

# Community News

## May 29-June 5, 2025

### UNITED JEWISH FEDERATION

#### **Community Pride Shabbat | Friday, June 6th, 5:30 pm**

Join United Jewish Federation, Temple Beth El, and Temple Sinai for a Community Pride Shabbat at Scalzi Park, 97 Bridge Street, Stamford. Guest Speaker, Rabbi Michael Moskowitz, Scholar in Residence for Trans and Queer Studies at Congregation Beit Simchat Torah.

This is a free community event and open for all ages. Registration is required. For additional information, contact UJF Deputy Director Eric Ross at [eric@ujf.org](mailto:eric@ujf.org).

Register here: <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E341719&id=108>

#### **An Evening with Jonathan Conricus | Tuesday, June 24th, 7:30 pm**

Join **UJF** for an evening with Swedish-Israeli Spokesperson and Media Commentator Jonathan Conricus at the Bi-Cultural Hebrew Academy, 2186 High Ridge Road, Stamford.

He was the [international spokesperson of the Israel Defense Forces](#) from 2017 to 2021. Conricus is a senior fellow at the think tank [Foundation for Defense of Democracies](#).

For more information, contact CEO Diane Sloyer at [dianesloyer@ujf.org](mailto:dianesloyer@ujf.org).

Register here: <http://www.ujf.org/Conricus>

#### **Wacky Wednesdays with PJ Library | Each Week Starting Wednesday, July 2, 4:30 pm**

Join UJF for a summer of silly fun, PJ Library activities, and refreshing popsicles! Each Wednesday brings a new location and a chance to show off your wackiest hats, costumes, pajamas, or outfits!! Advanced registration is required. For additional information, contact UJF Deputy Director Eric Ross at [eric@ujf.org](mailto:eric@ujf.org).

Register here: <https://www.ujf.org/wackywednesdays>

#### **NextGen and PJ Library Scavenger Hunt and Ice Cream | Sunday, July 20, 10:00 am**

Step into your favorite sneakers and join UJF for a fun-filled scavenger hunt at Mead Memorial Park, 241 Park Street, New Canaan, as we embark on a thrilling quest to discover hidden treasures! Kosher ice creams from the on-site café will be given to everyone at the end to ensure a really COOL day!

Register here: <http://www.ujf.org/Summer>

#### **Community Jewish Heritage Mission to Greece | Monday, October 27th- Wednesday November 5<sup>th</sup> Deposits are due on June 27<sup>th</sup>!**

Join UJF on our Mission Trip to Greece from October 27-November 5 as we'll learn and explore Greece's Jewish history dating back thousands of years! Exciting highlights include a tour of the Jewish Museum in Athens, exploring the Acropolis, discovering Chalkida (one of Europe's oldest Jewish settlements), visiting Beit Shalom and Etz Haim Synagogue, and much more!

Visit: <https://www.j2adventures.com/join/united-jewish-federation-of-stamford-greece-october-2025/> for more information

### **Aaron's Place | A Kosher Comfort Room**

Aaron's Place, on the ground floor of Stamford Hospital, provides kosher snacks, drinks, and meals, in a comfortable environment. If you are caring for a hospitalized loved one or waiting for tests, this comfort room is a place to relax and refresh. Information is available at the hospital front desk. The code, in Hebrew letters, is on the door of the room. For more information about Aaron's place visit [www.ujf.org/aaronsplace](http://www.ujf.org/aaronsplace).

### ***MOZAIC SENIOR LIFE, formerly Jewish Senior Services***

**Expectations in the Aging Space over the Next 10 to 20 Years: Advancements in Science, Technology and Models of Care** presented by **Dr. Scott Gottlieb** on **Tuesday, June 10, 2025 at 7:00pm at Mozaic Senior Life**, 4200 Park Avenue, Bridgeport. RSVP by June 3 to Jennifer Longmuir at 203-396-1054 or [jlongmuir@mozaicsl.org](mailto:jlongmuir@mozaicsl.org)

