OPTICS Program at CarePlus NJ

Offering Opioid Professionals Therapeutic Individual Care and Support



Do you currently work with the OUD population and feel that you could benefit from support of your own?

You are not alone; we are here for you

OPTICS provides Individualized Therapeutic Services for Peer Recovery Specialists, Case Managers, Clinicians, Prescribers, and Supervisors.

As service providers, we understand the challenges of working with high-risk populations and the impact that grief, trauma, and loss can have on our ability to continue the important work that we do.

Hours are flexible based on individual needs.

This is a grant-funded program, there is no cost for services and insurance is not required for participation.

For more information or to make a referral, please call Jenna Paparozzi, LCSW (201) 494-6270 or email JennaPa@CarePlusNJ.org

Funding for this program is made possible by the Substance Abuse and Mental Health Services Administration (SAMHSA) State Opioid Response Grants Catalogue of Federal Domestic Assistance (CFDA) No. 93.788. Funding for this initiative was made possible by grant no. H79TI083317 from SAMHSA, NJ DHS and DMHAS



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OPTICS provides Individualized and Group Therapeutic Services for staff that work directly with the OUD population.



Does your organization provide services to the OUD population?

Do you feel that your staff could benefit from therapeutic services of their own as they navigate work with this population?

Together, we can make a difference.

As service providers, we understand the challenges of working with high-risk populations and the impact that grief, trauma, and loss can have on our ability to continue the important work that we do.

Services available for organizations include:

Therapeutic groups tailored to the needs of the staff and agency, wellness activities designed to promote self-care, and individual support as needed.

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