

If you are concerned about your own safety, or the safety of a friend, neighbor or loved one, please call the Office for Women at 914-995-5972

They may not be able to. ALL calls are confidential.

EMERGENCY 9-1-1

WESTCHESTER COUNTY OFFICE FOR WOMEN (OFW) (9am–5pm, Monday–Friday)

White Plains --- 914-995-5972 (English)
914-995-6581 (Spanish)
Yonkers --- 914-231-2882

FAMILY JUSTICE CENTER (FJC) --- 914-995-1880

WESTCHESTER COUNTY DEPARTMENT OF PROBATION --- 914-995-4762 White Plains / 914-231-2900 Yonkers /
New Rochelle 914-813-5500

If you are seeking an order of protection, call one of the numbers above before going to court

FAMILY COURTS:

White Plains --- 914-824-5500
New Rochelle --- 914-831-6590
Yonkers --- 914-995-6555

DISTRICT ATTORNEY'S OFFICE SPECIAL PROSECUTIONS DIVISION / DV BUREAU --- 914-995-3000

DV, Child Abuse, Elder Abuse, Human Trafficking

Multilingual Hotline --- 914- 995-8477 Report hate crimes, bias incidents, victimization of immigrants, elder abuse, labor related crimes, police brutality

Asian Women's Alliance for Kinship & Equality --- (8:30am-4:30pm, Monday-Friday)

914-586-2370 for messages only, will call back within 24 hours / Email: awake@awakempowers.org /

Facebook page: [awakempowers](https://www.facebook.com/awakempowers) / www.awakempowers.org

Counseling, customized assistance for groceries, assistance with tuition, rental, driving lessons, limited legal expense assistance

Child Care Council --- 914-761-3456 / Toll Free 844-387-7525 (9am–5pm, Monday–Friday)

Child Care Specialists extended hours are available on Tuesdays until 7pm

Email: childcare@cccwny.org / <https://www.childcarewestchester.org/>

Family Ties of Westchester – 914-995-5238 (9am–5pm, Monday–Friday) Please call for an appointment

Open-access, Family Peer Support providing immediate support, advocacy and education services to any family in Westchester experiencing the effects of trauma, unmet behavior health needs, or other life challenges. All services free of charge, available in English / Spanish.

Peekskill - 914-930-8832

Ossining - 914-941-3461

Yonkers - 914-964-2063

Mt Vernon - 914-667-9369

Legal Services of the Hudson Valley --- Intake 877-574-8529 (8am–6pm, Monday–Thursday / 8am–4pm Fridays)
Mount Vernon --- 914- 813-6811
Peekskill --- 914-402-2192 x193 / 159
White Plains --- 914-949-1305, press 0 for the operator or x100 / 127
Yonkers --- 914-376-3757, press 0 for the operator
Westchester Eviction Prevention HOTLINE --- 914-468-2175 English/Spanish
Family Defense Unit – Legal assistance in CPS cases --- 877-574-8529 / email: FDU@LSHV.org

The LOFT: LGBT Community Services Center --- Helpline 914-948-2932 x13 (9am–5pm, Monday–Friday)
www.loftgaycenter.com

Pace Women’s Justice Center (9am–5pm, Monday–Friday)
For victim/survivors of intimate partner violence/domestic violence, sexual assault or elder abuse.
Family Court Legal Program --- 914-422-4035
Legal Helpline ---- 914-287-0739 / Legal Clinic ----914 – 422-4188
Services are bi-lingual

Victims Assistance Services of WestCOP --- Counseling, crime victims’ compensation
Rape/Sexual Assault Crisis --- HOTLINE (24/7) 914-345-9111 / press #2 for Spanish
Or TEXT to 914-690-7232

WESTCHESTER COUNTY GOVERNMENT DEPARTMENTS --- www.westchestergov.com

Department of Community Mental Health --- 914-995-1900 (8am-8pm, Monday-Friday)
Phone regularly checked on off hours and throughout the weekends. People will receive a call back.
COVID 19 Text Support Line 914-461-7281

Department of Environmental Facilities (DEF) Household Material Recovery Facility (H-MRF)
914-813-5425 / <https://environment.westchestergov.com/facilities/h-mrf>
10am-3pm, Tuesday-Saturday By appointment only / Location: 15 Woods Road, Valhalla
Residents can dispose of their textiles and other hard-to-get-rid-of household items. See link for acceptable items –
<https://environment.westchestergov.com/residents/recycling-guidelines/textiles>

