

Nestled in 18 acres of truly Albertan streams, trees and wildlife is a place that welcomes us all.

The buildings and land were obtained in 2009 by Universal Rehabilitation Service Agency (URSA) with a single purpose: to create a retreat space where all individuals, regardless of ability, can experience the beauty of a relaxing and calming retreat space.

When the agency learned that the area was once a peaceful fishing retreat for acclaimed Canadian writer W.O. Mitchell, URSA received the blessing of the family to rename the centre the W.O. Mitchell URSA Retreat Centre, in a joint celebration of what this space offers to all who visit.

To cover the cost of the centre, and to ensure we can continue to make our space available to all, we invite groups who share our values of inclusiveness to rent our centre for private bookings. We offer an "all inclusive" approach to booking, making everything from meals and beds, to décor vendors and facilitators available to help you host retreats, small-group meetings and celebrations.



Learn more about our centre at WOMitchellRetreat.com

# **About URSA**

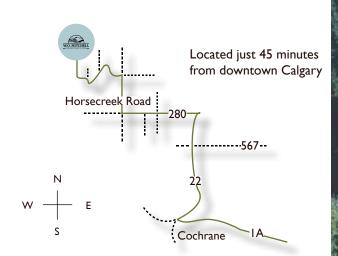
For more than 30 years, URSA has been a Calgary-based non-profit agency that works to meet the needs of individuals with disabilities in community settings. "Universal" refers to the agency's willingness to develop and deliver rehabilitation services not currently in existence. As champions and advocates for people with disabilities, URSA is widely respected for its commitment to sharing knowledge and expertise with other national and international rehabilitation centres.

Visit www.ursa-rehab.com for more about who we are and how we support our community.

# **Universal Rehabilitation Service Agency**

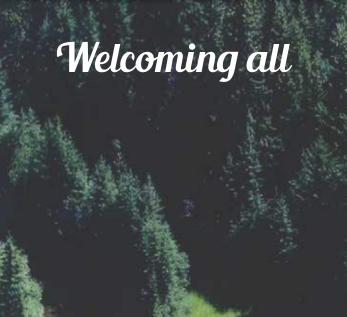
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#### Grow

Our facility welcomes groups to learn, eat and rest in a one-size-fits-all space. With a stone fireplace seating area, WO Mitchell library, recreation room, wraparound decks, and numerous walking paths, our retreat center is a place of contemplation.

#### Gather

Our 40-seat main hall is ideal for small corporate and community groups. Tables can be arranged to support facilitated learning, group activities and shared meals. Our 24 bed lodge with adjoining bathrooms mean groups can stay on-site for the duration of their booking.

### Disconnect

Our facility offers limited technological support (there's no WIFI here!), making our space one where visitors can unwind and unplug and reconnect with one another. For social and corporate groups alike, this can be a powerful experience - one that fosters human connectedness, listening and learning.

#### Create

On themes of inclusiveness, we welcome groups to learn and create together. Regardless of why you visit our center, we hope you will leave rested and reflective. (And, of course, eager to return!)

## What we offer

- 18 acres of land
- Open hiking and fishing areas
- Main retreat area with meeting space for 40 and sleeping accommodations for 24
- Full commercial kitchen and catered meal service
- BBQ for public use
- Wraparound decks and walking spaces
- Barn with hall space above for 60
- Fire pit and covered seating for 20
- Full accessibility
- Preferred vendors at discounted rates

### **Rates**

We understand every group has individual needs, and we have a rate plan to suit those needs. For more information on the cost of using our centre, please visit our website at WOMitchellRetreat.com.

# All-in-one support

Visit our website to find guest speakers, decor rentals and facilitators. It's everything you need to host a great event.



"This centre represents everything we love about Alberta: welcoming, relaxing and beautiful."







"Love, Love, Love!"



"The centre staff did a wonderful job to ensure all of our needs were addressed. From the food to the facilities, everything was taken care of."









"Just being here is so rejuvenating and soul lifting. I wish I could come here more often."