

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-4:30pm Worship available on My Channel 14-1 <small>New Year's Day</small>	1 9:30am-Piano Music and Relaxation 10:30am-Mindful Reflections 3:00pm-Family Feud 4:00pm-Bowl Me Over	2 9:30am-1 2 3 Exercise 11:15am-Chaplain Chats 2:30pm-Bingo 4:00pm-Winter Word Games 6:15pm-Manicures	3 9:15am-Let's Go Cross Country Skiing 11:00am-Worship 2:00pm-Coffee with a Cop! 4:00pm-Having a Ball	4 9:30am-Mass 10:30am-Mens Group 2:30pm-Do You Hear What I Hear? 3:45pm-Bean Bag Toss	5 9:30am-Devotions 10:30am-Painting Group 2:30pm-Bingo 4:00pm-What is that Bean?	6 9:30am-Hand Massages 10:30am-Who are the Harlem Globetrotters? 3:00pm-Farkle Game 4:00pm-Ping Pong Toss Elvis is in the Building
8 10:00am-4:30pm Worship available on My Channel 14-1 11:00am-Worship in Chapel	9 9:30am-Results of the Elvis Scavenger Hunt 10:30am-Mindful Reflections 3:00pm-All About the Swinging '60s 4:00pm-What's that Sound?	10 Take Down Christmas 11:15am-Chaplain Chats 1:30pm-Neighbor Council 2:30pm-Bingo 4:00pm-Who is Soupy Sales Comedian 6:15pm-Winter Poetry by the Fire	11 9:30am-Let's Go Hot Air Ballooning 10:00am-Tone Chime Choir Practice 11:00am-Worship 2:00pm-The Dirty Dozen- Movie and Popcorn	12 9:30am-Women's Group 10:30am-Remember Listening to Music 1:15pm-Rosary 3:00pm-Sink or Float? 4:00pm-Pie Social	13 9:30am-Crafts with Kaitlin 10:30am-Early Bird Bingo 2:30pm-Music with The Singing Cowgirl 4:00pm-New Year/ New Exercise	14 9:30am-Walking Club 10:30am-January Jeopardy 3:00pm-Hot Cocoa Taste Tests 4:00pm-Music Puzzle
15 10:00am-4:30pm Worship available on My Channel 14-1	16 9:30am-Music Inspired by the Civil Rights Movement 10:30am-Mindful Reflections 3:00pm-The Write Word Game: MLK Day Edition 4:00pm-Scents of the Season <small>Martin Luther King Jr. Day</small>	17 9:30am-1 2 3 Exercise 11:15am-Chaplain Chats 12:00pm-Bring in Chinese Lunch 2:30pm-Bingo 4:00pm-Name that Boxer Game	18 9:30am-Let's Go Mountain Climbing 11:00am-Worship 2:00pm-New Year Vision Board Craft 4:00pm-Balloon Volley	19 9:30am-Tone Up Thursday 10:30am-Arm Chair Travel to Oahu, Hawaii 12:00pm-Piano with Kathy 1:15pm-Rosary 3:00pm-Music Trivia 4:00pm-Adoring the Aviary	20 9:30am-Devotions 10:30am-Painting Group 2:30pm-Bingo 4:00pm-Ring Toss	21 9:30am-Let's go on a Helicopter Ride 10:30am-Jewelry Making 3:00pm-Monopoly 4:00pm-Bean Bag Toss
22 10:00am-4:30pm Worship available on My Channel 14-1 11:00am-Worship in Chapel <small>Chinese New Year (Year of the Rabbit)</small>	23 9:30am-Song Requests with Kylie 10:30am-Mindful Reflections 1:30pm-Winter Cardinal Painting Part 1 4:00pm-Ping Pong Toss <small>Activity Professionals Week</small>	24 9:30am-1 2 3 Exercise 11:15am-Chaplain Chats 2:30pm-Bingo 4:00pm-Fig Newton Social 6:15pm-Evening Song and Scriptures	25 9:30am-Let's go White Water Rafting 10:00am-Tone Chime Choir Practice 11:00am-Worship 2:30pm-What Hobby Are You? 4:00pm-Parachute Game	26 9:30am-Ice Fishing With Friends 10:30am-Out to Lunch at Ruby's 1:15pm-Rosary 4:00pm-Saturday Evening Post <small>Australia Day (observed)</small>	27 9:30am-Who is Alan Alda? 10:30am-Bulletin Board Crafts 2:30pm-Bingo 4:00pm-Hand Massages	28 9:30am-Walking Club 10:30am-Winter Cardinal Painting Part 2
29 10:00am-4:30pm Worship available on My Channel 14-1	30 9:30am-Name that 60s Tune 10:30am-Mindful Reflections 1:30pm-Bowling 4:00pm-Feeling Your Way	31 9:30am-1 2 3 Exercise 11:15am-Chaplain Chats 1:30pm-Food Committee 2:30pm-Bingo 4:00pm-Winter Weather Memories	<div>  <h1>January 2023</h1> </div>			