Department of Health HOTLINE --- 866-588-0195

Department of Public Safety --- 914-864-7600

Department of Senior Programs and Services --- 914-813-6300

Department of Social Services (DSS) District Offices --- (9am-4pm, Monday-Friday) will remain open for emergency walk-in assistance as needed, using appropriate social distancing. Services: child support, food, housing, medical services, home energy costs; protective and preventive services for vulnerable children and adults / <https://socialservices.westchestergov.com/dss-district-offices>

Child Protective Services (CPS) --- <https://socialservices.westchestergov.com/child-protective-services>

Emergency Assistance --- <https://socialservices.westchestergov.com/emergency-assistance>

Emergency Housing --- 914-995-2099

Human Rights Commission --- 914-995-7710

Office for People with Disabilities --- 914-995-2957 / Para Transit 914-995-2874

DOMESTIC VIOLENCE SHELTERS & SERVICES – All services are free and confidential

Hope's Door --- Hotline (24/7) 888-438-8700

Our multi-lingual counselors can help with emergency shelter, counseling, support groups, information, referral, and advocacy. Our attorneys can help with divorce, custody, visitation, child support, orders of protection, immigration, credit, and landlord-tenant issues.

<https://www.facebook.com/hopesdoorny> / www.HopesDoorNY.org

My Sisters' Place --- Hotline (24/7) 800-298-7233 / Intake --- 914-358-0333 x201 - counseling, safety planning, advocacy / Legal Intake --- 914- 358-0333 x201 or 914-683-1333 x108 - family law or immigration

NYS Coalition Against Domestic Violence Program Directory

--- www.nyscadv.org/find-help/program-directory.html

Putnam Northern Westchester Women's Shelter --- Hotline (24/7) 845-628-2166

Rockland Shelter, Center for Safety and Change --- Hotline (24/7) 845-634-3344

EMPLOYMENT / TRAINING INFORMATION

Women's Enterprise Development Center (WEDC) --- 914-948-6098 / email: Info@wedcbiz.org

Small business training, counseling and resources

Westchester Community College --- 914-606-6600 / www.sunywcc.edu

Workforce Development & Community Education - <https://www.sunywcc.edu/continuing-ed/ce/>

Displaced Homemakers/Project Transition - <https://www.sunywcc.edu/continuing-ed/lifelonglearning/displaced-homeworkers-project-transition/>

English as of Second Language - <https://www.sunywcc.edu/continuing-ed/esl/>

Westchester Putnam One Stop Center --- 914-995-3910 / www.westchesterputnamonestop.com

Services: Volunteer Opportunities, Westchester/Putnam Workforce Investment

YWCA of White Plains & Central Westchester - Westchester Women's Mentoring Program

Diane Tukman: dtukman@ywcawp.org / 914-949-6227 / <http://ywcawhiteplains.org>

FOOD DISTRIBUTION/SOUP KITCHENS INFO

FEEDAMERICA.ORG --- search food banks in your area

Telephone: 914-923-1100 / Fax: 914-923-1198 / <https://feedingwestchester.org>

Mobile food pantry distributions --- <https://feedingwestchester.org/find-help/mobile-food-pantry-schedule/>

Map to the nearest food pantries /soup kitchens ---

<https://wcgis.maps.arcgis.com/apps/webappviewer/index.html?id=9e41a43a66344a2cb80baf6d9baee139>

HEALTH & WELL BEING RESOURCE INFORMATION

Children's Mental Health Services, WC Department of Community Mental Health --- 914-995-5352

COVID 19 Vaccine Information- <https://covid19vaccine.health.ny.gov/>

WC Department of Community Mental Health --- 914-995-1900 (8am-8pm, Monday-Friday)

Phone regularly checked on off hours and throughout the weekends. People will receive a call back.

COVID 19 Text Support Line 914-461-7281

DEPARTMENT OF HEALTH HOTLINE --- 866-588-0195

Family Services of Westchester (FSW) --- 914-708-6104 (9am-5pm, Monday-Friday) <https://www.fsw.org>

State website <https://nyprojecthope.org/>

Providing mental health and social services to families, children and individuals. Telehealth is currently offering most clinical services, but if someone is in need, in crisis we can offer in person sessions. To schedule, call the clinic directors listed below and arrange a time. Free, confidential, and anonymous emotional support.

