

## Community News April 3 and April 4, 2020

## **Schoke Jewish Family Service Programs and Activities**

Anachnu: JFNA Holocaust Survivor Care Program is looking for volunteers to meet with survivors who would like to improve their English. Volunteers will visit in their home and casually speak English. Schoke JFS is looking for Holocaust Survivors who would like to participate in the upcoming programs that will include a Café Europe, a place where survivors will be able to drop by for socialization. If you would like to volunteer or are looking for survivor care, please contact Marina Sapir, Program Director at 203-921-4161 or email <a href="mailto:msapir@ctjfs.org">msapir@ctjfs.org</a>.

<u>Pamela and Michael Hirsch Kosher Home Delivered Meal Program</u>. Seven meals will be delivered weekly to those in our community who have difficulty shopping and preparing their own food. Once a week, a volunteer will deliver the seven microwave ready meals and spend time visiting with the recipients, should they desire. This is a subscription service. Reduced rates will be available for families who qualify. For more information, please contact Jill Knopoff, Volunteer Coordinator at 201-921-4161 or email at jknopoff@ctjfs.org.

<u>Living with Loss: Schoke JFS Bereavement Support Group</u>. Find the healing which comes of being with others who know first-hand what you are going through. Learn how Jewish ritual, prayer and tradition can support the grieving process. For more information or to register, please contact Amanda Geffner, Schoke JFS Psychotherapist, at 203-921-4161 or email <u>ageffner@ctjfs.org</u>.

<u>Let's Talk</u>. Seniors talk about common interests and concerns, facilitated by a Schoke Jewish Family Service counselor. Contact Helene Wurtzel at 203-921-4161 or <a href="https://www.hwurtzel.gov/hwu

## **Hebrew Conversation Group**

The *Hebrew Conversation Group* is the only such program in Connecticut where people can practice and improve their Hebrew in a relaxed and friendly environment. Contact <u>israelisinct@hotmail.com</u> for information.