

Capstone in Mental Wellbeing (WELL 400) Applied Problem-Solving in Mental Health and Wellbeing Using Real-World Projects

The Certificate Program in Mental Wellbeing and Resilience is currently recruiting organizations to participate in Winter 2021 Capstone partnerships focused on addressing mental wellness and resilience challenges or topics.

Course Summary:



In this course, groups of 4-5 undergraduate students will experience hands-on what it means to work with community in response to a community identified need related to mental wellbeing and resilience.

What will the students do?



One challenge/topic is to be proposed by the community partner before the course starts. Students will work on the mental wellbeing challenge/topic throughout the semester to:

- Analyze and study the mental wellbeing challenge/topic
- Suggest solutions that leverage organization and community resources
- Propose a course of action to address the mental wellbeing challenge
- Share their proposal with your organization

What will my organization receive?



Partners collaborating with this course will receive:

- 20 hours of undergraduate student work focused on tackling your unique mental wellbeing challenge/topic
- The opportunity to mentor and collaborate with a group of students on your specific challenge/topic
- A proposal document and final presentation with recommendations and suggestions to address your challenge/topic
- Partnership with a University of Calgary course and the potential to partner in future courses like this

This course upholds the UCalgary commitment to Community-Engaged Learning and is designed with community in mind.

[Click here if you are interested in partnering with WELL 400!](#)

Please respond by September 15th, 2020 to be considered for this opportunity.