

RECOVERY-ORIENTED COGNITIVE THERAPY (CT-R) TRAINING INITIATIVE

An exciting training to help Peer Specialists working in mental health services to become even more effective at helping clients live desired lives with Recovery-Oriented Cognitive Therapy (CT-R).

It involves 21-hours of a highly interactive workshop held remotely, and the opportunity to practice and refine CT-R skills through consultation sessions (45 minutes per week across 9-months).

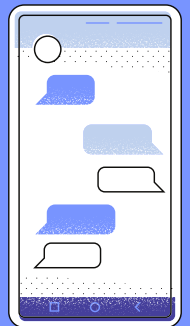
*Training is funded by the New Jersey Division of Mental Health and Addiction Services through a National Association of Mental Health Program Directors Transformation Transfer Initiative grant. Beck Institute Center for Recovery-Oriented Cognitive Therapy will provide all training in collaboration with The Rutgers University School of Health Professions (SHP) Department of Psychiatric Rehabilitation and Counseling Professions.



ELIGIBILITY

IN ORDER TO QUALIFY FOR THIS PROGRAM, THE APPLICANT MUST:

1. Have earned at least a high school diploma or GED.
2. Be currently employed as a Peer Specialist.
3. Have an employer or worksite agency willing to:
 - a. Ensure work schedule accommodates training-related activities.
 - b. Support incorporating new skills in work setting.
4. Have access to a phone or computer with internet.



FOR FURTHER INFORMATION, PLEASE CONTACT: