

UPDATED GUIDANCE FROM THE CDC REGARDING COVID-19

On March 1, 2024, the CDC released updated guidance on the COVID-19 virus. Per the CDC:

What CDC knows

As the 2023-2024 fall and winter virus season ends, it's clear that the situation surrounding COVID-19 has changed. It is still an important health threat, but it is no longer the emergency that it once was, and its health impacts increasingly resemble those of other respiratory viral illnesses, including flu and RSV.

What CDC is doing

CDC released updated Respiratory Virus Guidance in response to the decreasing risk that COVID-19 poses to the population. This updated Guidance includes strategies to protect people at highest risk of getting seriously ill and provides actionable recommendations for people with common viral respiratory illnesses, including COVID-19, flu, and RSV.

The information provided is summarized by: staying home when you are ill and remaining home until you are symptom free for 24 hours before returning...including being fever free without the use of fever reducing medication for 24 hours prior to returning to school or activities.

Please see the link attached for the updated information.

<https://www.cdc.gov/ncird/whats-new/index.html>