



## **Listening Circles for Difficult Conversations: Let's Talk about the Israeli and Palestinian Conflict Sun Dec 10, 11:45am Fellowship Hall**

Our next monthly Congregation Forum with Rev. Paul Langston-Daley will be Listening Circles for Difficult Conversations.

Our goal is to create a space for shared emotional connection about the impact of the recent violence and war in Israel and Palestine. We'll seek to support individuals, help communities that have been harmed by the violence, and explore the collective experience together. The Listening Circles will enable people to connect, share their experiences, and look to the future.

During the large and small Listening Circles, you will be asked questions to explore the issue on a deeper level. You will come together with people you may or may not know. Participants in the Listening Circles will have the opportunity to be heard, and the responsibility to listen.

To help you prepare and decide if you would like to attend, **reflect on the following questions:**

- **Am I prepared to listen deeply to those I may not agree with?**
- **Am I prepared to share my experience and perspective, even if others disagree with me?**
- **Am I prepared to sit in discomfort?**
- **Do I have an apprehension about attending and, if so, can I share it with someone?**
- **Will I be able to address the apprehension and still participate?**
- **Do I have support if I am unable to continue with the process?**

Once you've considered the questions and feel you are prepared to join this kind of conversation, please sign up for Listening Conversations at [bit.ly/CUUC\\_ListeningCircles\\_Dec-10-2023](https://bit.ly/CUUC_ListeningCircles_Dec-10-2023). Or scan the QR Code below.

We look forward to seeing you at the event.

