



Nestled in 18 acres of truly Albertan streams, trees and wildlife is a place that welcomes us all. The buildings and land were obtained in 2009 by Universal Rehabilitation Service Agency (URSA) with a single purpose: to create a retreat space where all individuals, regardless of ability, can experience the beauty of a relaxing and calming retreat space.

Located some 25 minutes north of Cochrane, west of Highway 22 near Bottrel and formerly known as Camp URSA, the centre was renamed last January in honour of the late W.O Mitchell, Canadian writer and broadcaster, who utilized the area as a retreat and whose surviving family lives on property near the centre.



The mandate of URSA, which acquired the lands in 2009, remains: to create a retreat space where all individuals, regardless of ability, can experience the beauty of a relaxing and calming retreat space. URSA has welcomed individuals with developmental disabilities and their families with a retreat space specially designed to suit their needs.

The retreat is looking to rent out its space at affordable rates with special non-profit pricing to ensure we can continue to make this space available to our clients and all individuals in the community who require the accessibility the retreat centre is known for.

To cover the cost of the centre, and to ensure we can continue to make our space available to all, we invite groups who share our values of inclusiveness to rent our centre for private bookings. We offer an “all inclusive” approach to booking, making everything from meals and beds, to décor vendors and facilitators available to help you host retreats, small-group meetings and celebrations.

Fully furnished and serviced, the W.O. Mitchell URSA Retreat Centre is a one-stop shop, with a full-time manager for meal preparation and service who is able to cater to larger groups or families in the commercial kitchen.

The retreat centre offers meeting space to accommodate 40 and there are shared sleeping accommodations for 25. The facility also has a barn with hall space for 60 people and a fire pit with a covered seating area to fit 20.

All spaces are fully wheelchair accessible.





**GROW** | Our facility welcomes groups to learn, eat and rest in a one-size-fits-all space. With a stone fireplace seating area, WO Mitchell library, recreation room, wraparound decks, and numerous walking paths, our retreat center is a place of contemplation.

**GATHER** | Our 40-seat main hall is ideal for small corporate and community groups. Tables can be arranged to support facilitated learning, group activities and

shared meals. Our 24 bed lodge with adjoining bathrooms mean groups can stay on-site for the duration of their booking.

**DISCONNECT** | Our facility offers limited technological support, making our space one where visitors can unwind and unplug and reconnect with one another. For social and corporate groups alike, this can be a powerful experience - one that fosters human connectedness, listening and learning.

**CREATE** | On themes of inclusiveness, we welcome groups to learn and create together. Regardless of why you visit our center, we hope you will leave rested and reflective.

#### RATES

We understand every group has individual needs, and we have a rate plan to suit those needs. For more information on the cost of using our centre, please visit our website at [WOMitchellRetreat.com](http://WOMitchellRetreat.com).



#### WHAT WE OFFER

- 18 acres of land,
- Open hiking and fishing areas,
- Main retreat area with meeting space for 40 and shared sleeping accommodations for 25,
- Full commercial kitchen and catered meal service,
- BBQ for public use,
- Wraparound decks and walking spaces,
- Barn with hall space above for 60,
- Fire pit and covered seating for 20,
- Full accessibility,
- Non-profit rates.

LEARN MORE AT [WOMITCHELLRETREAT.COM](http://WOMITCHELLRETREAT.COM)

