

Religious Education Classroom Blessing



Why bless your room? With the stresses and anxiety of everyday life - a room blessing will help keep your room safe from all forms of darkness. This blessing will help solidify God's light, peace, and grace so you can pray more, study often to keep Christ at the center of your life and the lives of your students.

You'll want these sacramental for this blessing: Holy Water, Blessed Salt and Holy Medals. These are to be used to keep evil spirits away by washing away darkness with Holy Water, guarding/preserving God's grace with blessed salt, and holy medals are physical signs that are full of God's grace that evil spirits are not welcome in your classroom space.

Can you do these prayers more than once? Absolutely!

What to do? Make the sign of the cross and pray out loud:

In the Name of the Father, and of the Son, and of the Holy Spirit - Father, thank you for sending your son Jesus to save us from every form of evil. I ask your Holy Spirit to dwell in this room forever. As I sprinkle Holy Water, spread Blessed Salt, and place Holy Medals here to keep this room safe I command all spirits of fear, depression anxiety, laziness, loneliness, sadness, and pride etc. to leave at once. Mother Mary and all the Saints - may your prayers and medals keep me safe to always remind me of the eternal love of Jesus in the Mass and on the Cross for me and all who come here. I make all of these prayers in Jesus' name. Come Holy Spirit - Come Holy Spirit - Come Holy Spirit. Amen.

Next: Sprinkle Holy Water and Blessed Salt everywhere! Have fun - be reverent, but save enough for the next few weeks as you will need God's grace to remain in relationship with God as the class work builds up.

Additional prayers can be found at www.catholicwarriors.com

(Adapted from UW-Oshkosh Dorm Room Blessing; Thanks to Fr. Zach Weber)