

Meals By Mahnaz

Starters

Baba Ganoush

Pureed eggplant, garlic, tomato, bell pepper, tahini.

Hummus

Pureed chickpeas, garlic, lemon with pita bread or cucumbers.

Salata

Diced tomatoes, cucumbers, and onions.

Dessert

Baklava

Afghan Baklava consists of phyllo pastry filled with chopped nuts.

Gosh E Fil

Gosh E Fil is an Afghan sweet pastry and with green cardamom and powdered sugar.

Entrée Selection

Qabuli Palow

Afghan National Dish
This light aromatic rice dish with lamb or beef is garnished with carrots and raisins.

Biryani

This is a rice dish mixed with chicken and different spices. (This dish can be made vegetarian with peas, potatoes, carrots)

Zereshk Palow

This is a rice dish flavored with saffron and topped with barberries.

Mantu

One of the most beloved dishes of Afghanistan. Mantu consists of lamb or beef and onion stuffed dumplings, a thick yogurt and a garlic and tomato-based sauce.

Lamb, Beef, or Chicken Kabab

Pieces of chicken breast, beef, or lamb charbroiled to perfection with tomato on a skewer.

Do Piazza

Lamb simmered in spices, onion and served with peas.

Samosa

This side dish consists of pastry filled with chicken or beef. (This dish can be made vegetarian using peas, potatoes, onion, carrots, or with spinach)

Ashak (Vegetarian)

Ashak is one of the Afghan dishes as that everyone loves. Ashak is a dumpling filled with leeks and topped with beans and cilantro.

Roll Banjan (Vegetarian)

Roll Banjan is a vegetarian dish consisting of eggplant, bell peppers, zucchini and tomato sauce. It is typically served with yogurt on top of it, but also tastes great without it.

Qorma E Gulpi (Vegetarian)

This is a stew of cauliflower cooked with potatoes, onion, carrots, and tomatoes.

Borani Kachalu (Vegetarian)

This is a dish of potatoes mixed with garlic and ginger topped with tomato sauce and yogurt, sprinkled with dried mint over it.

Pumpkin Mantu (Vegetarian)

This is a dumpling dish stuffed with pureed pumpkin, onion, spices and topped with peas, yogurt, and fresh cilantro.

Bolani

This side dish consists of pita-like bread filled leeks, scallions, and cilantro or stuffed with potatoes.