



Community Unitarian Universalist Congregation at White Plains  
**From the Nominating and Leadership Development Committee**

At our Sun Jan 22 service, you may have heard Anthony Russell talk about his personal experiences at CUUC, which led him to join the choir, the tech team, and the Nominating and Leadership Development Committee. He has found that his increased participation has been rewarding and it has made him feel more connected to the congregation. (You can find Anthony's talk in this [video of the Sun Jan 22 worship](#), about 6:40 in.) Rev. Meredith spoke about relationships keeping us happy and healthy as we develop meaningful connections to others. Our congregation is a place where that happens.

We encourage you to consider how you can increase your participation at CUUC. There are many one-time events – helping with the collection, cooking, stuffing backpacks, being a second adult in an RE classroom, etc. If you read the e-Communitarian or listen to the announcements on Sunday morning, you'll find many events that you could join.

Some of you may be asked to assume a role that would be a bigger time commitment. We hope that you will take the request seriously. This is a wonderful community and the work that we do brings us joy and allows us to be more connected to one another.

If you would like to speak to someone who could help you to find an event that would be a good fit for you, email Mary Cavallero ([marycava4@gmail.com](mailto:marycava4@gmail.com)) to find a mutually convenient time to talk.