



Community Unitarian Universalist Congregation at White Plains, NY

Religious Exploration & Faith Development

2026-2027 Fall & Winter Schedule (10.9.2026)

Childcare begins at 9:30am. The 7th-9th class goes directly to the classroom on class Sundays. All others begin in worship at 10:00am where we either stay for whole congregation worship or leave for classes and activities. Stay up to date:

bit.ly/CUUC-Newsletters | bit.ly/CUUC-Calendar | bit.ly/CUUC-RE-Schedule | bit.ly/CUUC-RE-Overview

SUN 10am	SUN 10am K-1st Grades	SUN 10am 2nd-4th & 5th-6th Grades	SUN 10am 7th-9th Grades	Religious Exploration & CUUC Activities Check the Calendar for Updates: bit.ly/CUUC-Calendar
Oct 11	PlaceKeeping		Class Meets	Weekly Mon & Fri, 9:00a: Prime Time Dance Exercise Fri, 7:00pm: Books with Barbara Monthly 2nd Thur, 7:30pm: Parents of Young Adults 2nd Frid, 6:30pm: Open Mic 1st Sat, 10:00am: PlaceKeeping Practice 3rd Sat, 5:30pm: All Ages Game Night October 11th, 11:30am: Labyrinth Presentation 18th, 11:30am: Newcomer's Conversation 23rd, 6:30pm: 6th-12th Parent & Youth Event 24th, 10:00am: Adult Class-Theology Together 25th, 11:30am: Meals for HOPE 25th, 11:30am: Pastoral Care Symposium November 1st, 11:30am: Community Potluck 1st, 12:30pm: Adam Kent Piano Concert 8th, 11:30am: Partners in Covenant Program 8th, 2:00pm: Interfaith Event 14th, 5:30pm: CUUC Auction 15th, 11:30am: Newcomer's Conversation December 5th, 5:00pm: Service for Grief and Love 6th, 11:30am: Holiday Cookie Exchange 27th, 11:30am: Meals for HOPE January 17th, 11:30am: Newcomer's Conversation 24th, 11:30am: Meals for HOPE 24th, 11:30am: RE Family Check-In 31st, 11:30am: Planning for Life's Transition February 7th, 11:30am: 5th-6th OWL Parent Orientation 27th, 10:00am: Coming Of Age Credo Retreat 28th, 11:30am: Meals for HOPE
Oct 18	Class Meets	Social Action: HOPE Meal Bags	Class Meets	
Oct 25	Whole Congregation Worship: Halloween			
Nov 1	Class Meets	Classes Meets	Class Meets	
Nov 8	Community Sunday: Hymn Sing, Storytelling, PlaceKeeping			
Nov 15	Class Meets	PlaceKeeping	Class Meets	
Nov 22	Whole Congregation Worship: Thanksgiving			
Nov 29	Activity: Holiday Decorations & Caring/Sharing Cards			
Dec 6	Class Meets	Classes Meets	Class Meets	
Dec 13	Class Meets	Social Action: Coachman Books	Class Meets	
Dec 20	Whole Congregation Worship: Christmas			
Dec 27	Whole Congregation Worship			
Jan 3	Class Meets	Social Action: HOPE Meal Bags		
Jan 10	Class Meets	Classes Meets	Class Meets	
Jan 17	Music Explorations		Class Meets	
Jan 24	Activity		Class Meets	
Jan 31	Class Meets	Classes Meets	Class Meets	
Feb 7	Class Meets	Classes Meets	Class Meets	
Feb 14	Class Meets	Social Action: LUW Backpacks		
Feb 21	Music Explorations		Class Meets	
Feb 28	Community Sunday			

2026-2027: Centering Love

Welcome! Our lifespan Religious Exploration (RE) and Faith Development curricula and activities are grounded in **Centering Love**, to acknowledge that our world desperately needs love and affirm that our UU values and beliefs call us to live in this way.

Sunday Mornings

Childcare is offered every Sunday, 9:30-11:30am, for young children in a safe, loving, and engaging environment. Children play on the outdoor playground when weather permits.

K-1st Grade class has *Our Whole Lives* classes during the fall. In the spring, they return to *Hugs Hollows*, written and led by Betsy Walkup, that focuses on values and social-emotional development and features a community of animals who will help our children learn through stories and activities.

2nd-4th & 5th-6th grade classes are using *Soul Matters* materials across the congregation this year (worship, Journey Groups, RE classes) which is organized by monthly themes. *If a child or youth prefers to move to a younger or older class, contact Tracy. We are happy to discuss it!

7th-9th grade class meets for Coming of Age, which helps youth better appreciate Unitarian Universalism, their own beliefs and values, and how these intersect. They explore the 'big' questions by first answering many smaller questions for themselves, reflecting on areas like basic human nature, a divine presence (or not), and the possibility of an afterlife.

9th-12th Grade Youth Group is collaborating with the Croton and Mt. Kisco UU youth to learn about issues affecting immigrants, engage in service to support local community organizations, and build community.

Justice & Equity: We affirm that work to promote equity, inclusion, and diversity is not optional for our faith but a spiritual practice and necessary to fully live into the values of our faith, as they find their voice and passion. These are also opportunities for our teenagers to gain leadership experience and engage in community service.

PlaceKeeping: We learn about the life around us, deepening our sense of wonder and awe, and connecting the sacred space we care for as WaterKeepers, AnimalKeepers, and EarthKeepers.

Spiritual Practice Sundays: We learn spiritual practices for grounding, deepening, joy, and resilience.

Whole Congregation Worship: Worship is a ritual we share with all ages. We offer a family area where you can be comfortable while in community and experiencing the words, music, and rituals of our shared faith.

Community Building: We offer activities that include all ages game nights, dance parties, holiday parties, and more.

Adult Opportunities

Journey Groups: Theme-based monthly meetings in which congregants can explore their deepest values and inner voices, and connect with others in a small group. Sign up on our website: cuucwp.org.

Parents of Young Adults: This is a monthly space for parents to support each other in the spiritual adventure of parenting. We meet on Zoom.

Creating Theology Together is a class for adults to create space for personal and shared theology to emerge as we continue growing together in faith. We meet Saturday, October 24th.

Adult 'Coming of Age': Exploring Your Evolving Beliefs is a class for adults to explore values, beliefs, and Unitarian Universalist history inspired by our youth Coming of Age program. Dates coming soon.

Exploring Mortality: Facing Death With Life is a series that facilitates a process of personal reflection, learning, and spiritual growth focused on the topic of death and dying, and embraces the possibility of living a more awake life by facing the reality of our death. Dates coming soon. Dates coming soon.

Parents and Caregivers as Sexuality Educators is a program for Unitarian Universalist parents and caregivers who are their children's primary educators. It offers the opportunity to think more intentionally about their interactions with their young person around relationships, values, sexuality and decision-making.