

The RMA MN Chapter is proud to present our “**Mastering Executive Skills**” educational series. Where you will take a deep dive into effective communication, presence & nonverbal communication, self-awareness and emotional intelligence, and leading with empathy.

REGISTRATION FEE: RMA MN Chapter Affiliates: \$69, Non-Affiliates/Guests: \$99 (per presentation).

Cancellations received after the Friday prior to the event (and no shows) will not receive a refund. A minimum of six attendees is required to host each presentation.

Attendees will receive their ZOOM link the Wednesday prior to the course/s they are confirmed to attend.



Sara Cross is the president and founder of [Stand Tall](#), a company that helps build confidence. She collaborates with leaders at all levels within an organization to connect their purpose for communicating so they can overcome fear, find clarity, and share meaning. She is an international speaker, narrative coach, and developer of the “Fearless Speaker” program. She is the author of “*The Confidence to Speak*”, a book about the many fears of speaking and “*Captivate Your Audience*”, a guide for creating presentations the audience wants to hear.

Risk management professionals at any level are encouraged to attend these 1-hr Zoom events.

Mastering Virtual Presentations

Engage and Excel in Your Virtual Presentations

Thursday, January 8th (Noon - 1pm) via Zoom

Enhance your virtual presentation capabilities with this class, whether you deliver often or only occasionally. Sara’s dynamic approach will empower you to captivate your online audience effectively.

[Register Here!](#)

Business Story Telling

Make it Meaningful: The Art of Business Story Telling

Thursday, February 12th (Noon - 1pm) via Zoom

Refining your storytelling skills helps engage your audience and inspire them to act. In this class you will build your confidence, craft your story, and deliver it authentically.

[Register Here!](#)

Engage your Audience

Increase Your Influence: Captivate Your Audience

Thursday, March 12th (Noon - 1pm) via Zoom

In our hyper-connected world where multitasking has become second nature, capturing and maintaining your audience’s attention is more critical than ever. In this class you will learn essential strategies for achieving audience engagement.

[Register Here!](#)

Mastering Facilitation Basics

Facilitation Fundamentals Unleashed: Next Level Skills

Thursday, April 9th (Noon - 1pm) via Zoom

Level up your facilitation skills for business meetings in just one hour with our interactive class. Leave equipped and confident to guide your colleagues through a well-developed framework in your next meeting.

[Register Here!](#)

QUESTIONS? Contact RMAmn@outlook.com