**Mozaic Senior Life** in Bridgeport is seeking individuals interested in joining the agency's team of hospice volunteers, who provide companionship to patients and their families. The help that hospice volunteers offer varies from person to person. Some people are soothed by having their hands held, while others may long for someone to listen to their stories and memories. Many volunteers have a specialized skill that enhances the lives of our patients. Talents such as massage of Reiki, art and painting, singing or playing an instrument as well as being multi-lingual all benefit our patients and improve their quality of life. Contact Ellen Ashkins, Director of Resident Life at 203-365-6417 or [eashkins@seniors.org](mailto:eashkins@seniors.org)

### ***SCOUTING AMERICA IN STAMFORD***

#### **Jewish Values in Scouting America: A Pathway to Leadership and Service**

Did you know that Scouting America (formerly Boy Scouts of America) offers a unique opportunity for Jewish youth to grow as leaders, develop lifelong skills, and live out our most cherished values?

**Troop 15 and Pack 15 in Stamford**—Jewish-sponsored scouting units—integrate key Jewish principles such as *derekh erez* (respect and ethical behavior), *tikkun olam* (repairing the world), and *tzedakah* (charity) into their programs. Whether hiking, camping, serving the community, or simply learning new skills, our scouts are living these values every day.

Scouting helps build character, confidence, and connection. Studies show scouts perform better in school, develop strong leadership skills, and understand the importance of giving back to their community—all aligned with Jewish teachings.

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#### **Mark Your Calendar: Join Us at ConnJam!**

Our scouts will be participating in **ConnJam 2025**, a regional scouting celebration held May 16–18 at the Orange County Fairgrounds. With dozens of exciting programs and thousands of scouts attending, it's an unforgettable experience. [Check out the lineup here → https://connjam.org/program/](https://connjam.org/program/)

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#### **Pack 15: Kindergarten–5th Grade**

**It's all about teamwork!** In Cub Scouts, children learn through fun, hands-on experiences—building, racing, exploring, and helping others. These shared adventures teach teamwork, communication, and leadership in a nurturing environment where every child belongs.

### Join Us!

- **May 21 at 6 PM** – Learn what Cub Scouts is all about at **Temple Sinai**
  - **June 4 – Ice Cream Social!** Meet our leaders and families in a fun, informal setting
-  Connect: pack15.stamfordct@gmail.com
-  Call or text: 203.900.4915


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### **Troop 15: Boys Ages 10.5–17**

For nearly 75 years, **Troop 15** has guided Jewish boys in Stamford to grow into confident leaders. Along the way, they master skills like hiking, cooking, biking, swimming—and leadership. This June, the Troop will bike the Cape Cod Rail Trail, one of many exciting adventures!

 Weekly meetings: **Wednesdays, 7:30–9:00 PM at Temple Sinai**

 Connect: info@Troop15Stamford.com

 Call or text: 917.913.5019

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### **Troop 48: Girls Ages 10.5–17**

Looking for adventure, friendship, and leadership opportunities for your daughter? **Troop 48** is welcoming new members!

 Meetings: **Mondays, 7:30–9:00 PM at First Methodist Church**, 42 Cross St (behind Whole Foods)

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Scouting is more than camping—it's character-building, skill-growing, and values-living. We hope to see your family this spring!

*Yours in Scouting,*

*Jeff Herz*

*Vice Chair Membership - CYC Saugatuck District*

*e: [jeffrey.herz@gmail.com](mailto:jeffrey.herz@gmail.com)*

*m: (917) 913-5019*

*Like us: <https://www.facebook.com/StamfordBSAouting>*

*Website: <https://www.Stamfordscouting.com>*

### **SCHOKE JEWISH FAMILY SERVICE**

#### **Schoke JFS is Here to Support You - Learn more about Our Ongoing Support Groups**

Schoke Jewish Family Service offers a wide range of support groups to meet the various needs of the community and to help families and individuals with the transitions and challenges of life. Currently, all support groups meet on Zoom.

