QPR TRAINING:
Question - Persuade - Refer

*QPR training helps prevent suicide by educating people to recognize the early signs of a suicide crisis and to know **how** and **where** to find help.*

For Parents, Guardians Teachers, Coaches, Librarians, School Counselors & more.

Anyone who regularly interacts with youth and is in a position to recognize and refer someone at risk of suicide is encouraged to take this training. Outreach counselor, Caryn Jooste, LPC, will train you to become a QPR Gatekeeper so you can recognize early warning signs, open a supportive dialogue, and secure consultation with a professional.

Mt. Lebanon PTA Training Session

October 28, 2024
6:30 PM

Mt. Lebanon High School
155 Cochran Rd
Room D205

ONLY 30 SPOTS AVAILABLE!

Please note ...

- *QPR is not intended to be a form of counseling or to serve as treatment.*
- *QPR is intended to **offer hope through positive action**.*
- *QPR is intended to teach those who are in a position to recognize the warning signs of people in trouble how to **act vigorously to prevent a possible tragedy**.*

Register here:

OUTREACH
TEEN & FAMILY SERVICES, INC.

LEARN HOW TO QUESTION, PERSUADE & REFER SOMEONE TO SEEK HELP.