

Recovery-Oriented Cognitive Therapy (CT-R) Peer Training Initiative Application

Overview of the Peer CT-R Training Initiative

This cutting-edge training* is currently being offered to mental health agencies with a strong commitment to improve the lives of those they serve. Peer providers will receive expert training and supervision in an evidence-based practice (Recovery-Oriented Cognitive Therapy) that is designed to empower and inspire clients to actively pursue more self-directed and hopeful lives in the community. Peers will use incentivizing to help clients live their desired, meaningful lives. The initiative will extend Peers reach to more reluctant-to-engage clients.

Participation involves (1) attending an interactive CT-R basics workshop (21-hours, over the internet, delivered a few hours at a time) as well as (2) taking part in weekly consultation sessions to practice and refine CT-R skills (45 minutes per week across 9-months). The dates of the workshop will be determined once 30 peer participants have been recruited for the project.

This training is provided at no cost to the trainee or employer.

Application Process

This application has two parts: the first section (Part A) should be filled out by the potential peer participant; the second section (Part B) should be completed by a current supervisor.

Please print or type all information requested except for signature. Complete applications must be scanned and emailed to amy.banko@rutgers.edu

Selected candidates will be informed **shortly after application submission**

Eligibility Criteria

To qualify for this program, the peer must:

1. Have earned at least a high school diploma or GED
2. Be currently employed as a Peer Specialist
3. Have an employer or worksite agency willing to:
 - a. Ensure work schedule accommodates training-related activities; and
 - b. Support incorporating new skills in work setting.
4. Have phone or internet access

*Training is funded by the New Jersey Division of Mental Health and Addiction Services through a National Association of Mental Health Program Directors Transformation Transfer Initiative grant. The Beck Institute Center for Recovery-Oriented Cognitive Therapy will provide all training in collaboration with The Rutgers University School of Health Professions (SHP) Department of Psychiatric Rehabilitation and Counseling Professions.

Recovery-Oriented Cognitive Therapy
Application – Summer 2021

PART A: completed by applicant

Name: _____

Address _____

Phone (provide at least two)

Home (_____) _____ - _____ Work (_____) _____ - _____

Cell (_____) _____ - _____

Email (provide at least one)

Personal _____

Work _____

Emergency Contact

Name _____ Phone (_____) _____ - _____

Relationship _____

CURRENT EMPLOYMENT

Employer

Agency Name _____ Phone (_____) _____ - _____

Address _____ City _____ State _____

Job Title _____ Date Hired _____

Past Trainings/Certifications:

Primary Responsibilities _____

SIGNATURE

Applicant's Signature: _____

Date: _____

PART B: To be completed by applicant's supervisor

Applicant Name _____

The above-named individual has applied to the Recovery-Oriented Cognitive Therapy training initiative. The admissions team would appreciate you completing this form to help us better determine the applicant's suitability and availability to participate for the full course of the training.

Supervisor:

First Name: _____ Last Name: _____

Title: _____ Phone Number: _____

Agency Name: _____

Email Address: _____

Address: _____

How long have you known this applicant? _____

As the employer we are willing to commit to:

- a. Ensuring that the applicant's work schedule accommodates the trainings and training-related activities including 21-hours of a highly interactive workshops held over multiple sessions so that staff can remain involved in clinical work and CT-R consultation sessions (45 minutes per week across 9-months).
- b. Supporting and supervising the applicant to incorporate new skills and knowledge gained from training into their work setting.
- c. Allowing the applicant to develop and implement Recovery Oriented Cognitive therapy (CT-R) activities within the agency.
- d. Authorizing the use of incentives with their clients
- e. Supporting completion of two surveys to be used in program evaluation

I hereby agree to allow the applicant to participate in all training and consultation sessions. The applicant is also authorized to incorporate CT-R practices in his/her work with clients.

Name (Print) _____

Signature _____