

Retro-Viral Protocol– 2019 Notes from Klinghardt Lyme Conference and Autism 1 Lecture

For all patients with Persistent Lyme, Autism, and Chronic Conditions – preventative cancer regiment

K Protocol Products-

Practitioners wholesale orders - CustomerService@DoctorsClinical.com

Patients order <https://www.gonsteadnutritionals.com/kprpr.html> 845-469-3830

All autism is activation of retrovirus

- Take the below protocol for a min. of 2- 3 months, then test what remains for individual treatment.
- This easy and basic protocol is used for Lyme Disease and Viruses.
- Found to be beneficial for all our patients before individualized treatments are begun or in addition to their current protocols.
- Test with A.R.T. after the 3 months to see if you ready for the maintenance dose.

1. **Retro V- 100 -Doctors Clinical Nutrients- Broccoli extract -extra strength capsules – 100 mg extract 2 x daily** to begin then move to 30 mg maintenance- and/or also take Fresh Broccoli sprouts for support. Most effective product. *Not a freeze dried broccoli*

Most powerful for Cancer Tx, and all Virus Tx. (Treats Autism, Schizophrenia, Mold, Auto-Immune disorders like Lupus, Scleroderma, Rheumatoid Arthritis, Herpes, Epstein Barr Virus, Diabetes type 1, CCSVI, AIDS)

Or Fresh Sprouts – 2 large handfuls per day, or powder (2 tsp heaping, 2x day for extra support during treatment) This does not replace the Pharmaceutical grade broccoli extract in capsules.

Best to take with a good Enzyme to have the capsule absorb well.

2. **Selenium Cysteine 800 micrograms/day** (very important piece of the protocol)
3. **K2 D3 Essentials - Vitamin D3 (10,000 iu) with K2 (up to 400 mcg) Daily**
4. **Regena Plus capsules 2 caps daily - or – Silica Supreme Liquid – 8-20 drops /day** in water, juice or beverage - choline regenerates bones, joints, skin, collagen, removes aluminum and builds back the connective tissue.

5. **Cistus Incanus Tea “Rock Rose” with Stevia** (Biofilm dissolving, anti retroviral, anti lyme)
Drink ½ cup day – 6 cups/day. The tea works synergistically with the stevia.
– brew med to dark brown is best. Start slowly.

You can use the stevia with the first brew of the cistus tea. Rebrew the leaves twice. Keep in Frig.
Up to 3 batches can be made with it, with different polyphenols in it each time you brew it.

6. **Healing Herbal Supportive Blend “ Broccoli powder plus herbs”**

2 tsp, 2-3 x day, best sprinkled on food, yoghurt. Or blended into a smoothie

Take with the RetroV broccoli sprout capsules- as a supportive anti viral supplement to add to food

USA Patient Source: <https://www.gonsteadnutritional.com/kprpr.html>

Ingredients:

- | | |
|-------------------------------------|------------------------------------|
| ▪ Scullcap root Extract /Scutalaria | ▪ Stevia –whole plant portion used |
| ▪ Green Tea | ▪ Bitter Melon Extract |
| ▪ Reishi Mushroom | ▪ Olive Leaf |
| ▪ Lomatium Root – | |
| ▪ Ortica Dioica- Stinging Nettle | |

7. **Detox & Restorative Sleep- reboots the sleep pattern, heals the brain, anti-anxiety Melatonin Cream – Klinghardt Formulation 250 mg melatonin 732-987-4209 Compounding Pharmacy**

1. **Sleep Cocktail** – 3 individual products you can adjust dosing for personal protocol for what works best for you.

