November 2023

WCC Pool Schedule

Please Note: The Pool Schedule is ***SUBJECT TO CHANGE WITHOUT NOTICE***.
Pool could potentially be closed without notice due to accidental incident.
Please check the left hand side for important schedule changes and updates.

Revised 10/23/23

DATES TO REMEMBER

THIS SCHEDULE 11/1 THRU 11/19

**GROUP SWIM LESSONS*
WINTER 1 SESSION**
NOVEMBER 3* – DECEMBER 17

**WINTER 2 REGISTRATION OPENS
DECEMBER 11 5:45AM**

**HIGH SCHOOL SWIMMING
BEGINS NOVEMBER 20
AM PRACTICES 5:45-6:45
PM PRACTICES 3:00-4:15**

**SEA WOLVES SWIM PROGRAM
SEASON OPENED
SEPTEMBER 20**

OPEN SWIM

Private lessons are permitted during this time.

ADULT LAP SWIM

During Adult Lap Swim– Swimmers must Circle Swim & stay to the right.

LAP SWIM

During Lap Swim– Swimmers must Circle Swim & stay to the right.

Lap lanes must be shared at all times.

All swimmers must shower prior to entry.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:45AM-9:00AM Open Swim 1-3 Adult Lap 4-6	5:45AM-9:00AM Open Swim 1-3 Adult Lap 4-6	5:45AM-9:00AM Open Swim 1-3 Adult Lap 4-6	5:45AM-9:00AM Open Swim 1-3 Adult Lap 4-6	5:45AM-9:00AM Open Swim 1-3 Adult Lap 4-6	6:30AM-8:50AM Open Swim 1-3 Adult Lap 4-6
8:00AM-12:45PM Open Swim 1-2 All Age Lap Swim 3-5 Private Lessons 6	9:00AM – 12:30PM Open Swim 1-2 All Age Lap Swim 3-6 12:30PM-3:30PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5-6	9:00AM – 12:30PM Open Swim 1-2 All Age Lap Swim 3-6 12:30PM-3:30PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5-6	9:00AM – 11:30AM Open Swim 1-2 All Age Lap Swim 3-6 11:30AM-3:30PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5-6	9:00AM – 12:25PM Open Swim 1-2 All Age Lap Swim 3-6 12:30PM-1:15PM AQUA ZUMBA 1-4 Open Swim 5-6 1:30PM-3:30PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5-6	9:00AM – 12:30PM Open Swim 1-2 All Age Lap Swim 3-6 12:30PM-3:50PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5-6	9:00AM-1:00PM CLOSED SWIM LESSONS
12:50PM-4:00PM CLOSED SWIM LESSONS	3:30PM – 5:15PM Private Lessons 1 Open Swim 2-3 All Age Lap Swim 4-5 Adult Lap 6 5:15PM – 6:00PM Private Lessons 1 Open Swim 2-3 Sea Wolves 4-6 6:00PM – 7:00PM Private Lessons 1 Open Swim 2 Sea Wolves 3-6	3:30PM – 5:15PM Private Lessons 1 Open Swim 2-3 All Age Lap Swim 4-5 Adult Lap 6 5:15PM – 6:00PM Private Lessons 1 Open Swim 2-6 6:00PM – 7:00PM Private Lessons 1 Open Swim 2 Sea Wolves 3-6	3:30PM – 5:15PM Private Lessons 1 Open Swim 2-3 All Age Lap Swim 4-5 Adult Lap 6 5:15PM – 6:00PM Private Lessons 1 Open Swim 2-3 Sea Wolves 4-6 6:00PM – 7:00PM Private Lessons 1 Open Swim 2 Sea Wolves 3-6	3:30PM – 5:15PM Private Lessons 1 Open Swim 2-3 All Age Lap Swim 4-5 Adult Lap 6 5:15PM – 6:00PM Private Lessons 1 Open Swim 2-3 Sea Wolves 4-6 6:00PM – 7:00PM Private Lessons 1 Open Swim 2 Sea Wolves 3-6	3:50PM-7:00PM CLOSED SWIM LESSONS	1:10PM - 5:30PM Open Swim 1-2 All Age Lap Swim 3-4 Adult Lap 5 Private Lessons 6
4:10PM-5:45PM Open Swim 1-5 Private Lessons 6	7:00PM – 9:15PM Open Swim 1 Sea Wolves 2-6	7:00PM – 9:15PM Private Lessons 1 Sea Wolves 2-6	7:00PM – 9:15PM Open Swim 1 Sea Wolves 2-6	7:00PM – 9:15PM Private Lessons 1 Sea Wolves 2-6	7:00PM – 9:00PM Open Swim 1 Sea Wolves 2-6	

Indoor Pool - Swimming Facility - 1st Floor

Members have full access to our 25 yard indoor swimming pool during open and adult swim times. Please see our schedule for details and availability. There are lifeguards on duty in our pool during regular hours of operation, making it safe and enjoyable environment for individuals and families of all ages.

SWIMMING POOL RULES

· Swimmers/Non-swimmers 6 years of age and under must have an adult in the water within arm's reach of the swimmer at all times.
· Swimmers/Non-Swimmers 7 - 9 MUST have an adult in the water at all times.
· Swimmers/Non-Swimmers 10-12 years of age are permitted to swim with a parent present on the pool deck.
· Swimmers/Non-Swimmers 13 years of age are permitted to swim with a parent present in the facility and not limited to the pool deck.

NJ State Law 8:26-5.4 Bather Rules for swimming pools, wading pools, hot tubs and spas.

· Any person showing evidence of any communicable skin disease, sore or inflamed eyes, cold, nasal or ear discharges, or any other communicable disease shall be denied admission.
· Any person with excessive sunburn, open blisters, cuts, or bandages shall be denied admission.
· Do not enter the water if you are experiencing or recovering from diarrhea or have had any signs or symptoms of gastrointestinal (stomach) disease in the past seven days.
· All children in diapers must wear plastic pants with snug fitting elastic waist and leg bands. Do not wash out soiled diapers in the bathing water.
· Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the bathing waters to a lifeguard.
· No animals, except for service animals, shall be allowed in the swimming pool, wading pool, hot tub, or spa area, dressing rooms, or other parts of the enclosure.
· Glass containers shall be prohibited in food and drink areas.
· All persons shall shower before entering the water. All persons are required to take a full body shower until the bathing is SOAKED, this is required before entering the pool. Failure to do so will result in refusal of admission. Please remember this is a New Jersey State Law.
· Conduct which endangers the safety and comfort of others shall be prohibited
· Outdoor bathing shall be prohibited during an electrical storm.
· Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water.
· Proper bathing attire must be worn at all times. Any clothing made of tight spandex and nylon is permitted (bathing suit material). Any persons wearing jeans, cut-offs, basketball shorts or cotton material will be denied admission.
· Only the designated gender may enter the same designated genders shower/changing room: No member of the opposite gender may enter,. Please utilize family changing rooms.
· Cameras and recording equipment is prohibited in the pool area at any time. Sea Wolves swim coaches are the only permitted staff to do so.

NJ State Law 8:26-5.4 (b) Policies and procedures regarding water toys and floating devices shall be followed to ensure a safe bathing environment.

1b. Prolonged breath holding activities are strictly prohibited.
2b. Running is strictly prohibited.
3b. Jumping, Diving, Flips and Twists are strictly prohibited.
4b. **ONLY PERSONAL INSTRUCTIONAL EQUIPMENT IS PERMITTED. WCC EQUIPMENT MAY NOT BE USED.**