



## Klinghardt Brain Masters & Immersion Week

### Ion Cleanse by AMD – Demo's at the events with Instructions for Use and Detox

#### How it Works - The water in the tub is only a small portion of the water in the whole system.

Just like the salted water in the tub, your body is largely made out of water and electrolytes, and the current will travel through your body as well. Most of the detoxification happens internally, and this is why when urine is tested for days after a footbath session, large increases in heavy metals are found. It is the current itself that is responsible for the detoxification, not the ions in the tub. Research has also shown that detoxification from using an ionic footbath is greatly increased when combined with a cilantro tincture taken orally (cilantro has its own metal detoxification properties) and making a personal homochord to boost the effect. Clinical experience has shown that cleansing the hands instead of the feet can help the brain detox better.

Nobody knows exactly what the current does inside the body to cause heavy metal detoxification, but we believe it likely has to do with the formation of exclusion zone (EZ) water.<sup>2</sup> EZ water is a kind of structured water that is inside your cells. It is basically made out of a lattice of OH- groups, while the rest of the bulk water has a higher concentration of H+ ions. These happen to be the same ions that are produced in the tub by the array. It is possible that in some way, the current is helping to create more EZ water in the body. The reason that it is called exclusion zone water, is because it excludes all solutes, including toxins inside the cell. If the current from the machine is creating more EZ water, then it is pushing out toxins. The toxins have to go somewhere, and they end up being excreted in the urine.

References: 1. <https://www.amajordifference.com/wp-content/uploads/2016/08/IonCleanse-by-AMD-UA-Preliminary-Study.pdf>

2. Gerald H. Pollack, *The Fourth Phase of Water: Beyond Solid, liquid, and Vapor*

#### The quality of the machine used is also very important.

There are many manufacturers and price points and hard to know which unit works for clearing today's environmental toxins. The difference is in the details, the frequencies produced and those who actually have proof with studies and testing. We need to use the right frequency to put the body in a parasympathetic state, enhancing detoxification, while the wrong frequency will cause stress in the body, shutting down detoxification. Many machines do not address this aspect, can be made of toxic metals from China such as nickel plates and this is why many people feel worse from using them instead of better. Replacement of the plates is needed more frequently in the cheaper units making them actually more costly over time. **Used in our clinic and by our certified practitioners is the Ioncleanse by AMD.**

Using a reputable manufacturer knowing where the parts are made, the longevity of the plates, that it contains non-toxic material, can be easily cleaned correctly, and that will stand behind the product with service is a plus. The details matter for safe effective detox.

### Klinghardt Foot Bath Procedure – To Remove Retrovirus, Aluminum, Barium and Titanium, Mercury out of the Matrix.



1. **Slowly titrate the cilantro tincture to mobilize:** 1 drop twice daily until you get to 2 dropperfulls (= 30 drops), 3 x daily. (30 min. before each meal). Also- Enula, Elcampane, Homeopathic Alumina 200C from Ainsworth after the detox. Do not use minerals- they are toxic. Instead add Bone Broth for amino acids.

2. **Binders: Use Chlorella if tolerated.** Start with medium dose, 8 tablets (250 mg), Take it 5 minutes after taking cilantro. Away from all food or vitamins. Increase during times of crisis or with a herximer reaction. Maximum dose 40 tablets 3 times a day.

If chlorella is not tolerated, use Zeolite, start with 1/2 capsule or 1/2 scoop and slowly increase to 2 capsules or a full scoop, away from all food or vitamins. Ecalonia Cava – 4-6 caps 3 x day is tolerated best! **We are noticing it helps move out biofilm with proper treatment in sinus.**

3. **IonCleanse by AMD Footbath**, 2 - 3 x weekly for 30 minutes maximum.- the frequencies in the IonCleanse will kick start the methylation process so your body can start to detox properly. Also put the palms of the hands in the water with the feet or after.

**Boosting the treatment:** Recommended by our Certified Practitioners- For those with the DHS Remedy Maker, Make a Remedy using our toxin kit with the DHS Remedy Maker (order at [info@klinghardtacademy.com](mailto:info@klinghardtacademy.com) - instructions) ART muscle testing can assess the patient for the toxic load using our toxin vials and make a personal homochord remedy of the toxins/virus with the DHS Remedy Maker. The patient drinks it directly before the foot bath treatment, (not to touch a cell phone after taking the remedy). Test which program of the **Ioncleanse Premier model** frequency choices to use, and run it for 20-30 min. Always positive results of toxin clearing. With the PREMIER model you can muscle test for the correct frequency program to select for each person/or toxin group being eliminated individually. **Urine Test may also be performed to confirm but not necessary.** Patients at home can regularly use the **SOLO model** to continue treatment and remove layers of toxins as they are unmasked or for re-exposure.

Dramatic improvement with our Autistic patients and those with Retrovirus, Lyme, Chemical and Heavy Metal Toxicity.

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Mention "Klinghardt Academy" for event pricing - free shipping.