. Contact: Jeff Tomlinson ([jefftomlinson8@gmail.com](mailto:jefftomlinson8@gmail.com)).

**Contribute to our Poinsettia Display** to honor a loved one. \$20 per plant. Make checks to CUUC with the memo "Flowers." Contact: Pam Parker ([admin@cucwp.org](mailto:admin@cucwp.org)).

**Nov Share the Plate: Ecumenical Emergency Food Pantry of White Plains**

Visit [cucwp.org/newsletters](https://cucwp.org/newsletters) for the latest e-Communitarian newsletter

In-person attendees, please place your name tag in the lobby table basket when you depart.

## *Lyrics*

### **#349, We Gather Together**

We gather together in joyful thanksgiving,  
acclaiming creation, whose bounty we share;  
both sorrow and gladness we find now in our living,  
we sing a hymn of praise to the life that we bear.

We gather together to join in the journey,  
confirming, committing our passage to be  
a true affirmation, in joy and tribulation,  
when bound to human care and hope — then we are free.

### **Spirit of Truth (tune: Finlandia)**

Spirit of Truth, that dwellest in the mountain  
Descend, we pray thee, to the marts of earth.  
Give us to hear the rustle of thy garment.  
Grant us to feel thy shadow near –  
So may we find the strength to stand face forward,  
Courage to walk toward the dawning day.

### **Gate of Sweet Nectar**

Calling out to hungry hearts, Everywhere through endless time  
You who wander, you who thirst, I offer you contented mind.  
Calling out to hungry spirits, Everywhere through endless time  
Calling out to hungry hearts, All the lost and left behind  
Gather round and share our lives. Your joy and your sorrow I make mine.

### #338, I Seek the Spirit of a Child

I seek the spirit of a child, the child who meets life naturally,  
the child who sings the world alive, and greets the morning sun with glee.  
Children are real beyond all art. May I see: Joy's a gift to our heart.

I seek the freedom of a child, a child who loves instinctively,  
who lights our day with just a smile, and shines that light on all we see.  
Children are real beyond all fears. May I see: Hope's a gift to our tears.

I seek the wonder of a child, a child who sees delightfully,  
now clowns in cloud, now gold in sun — imaginations true and free.  
Children are real beyond all lies. May I see: Faith's a gift to our eyes.

### #16, 'Tis a Gift to Be Simple

'Tis a gift to be simple, 'tis a gift to be free,  
'tis a gift to come down where we ought to be,  
and when we find ourselves in the place just right,  
'twill be in the valley of love and delight.

When true simplicity is gained,  
to bow and to bend we shan't be ashamed.

To turn, turn will be our delight,  
'till by turning, turning we come 'round right.

### #123, Spirit of Life

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
move in the hand, giving life the shape of justice.  
Roots hold me close, wings set me free;  
Spirit of Life, come to me, come to me.