

Covid 19 Safety Precautions

Prior to your Dancer's arrival what we are doing to prepare for a safe CCB:

- Carpets and studios were sanitized Friday, May 29.
- We have worked with our landlord to have our HVAC system filters replaced to ensure we have optimal air filtration and circulation.
- Class times have been adjusted so start times are staggered to avoid crossing paths with other classes of students. In order for this to work, we ask that your dancer be to class on time and be picked up in a timely fashion.
- The Barres and door handles will be disinfected immediately after each use.
- The Studio will be disinfected immediately after a class of students leave with our CDC approved disinfectant spray- the studio will need to remain empty for 10 minutes for the disinfectant to take effect.

Precautions Dancers should take prior to arrival to the CCB:

Criteria for participation in classes at CCB

- No signs or symptoms of COVID-19 in the past 14 days
Signs could include: Fever, cough, Difficulty Breathing or shortness of breath, sore throat, chills, Loss of taste or smell.
- If a dancer or staff member has had COVID-19, then they will need a clearance note from their doctor to return to the studios.
- Dancers who have travelled out of state are asked to quarantine for 14 days before starting classes.
- No close or sustained contact with anyone who is sick within 14 days of starting classes.
- Dancers should come dressed for ballet classes with hair secured up (in a bun if possible) prior to arrival to the CCB. Dressing rooms will be closed for the time being. Ballet shoes should not be worn outside and dancers should not share shoes at this time.
- Dancers MUST bring their own water bottle(s): water fountain will not be available at this time.
- Dancers will be required to wear a mask to enter from outside the studio.

- Class size is limited. Dancers must sign up on Sign Up Genius for each class. Classes in Studio A will currently have a maximum of 9 dancers. Studio B will have a maximum of 7 dancers.
- *Punch cards will be used to pay for both in-studio classes as well as virtual classes. Punch Cards can be paid over the phone with credit card (with transaction fee) or dancers may bring a check with them to class. Parents will not be allowed inside the building at this time.*

When Your Dancer Arrives

- ★ Dancers will wait in their cars until their teacher comes to get their class.
- ★ Dancers must be wearing a mask to enter the building.
- ★ Sanitizer will be available at the door: everyone should sanitize upon entry
- ★ Dancers will have their temperature taken by staff with a no touch thermometer and symptom check outside of the building before entering. Any dancers with a temperature greater than 100.4 degrees will be sent home and should be monitored.
- ★ No Parents or additional people may enter the building.
- ★ Dancers will be brought into the CCB building by a staff member when it is okay to enter.
- ★ Dancers will need to wear a mask when entering and exiting the building.

Inside the Studio:

- Dressing rooms are closed.
- Drinking fountain closed. Dancers MUST bring their own water bottle.
- Barres are taped out to allow dancers physical distancing to remain at least 6 feet apart from other dancers while at the barre. Barres will be disinfected after each use.
- Spike tape boxes are marked throughout the center as well allowing for 8 feet of space between dancers at all times.
- Class sizes will be limited: Currently, Studio A classes will have a maximum of 9 dancers and Studio C will have a maximum of 7 Dancers.
- Dancers must exit the building within 5 minutes of the end of class.
- The Next class may not enter the building until the teacher has come outside to bring dancers in.

- Teachers will maintain 6 feet of distance from each student and corrections will be given from a distance.
- Although dancers **are not required to wear a face mask while dancing**, it is recommended as long as your dancer does not have a medical condition that would prevent it. The World Health Organization has deemed wearing face masks are safe and do not cause CO2 toxicity, however we recommend if your dancer plans to wear a mask while dancing, parents should communicate with their dancer prior, so dancers understand how to be aware of signs of overheating and exhaustion. Your dancer should plan to wear a mask when entering and exiting the building.

Mask recommendations if using for exercise:

It has been recommended by medical experts that dancers use surgical masks for exercise. The next best thing is a cloth mask. **Dancers must not use N95 masks nor any mask that has a filter in it.**