Yonkers --- Andrew Levine at alevine@fsw.org / 914-964-6767 x137

Pelham --- Andrew Levine at alevine@fsw.org / 914-738-1728 x18

Mt. Vernon --- Marlene Furtick at mfurtick@fsw.org / 914-668-9124 x10

Sleepy Hollow --- Kathy Howard at khoward@fsw.org / 914-631-2022 x16

Hastings --- Sonya Gaffney at Sonia.gaffney@fsw.org / 914-274-8334 x223

Port Chester --- Lupita Deluccia at ldeluccia@fsw.org / 914-305-6837

White Plains --- Lindsay March at lmarch@fsw.org / 914-948-8004 x22

Elder Abuse Prevention intervention and support group resources - www.fsw.org/our-programs/older-adults

FSW is partnering with The Sharing Shelf ... new school supplies to low-income children and teens in Westchester County.

Gilda's Club Westchester --- bilingual support line 914-996-6066

Offers a welcoming community where everyone living with cancer – women, men, teens, children, their families and friends – can come for support and connection. To learn more about Gilda's Club, call 914-644-8844 - www.gildasclubwestchester.org

The Mental Health Empowerment Center/ RISE Center --- extended hours for MHEP Peer Support line and 24/7 online peer support meetings / www.facebook.com/MentalHealthEmpowermentProject/

Online Peer Support Group for individuals living with mental health challenges or social isolation. "Social isolation does not mean you are alone." Anyone and everyone is able to join this online peer support group / Starts March 27, 2020 at 6pm.

For Zoom link and password, please call the office at 914-664-3444 or email one of the facilitators, Victor at vclark@mhepinc.org / Hussein at HRazi-Bey@mhepinc.org / John at jllyn@mhepinc.org

Mental Health Association of Westchester --- 914-345-5900 / www.mhawestchester.org

Behavioral health services offered Mount Kisco, White Plains, Yonkers and in the community. To make a clinic appointment, please call 914-345-0700, ext. 7350.

For children's services, please contact Beth Glauber Ahern at 914-345-5900, ext. 7588 or glaubere@mhawestchester.org

National Alliance on Mental Illness of Westchester (NAMI Westchester) --- 914-592-5458 Helpline/Office (9am-2pm, Monday-Friday), www.namiwestchester.org

NAMI Westchester advocates, educates and supports people living with a mental health condition and their loved ones. All programs are held virtually, including: programs for middle and high school students; educational 8-week courses for families; presentations to college students; courses and support groups for peers; mental health presentation programs to businesses and organizations upon request; speaker series for veterans and active service members; and community awareness events in May, which is Mental Health Awareness Month.

NYS Office of Mental Health COVID-19 Emotional Support Line --- 844-863-9314 schedule a free appointment

<https://omh.ny.gov/>

<https://omh.ny.gov/omhweb/guidance/covid-19-managing-stress-anxiety.pdf>

Saint Vincent's Crisis Prevention Response/Support --- 914-925-5959 / Mobile Service – Monday - Sunday

Walk-in evaluations available 24/7 at St. Vincent's Hospital in Harrison

VETERANS CRISIS LINE 24/7 --- 800-273-8255 Press 1 or text to 838255 / www.veteranscrisisline.net

Are you a Veteran in crisis or concerned about one? You're not alone- You don't have to be enrolled in VA benefits or health care to call.

Westchester Disabled On The Move, Inc. (WDOM) --- 914-968-4717 (English/Spanish)

Assist consumers with the enrollment process to determine viable healthcare plans available specifically for them. Enroll in free or affordable health insurance; apply for financial assistance to help pay for coverage; compare and understand different health insurance options on NY State of Health; Renewing Marketplace coverage

Westchester Independent Living Center --- online gatherings for mutual peer support and discussion for people with disabilities / www.wilc.org/events/

Westchester Jewish Community Services (WJCS) --- (9am-5pm, Monday-Friday)

WJCS's Trager Lemp Center provides therapy for adults and kids affected by family violence, and continuing to treat patients, using telehealth / Grief counseling --- 914-761-0600 / www.WJCS.com

Hartsdale clinic --- 914-949-7699

Peekskill clinic --- 914-737-7338

Mt. Vernon clinic --- 914-668-8938

Yonkers clinic --- 914-423-4433

Westchester Medical Center

Sexual Assault Abuse and Victims Empowerment (SAAVE) Program 24/7 Rape Crisis Hotline 833-220-2444

HOUSING INFORMATION

A-Home --- 914-741-0740

Affordable /low income housing for seniors, people with disabilities, adults, single-family parents and children /www.a-homehousing.org

The Bridge Program of Westchester --- 914-949-8146 / <https://thebridgefund.org/>

Catholic Charities Community Services Helpline --- 888-744-7900 (8am-8pm, Monday-Friday)