The Divorce Support Group – Mondays, 1:00 PM

Bereavement Support Group – Thursdays, 7:30 PM

Caregiver Support Groups – Every other Sunday, 11:15 AM and every other Wednesday, 7:30 PM

COVID Support – Thursdays, 4:00 PM, 1st and 3rd Thursdays

Brain Fitness Group – Mondays, 10:30 AM and Wednesdays, 10:30 AM

Healing Chair Yoga – Class schedule to be announced on the website

To join the support groups, please fill out the form at: [www.ctjfs.org/counseling/groups/](http://www.ctjfs.org/counseling/groups/) or contact

Brooke Davidson, Director of Clinical and Family Life Services at [bdavidson@ctjfs.org](mailto:bdavidson@ctjfs.org) or 203-921-4161.

Since its humble beginnings in Stamford, Schoke JFS has grown to serve 15 towns, becoming a lifeline for the community with essential services, including senior services, counseling, emergency assistance, a kosher food pantry in downtown Stamford, a kosher mobile food pantry, and more.

#### ***NEW COVENANT CENTER***

Threads of Warmth Clothing Collection Drive, sponsored by the Interfaith Social Ministry Collaborative. Please help us collect items for men and women. [Click here](#) for details.

#### ***BREAKTHRU FITNESS***

Join us at Breakthru fitness for an empowering Krav Maga class designed to enhance your self-defense skills while building confidence and strength. Krav Maga, known for its practical and effective techniques, will be taught in a supportive and respectful environment that aligns with our community values. We have classes designed for children and for adults.

Whether you're a beginner or have previous experience, our sessions are tailored to help you progress at your own pace, fostering both physical fitness and personal safety. Don't miss this opportunity to learn valuable skills, connect with fellow members and take a proactive step towards personal empowerment. Visit us at <http://breakthru-fitness.com/> Call today! 203-355-9395.

#### ***SILVERSOURCE PERSONAL CARE***

The work and mission of **SilverSource** is to provide a **safety net for seniors in need**, to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need.

We would be grateful if you would join us and participate in our first '**Personal Care Drive**' to collect essentials such as soap, shampoo, toothpaste and more for seniors in need in Stamford. ([Click here](#) for a list of personal care items needed.)

Our 'Personal Care Drive' collection will take place **throughout the month of February 2024**. As a small non-profit where every penny goes towards helping older residents in need, we are hopeful that you might consider supporting this important drive.

To learn more and to join our efforts, please contact our SilverSource Program Manager, Claudia Compagnoni Gibb, at [CCompagnonigibb@silversource.org](mailto:CCompagnonigibb@silversource.org) or (203) 718-5448.

#### ***BUILDING ONE COMMUNITY (B1C)***

**CRITICAL VOLUNTEERS NEEDED** B1C has a terrific tutoring program for elementary students but doesn't have enough tutors. 14 volunteers (adults or teenagers) are needed Monday - Thursday from 4:30-5:45pm. The kids speak English, so you do not need to speak another language. Each volunteer works with up to three children.

Please note: Teen volunteers must be 16 years of age or older. Volunteers must be able to commit to a minimum of three consecutive months for at least one session per week. Volunteers must be tech savvy and familiar with how math is currently taught at the elementary school level.

This opportunity has a social / emotional component with the children which includes enrichment activities and homework help.

To volunteer, register on the B1C website at <https://building1community.org/engage/volunteer-form/> and indicate it is for the Homework Club. For questions and information, please contact Margarita Zimmerman, B1C's Volunteer Director, at [mzimmerman@b1c.org](mailto:mzimmerman@b1c.org)

### ***NEW COVENANT HOUSE***

New Covenant House is asking for our help to support their food pantry with donations. They are providing over 500+ meals daily to the community up from 175 meals per day before Covid. Please click on this link to donate: <https://www.newcovenantcenter.org/springgiving/>.

### ***HEBREW CONVERSATION***

**The Hebrew Conversation Group** is the only such program in Connecticut where people can practice and improve their Hebrew in a relaxed and friendly environment. Contact [israelisinct@hotmail.com](mailto:israelisinct@hotmail.com) for information.

### ***ISRAELI DANCING***

Prior experience is not required. Please contact Leng at [israelidanceteacher@gmail.com](mailto:israelidanceteacher@gmail.com) or 203-912-4086.