- a. **GABA** (start with 700mg and adjust to max-1400 mg at bedtime)
- b. **Insomnitol** (1- 2 capsules at bedtime)
- c. **Melatonin** –(adjust up to 21 mg at bedtime)

8. **Binders-** www.Biopureus.com- free shipping code: Klinghardt Academy *input at check out*

- Zeolith (½ tsp 2-3 x day between meals or at bedtime)
- Chlorella 8-16 tablets (250 mg each) 3 times per day 30 min before meals or at bedtime

9. **Heal the microbiome:** Matrix Minerals (peet extract)– one capful 2 x day- Biopureus.com removes glyphosate /herbicide residues from the gut microbiome 1 pipette 2-3 x day

Procedure- Notes from Klinghardt lecture at Autism 1 and Lyme conference.

We always treat the HERV Human Endogenous retrovirus and Acquired Retrovirus before Lyme.

In our experience the activity of retroviruses creates the amazing difference between a symptomatic Lyme patient and an asymptomatic carrier of Lyme and co-infections. Electrosmog kills the healthy bacteria in your body activating the retroviruses. There is systemic presence of live endogenous retrovirus in all vaccines.

For Lyme patients that Test with our ART assessment-Retrovirus CD , now begin as below and use the ioncleanse foot bath by AMD to draw out the virus and toxin load. See instructions.

- 1. Most important- Broccoli Extract (RetroV 100) start with 200 mcg daily for 2-3 months.**
- 2. Selenium Cysteine – 100 Take every day 800mcg /day**
- 3. Cistus Tea – Biofilm Breaker**
- 4. Vitamin D- K2 Daily – if Vitamin D receptors blocked, add Benicar 40 mg, 4 x day**
- 5. Regeneration Liquid with choline for bone health, collagen production, and skin/joint, cartilage**
- 6. RetroV Herbal mix of herbs for support while on the main Broccoli Extract capsules above**
- 7. Melatonin Cream-Klinghardt Formulation 2 – 4 pumps -upper arms- at bedtime 732-987-4209**
- 8. Ioncleanse by AMD – Methylation boosting detox Tool – use with the above protocol**
- 9. Klinghardt Foot Bath Procedure – To Remove Retrovirus, Aluminum, Barium and Titanium out of the Matrix.**



1. Slowly titrate the cilantro tincture to mobilize: 1 drop twice daily until you get to 2 dropperfulls (= 30 drops), 3 x daily. (30 min. before each meal). Also- Enula, Elcampane, Homeopathic Alumina 200C from Ainsworth after the detox. Do not use minerals- they are toxic. Instead add Bone Broth for amino acids.

2. Binders: Use Chlorella if tolerated. Start with medium dose, 8 tablets (250 mg), Take it 5 minutes after taking cilantro. Away from all food or vitamins. Increase during times of crisis or with a herximer reaction. Maximum dose 40 tablets 3 times a day.

If chlorella is not tolerated, use Zeolite, start with 1/2 capsule or 1/2 scoop and slowly increase to 2 capsules or a full scoop, away from all food or vitamins. Ecalonia Cava – 4-6 caps 3 x day is tolerated best!

3. IonCleanse by AMD Footbath, 2 - 3 x weekly for 30 minutes maximum.- the frequencies in the IonCleanse will kick start the methylation process so your body can start to detox properly. Also put the palms of the hands in the water with the feet or after.

4. Use Melatonin Cream-Klinghardt Formulation from Compounding Pharmacy NY-NJ 732-987-4209 2 pumps to 4 pumps max- rub on upper arms at bedtime to increase detoxification. Die off reaction may occur the first week. – Take binders before bedtime.

10. If parasites test, like in Autism we use Quinacrine (for Babesia old malaria drug)

11. Wait for 6 weeks to 3 months to re-assess with ART

12. Patient comes back and we see what else is needed, could be to continue longer or a maintenance level of retroviral tx above or other modalities of treatment including the Psychological Work, as things clear in layers.

Ioncleanse by AMD – to order contact Glenn@amajordifference.com

Ask for Klinghardt event specials

Full Klinghardt Brain Master DVD and Lyme Solutions DVD and Manual available at info@klinghardtacademy.com 908-414-0769