Assist with housing advocacy, rental arrears assistance, storage fees and utilities payment assistance

Community Housing Innovations --- 914-683-1010 / www.communityhousing.org

Human services to homeless and low to moderate-income families and individuals. Services include rental apartments, transitional housing, home ownership education, grants and foreclosure

EMERGENCY HOUSING ---914-995-2099

Emergency assistance --- <https://socialservices.westchestergov.com/emergency-assistance>

Hudson Valley Justice Center --- 914-308-3490 x4 to complete an intake / Immigrant eviction assistance

Legal Services of the Hudson Valley --- Intake 877-574-8529 (8am–6pm, Monday–Thursday / 8am-4pm Fridays)

Westchester Eviction Prevention HOTLINE 914-468-2175 English/Spanish

Mount Vernon United Tenants --- 914-699-1114 / www.mvut.org

Housing practices on their behalf, including prevention of homelessness and tenant eviction.

Westchester Residential Opportunities (WRO) - Offering assistance with utilities, rent or related expenses

amid COVID-19---914-428-4507/ housinghelp@wroinc.org English/Spanish

Westchester Urban Consortium (through Westchester County Dept. of Planning) --- 914-995-2427

COVID related Housing Stabilization Programs such as eviction/foreclosure prevention programs

IMMIGRANT RESOURCES / RECURSOS PARA INMIGRANTES

El Centro Hispano --- 914-289-0500 (12-7pm, Monday-Friday) <https://www.elcentrohispano.org/>

To assist, support and strengthen Hispanic families; to help them become self- sufficient; and to ease their transition into their new culture while maintaining and enriching their own.

Catholic Charities --- 845-288-2662 (9am–5pm, Monday–Friday) / email: immigration.services@archny.org

Catholic Charities' Immigrant and Refugee Services help newcomers reunify with their families; resettle in safe places, apply their talents and skills. Services include assistance with immigration applications, court defense, work authorization, integration and case management support, support to unaccompanied minors, job development, English and civics, citizenship preparation.

Community Resource Center --- 914-835-1512 (9am-5pm; Monday-Friday) www.crcny.org

Social Services including rental assistance/eviction prevention and domestic violence, virtual educational programs and workshops, and resources

Community Resource Center-Worker Center --- 914-630-7022 (9am-1pm; Monday-Friday)

Worker's rights, wage theft prevention and recovery, and workforce development trainings.

Hudson Valley Justice Center --- 914-308-3490 x4 to complete an intake / Immigrant eviction assistance

Make The Road New York --- 914-948-8466 (9am–5pm, Monday–Friday) <https://maketheroadny.org/>

Services: Immigration legal, family law legal, employment legal, health advocacy / coronavirus resources: www.coronavirus-ny.org

My Sisters' Place --- 914-683-1333 / 914-358-0333 Legal Intake - immigration

Neighbors Link --- 914-666-3410, www.neighborslink.org

The Neighbors Link mission is to strengthen the whole community through the healthy integration of immigrants. Services: Immigration legal services, worker center, English as a second language education, crisis and emergency

support, advocacy, workforce development, parent education, early childhood programs and academic support for school-age children of immigrants

NYS New Americans Hotline --- 800-566-7636

INFORMATION LINK: findhelp.org

Social care network in many languages. Search and connect to support, housing, financial assistance, food pantries, medical care, housing, health, work, legal, education

NYS / NATIONAL NUMBERS

American Red Cross --- <https://www.redcross.org/>

Emergency and disaster preparedness, relief and recovery; lifesaving blood, trainings and certifications, support for military families, International services

FEMA --- <https://www.fema.gov/>

Federal Agency that provides services to help people, businesses and organizations, and other levels of government before, during and after disasters

Medicaid Eligibility --- 855-355-5777 / <https://www.benefits.gov/benefit/1637>

Medicaid & Coronavirus resources - <https://www.benefits.gov/help/faq/Coronavirus-resources>

National Association of School Psychologists --- Helping Children Cope with Changes resulting from COVID-19 - <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

National Deaf Videophone HOTLINE 24/7--- 855-812-1001 videophone / email at nationaldeafhotline@adwas.org / deafhelp@thehotline.org

National Domestic Violence HOTLINE 24/7 --- 800-799-7233 or 800-787-3224 (TTY)

National Sexual Assault HOTLINE 24/7 --- 800-656-4673 / online.rainn.org

National Suicide Prevention Lifeline --- 800-273-8255

NY Statewide Child Abuse Registry --- 800-342-3720 / TDD/TTY 800-638-5163 /

Video relay 800-342-3720 / <https://ocfs.ny.gov/main/cps/>

NYS Coalition Against Domestic Violence -- <https://www.nyscadv.org/find-help/program-directory.html>

