

Welcome to



**COMMUNITY  
UNITARIAN UNIVERSALIST  
CONGREGATION  
AT WHITE PLAINS**

*Nurture Spirituality • Foster Compassion • Engage in Service*



**“Flow: Perseverance, Empathy & the Power of Community”**  
**Sunday, February 22, 2026**

REV. REBECCA SALA, GUEST MINISTER  
ADAM KENT, MUSIC DIRECTOR  
MOHAMMED LOUTFY & GUS CARO, WORSHIP ASSOCIATES  
KATIE ZAFFRANN, HYMN LEADER

Community Unitarian Universalist Congregation is a Welcoming Congregation committed to affirming and purposefully including all, regardless of age, race, ethnicity, national origin, disability, gender, gender identity or expression, and sexual or affectional orientation.

## ORDER OF SERVICE

February 22, 2026

### GATHERING MUSIC

Adam Kent, piano

"Poems of the Sea" from Waves, Chanty, and At Sea  
~Ernst Bloch

### GATHERING HYMN

#1007 There's a River Flowing in my Soul

### WELCOME

Mohammed Loutfy

### CHALICE LIGHTING

Gus Caro

As we light this chalice,  
may each breath remind us  
of the sacred rhythm of life,  
the pulse of creation,  
and the power we hold to  
shape the world around us.

### HYMN

#1021 Lean on Me

### OFFERING

Gus

### OFFERTORY

"The Sunken Cathedral" from Preludes I  
~Claude Debussy

Adam

### TIME OF PRAYER & MEDITATION

PRAYER IN WORDS

Rev. ReBecca Sala

IN QUIET

IN MUSIC

"On Wallenstadt Lake" from  
Years of Pilgrimage I "Switzerland"  
~Franz Liszt

Adam

READING	To My Fellow Swimmers ~Margaret Wheatley	Mohammed
SERMON	Flow: Perseverance, Empathy & the Power of Community	Rev. ReBecca
HYMN	<b>#1064 Blue Boat Home</b>	
CLOSING		Mohammed
CHALICE EXTINGUISHING		Gus
	<p>As we extinguish this chalice flame, may the warmth of its light remain within us, guiding our steps and our hearts.</p> <p>Let us carry forward the strength of this community, the courage to speak truth, and the hope that transformation is possible.</p> <p>In each breath we take, may we remember that the work of love, justice, and healing is ours to continue— both here and beyond these walls.</p> <p>Go in peace, with the light of this gathering to illuminate your way.</p>	
BENEDICTION		Rev. ReBecca

Today's Chalice Lighting and Extinguishing passages were written by Craig Rowland.  
Thank you for being with us this morning!  
When you leave today, please return your name tag to the rotating stand.

Share-the-Plate for February: Westchester Community College Emergency Aid Grant.  
Visit [cuucwp.org/newsletters](http://cuucwp.org/newsletters) for the e-Communitarian & RE newsletters  
Use the QR Code to donate your support to CUUC, or visit [bit.ly/CUUC-Donation](http://bit.ly/CUUC-Donation)



## SUN FEB 22 AT CUUC

9:30am **Childcare** (Room 32)

10am **Sunday Worship** (Sanctuary & Livestream: [bit.ly/CUUC-Worship](http://bit.ly/CUUC-Worship))

11:15am **Social Hour** (Fireside)

11:30am **Auction Committee Meeting** (Room 21)

11:30am **Meals for HOPE** (Kitchen)

11:30am **Caring for Aging Beloveds** (Room 41)

## THE WEEK AHEAD

**Mon Feb 23** - 9am Prime Time Dance (CUUC & Online)

**Tue Feb 24** - 10am Sandwiches for HOPE (Kitchen); 7pm Racial Justice Team (Online); 7:30pm Choir Rehearsal (Sanctuary)

**Wed Feb 25** - 6:30pm Worship Associate Team Planning (Online); 7:30pm SPARC Meeting (Online)

**Thu Feb 26** - 11:30am Science & Spirituality Group (Room 41 & Online)

**Fri Feb 27** - 9am Prime Time Dance (CUUC & Online); 7pm Books with Barbara (Online)

**Sat Feb 28** - 9:30am Clothing Drive Organizing (Fellowship Hall); 3pm PROM SETUP (Fellowship Hall); 6pm CUUC Prom (Fellowship Hall)

Sanctuary Wi-Fi Network: CUUC\_Public | Pwd: cuucwp468

## LYRICS

### #1007, There's a River Flowin' in My Soul

There's a river flowin' in my soul.  
There's a river flowin' in my soul.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my soul.

There's a river flowin' in my heart...  
There's a river flowin' in my heart.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my heart.

There's a river flowin' in my mind...  
There's a river flowin' in my mind.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my mind.

### #1021, Lean On Me

Sometimes in our lives  
we all have pain, we all have sorrow.  
But if we are wise  
we know that there's always tomorrow.

[Chorus] Lean on me  
when you're not strong  
and I'll be your friend, I'll help you carry on,  
For it won't be long 'til I'm gonna need  
somebody to lean on.

Please swallow your pride  
if I have things you need to borrow,  
For no one can fill those of your needs  
that you won't let show.

## LYRICS (CONT'D)

[Bridge] Just call on me brother  
when you need a hand.  
We all need somebody to lean on.  
I just might have a problem  
that you'd understand.  
We all need somebody to lean on.

[Chorus] Lean on me

[Bridge] Just call on me brother

If there is a load  
you have to bear that you can't carry,  
I'm right up the road,  
I'll share your load if you just call me.  
Call me... call me...

### #1064, Blue Boat Home

Though below me, I feel no motion, standing on these mountains and plains  
Far away from the rolling ocean, still my dry land heart can say  
I've been sailing all my life now, never harbor or port have I known  
The wide universe is the ocean I travel and the earth is my blue boat home

Sun, my sail, and moon my rudder, As I ply the starry sea  
Leaning over the edge in wonder, casting questions into the deep  
Drifting here with my ship's companions, all we kindred pilgrim souls  
Making our way by the lights of the heavens in our beautiful blue boat home

I give thanks to the waves upholding me, Hail the great winds urging me on  
Greet the infinite sea before me, Sing the sky my sailor's song  
I was born upon the fathoms, never harbor or port have I known  
The wide universe is the ocean I travel and the earth is my blue boat home