NYS COVID19 HOTLINE --- 888-364-3065 / 855-626-7662

NYS Domestic Violence & Sexual Violence HOTLINE 24/7 --- 800-942-6906 (English & Spanish/Multi-language accessibility) / 800-942-6906 or 711 for Deaf or Hard of Hearing / (Text) 844.997.2121 / (Chat) [@opdv.ny.gov](https://twitter.com/opdv.ny.gov)

NYS New Americans Hotline --- 800-566-7636

NYS Office of Addiction Services and Supports 24/7 HOPEline --- 877-846-7369 or

Text 467369 / Have questions, call 518-473-3460 / <https://oasas.ny.gov/>

NYS Office of the Attorney General --- 800-771-7755 to report Coronavirus swindles or other scams

NYS Office of Children and Family Services (OCFS) --- www.ocfs.ny.gov

NYS Office of Mental Health COVID-19 Emotional Support Line --- 844-863-9314 to schedule a free appointment <https://omh.ny.gov/>
<https://omh.ny.gov/omhweb/guidance/covid-19-managing-stress-anxiety.pdf>

NYS Office of Victim Services (OVS) --- 800-247-8035

OVS concern-based search engine designed to help you find resources provided by OVS-funded Victim Assistance Programs (VAPs) from across New York State at <https://ovs.ny.gov/connect>
<https://ovs.ny.gov>

Office for the Prevention of Domestic Violence (OPDV) 24/7 --- 800-942-6906 or text to 844-997-2121 / www.opdv.ny.gov

Safe Haven for Pets

Social Security Administration --- 800-772-1213 / TTY 1-800-325-0778 / <https://www.ssa.gov/>

United Way 2-1-1 --- www.hudson211.org

A confidential and comprehensive service offering health and human services information, referral, assessment and crisis support. Translation services are available in over 200 languages

US Department of Veterans Affairs – 800-698-2411 / TTY: 711 / www.va.gov

VOLUNTEERING / DONATIONS

Community Wardrobe --- Email: communityWardrobe@horse-menpta.com
Free clothing exchange center

The Cottage School --- Contact Sandi at rosenthals@jc-cany.org
Mentors and visitors needed to connect with people at the Lunch Bunch Program monthly in Pleasantville

Croton-Cortlandt Food Pantry – Contact Lois at koebers@aol.com

Feeding Westchester --- Email: volunteer@feedingwestchester.org

GiGi's Playhouse of Westchester --- Email: tsmith@gigisplayhouse.org
A network of Down Syndrome achievement centers – volunteers for program aids, folks who can Teach classes like yoga, Zumba or karate

GreenDrop Charitable Donations --- 888-944-3767 / Email: info@gogreendrop.com www.gogreendrop.com/
See website for acceptable donations; drop locations, pickups

Literacy Volunteers of the Tarrytowns --- Email: lvttutors@gmail.com
Provides training to teach English with a learner at Warner Library or remotely

Magnolia Meals at Home, Meals on Wheels --- Contact Jeanette at jsuarez@mowrockland.org

To deliver wellness food to cancer patients in Westchester

Make-A-Wish (the Wish House in Tarrytown) --- 914-478-9474 / Volunteers needed for event and in the office

Ronald McDonald House (Valhalla) --- Email: mealprogram@rmhghv.org / Meals That Heal Program

Open Door Family Medical Center --- Email: jlevy@odfmc.org

Volunteers needed for the annual toy donation drive to help sort them by age group, etc. in the Ossining / Sleepy Hollow locations

The New York Milk Bank (based in Valhalla) --- Contact Roseanne Motti at rrmotti@nymilk-bank.org

Knitters and crocheters needed to donate baby hats and blankets for new parent gift baskets (sent directly to NICUs, WIC, etc.)

RideConnect Westchester --- Contact Karen at kganis@fsw.org / 914-864-0955

Help seniors live independently by providing rides when they are in need

The Sharing Shelf --- Email: info@sharingshelf.org

Need diapers (especially large sizes), wipes, socks, underwear and hygiene kits for Westchester families in need

Westchester Community College --- Email: volunteerwcc@suny-wcc.edu

Help students learn English through the Conversation Partners Program

WestFair Rides --- Contact Arlene at volunteer@westfairrides.org / 914-752-2631

Drivers needed throughout the River Towns to help seniors 60+ and the visually impaired 21+ get to their medical appointments

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