



Community News

November 6-13, 2025

MINNIE MANGER MARCIA LIEBERMAN STAMFORD MIKVAH

Dear Community Members,

Thank God, our community is growing, and we are transitioning to an online scheduling system for our mikvah to improve ease of use and maintain privacy. The appointment@stamfordmikvah.org will no longer be receiving new appointment requests as of November 8, 2025, and you will be prompted to make your appointment through our new scheduler.

You can access the scheduler in two ways: www.stamfordmikvah.org and www.mikvahsvp.com/stamfordmikvah.

If you have any issues, please email info@stamfordmikvah.org and Adina Adelman or Nicole Makovsky will get back to you.

If you need an appointment between November 2 and November 8, 2025, please email appointment@stamfordmikvah.org to confirm that we've received your appointment request.

Our policy remains that all appointments should be made at least 24 hours in advance to ensure availability and coverage. We appreciate early requests as well.

All the best,

Adina Adelman and Nicole Makovsky

Co-Chairs of the Minnie Manger Marcia Lieberman Stamford Mikvah at Congregation Agudath Sholom

CONGREGATION AGUDATH SHOLOM

A FIRESIDE CHAT: "I Won't Let the Nazis Kill My Heritage" on Monday, November 10 at 7:45pm at Congregation Agudath Sholom, 301 Strawberry Hill Avenue, Stamford. Dr. Shay Pilnik, Director of the Emil and Jenny Fish Center for Holocaust and Genocide Studies at Yeshiva University interviews Holocaust survivor Emil Fish, one of the last living survivors of Bergen Belson. B'nai Mitzvah and teens are encouraged to attend. Open to the entire community.

UNITED JEWISH FEDERATION

Shulchan Ivrit (Hebrew Table)

Looking to brush up or learn new words in Hebrew? Join UJF and Stamford JCC for opportunities to connect and speak Hebrew for an hour of casual conversation!

Visit: www.ujf.org/shulchanIvrit to register.

For more details contact UJF community shlichah Eden at Eden@ujf.org.

Men's Whiskey Tasting | Thursday, November 20, 7:30 pm

Join us for an evening of camaraderie, conversation, and the chance to sample fine whiskeys (including one Israeli whiskey) and other local kosher chocolates. This is a 21+ event. Kosher pairings provided.

Space is limited- advance registration encouraged.

For questions, please contact [Eric Ross](#), UJF Deputy Director, at (203) 321-1373. Visit www.ujf.org/whiskey to register.

UJF Big Give Call Nights | Continues Monday, December 1, 6:00 pm

Help [UJF](#) in calling friends and neighbors to share the important work of Federation and giving them the opportunity to strengthen the community in these challenging times. Training will be provided.

Dates of call nights:

- Monday, December 1, 6 -8 pm
- Tuesday, December 16, 6-8 pm

One Shabbat, One Community | December 13, 6:30 pm

Join our local Jewish organizations for One Shabbat, One Community, a weekend of connection and celebration. Enjoy Shabbat-related programs hosted across the community, then come together for a festive Havdalah gathering featuring live music by *The Shuk*, hands-on activities for adults, kids, and families, and plenty of opportunities to connect and rejoice—together, **As One**. Tickets are \$10 per person or \$36 per family. Visit www.ujf.org/one to register.

Aaron's Place | A Kosher Comfort Room

Aaron's Place, on the ground floor of Stamford Hospital, provides kosher snacks, drinks and meals, in a comfortable environment. If you are caring for a hospitalized loved one or waiting for tests, this comfort room is a place to relax and refresh. Information is available at the hospital front desk. The entry code, in Hebrew letters, is on the door of the room.

Aaron's Place is run by volunteers! If you are interested in volunteering for 1-2 hours a month, email ronsichel@aol.com.

For more information about Aaron's place visit www.ujf.org/aaronsplace.

BI-CULTURAL HEBREW DAY SCHOOL

Mazel Tov to our **TBE member** of the **BCHA PLAYERS** : **Shailee Raz** in her participation of the upcoming performance of **NICK TICKLE, FAIRY TALE DETECTIVE** - Tuesday, November 4 at 3:00pm, Thursday, November 6 at 7:00pm, Sunday, November 9 at 3:00pm. **\$10 per ticket.**

<https://www.tickettailor.com/events/bcha>

Granny can't tell her favorite fairy tales because someone really cruel and evil is stealing all the props! Breadcrumbs, magic beans, a basket of goodies, a glass slipper – all missing! The future of fairy tales is at stake, and it's up to Nick Tickle to set things right. In addition to a host of colorful fairy tale characters like you've never seen them before, this Film Noir-style mystery boasts plenty of audience participation and lots of laughs for junior detectives and their grown-ups. Suitable for all ages, but parents know what works best for their children's attention spans. *Running time is approximately 70 minutes plus one 15-minute intermission.* This show, (featuring 4th-12th graders), is suitable for all ages.

LOWER AND UPPER SCHOOL OPEN HOUSES!

Bi-Cultural invites you to experience our community in action! Discover the magical energy of our Lower School at our Pre-K through 3rd Grade Open House on **Sunday, November 16 at 10 am** — meet our

warm, engaging teachers, explore our vibrant classrooms, and hear firsthand from parents and students what makes BCHA so special.

Also, get a closer look at the personal and meaningful journey we offer in our high school at our Upper School Open House on **Sunday, November 9 at 10 am**. Learn how our individualized approach helps students thrive academically, socially and Judaically.

To register, please visit openhouse.bcha-ct.org or contact Bonnie Marcus, Director of Admissions, at bmarcus@bcha-ct.org. We can't wait to welcome you!

SCHOKE JEWISH FAMILY SERVICE

Schoke JFS is Here to Support You - Learn more about Our Ongoing Support Groups

Schoke Jewish Family Service offers a wide range of support groups to meet the various needs of the community and to help families and individuals with the transitions and challenges of life. Currently, all support groups meet on Zoom.

The Divorce Support Group – Mondays, 1:00 PM

Bereavement Support Group – Thursdays, 7:30 PM

Caregiver Support Groups – Every other Sunday, 11:15 AM and every other Wednesday, 7:30 PM

COVID Support – Thursdays, 4:00 PM, 1st and 3rd Thursdays

Brain Fitness Group – Mondays, 10:30 AM and Wednesdays, 10:30 AM

Healing Chair Yoga – Class schedule to be announced on the website

To join the support groups, please fill out the form at: www.ctjfs.org/counseling/groups/ or contact Brooke Davidson, Director of Clinical and Family Life Services at bdavidson@ctjfs.org or 203-921-4161.

Since its humble beginnings in Stamford, Schoke JFS has grown to serve 15 towns, becoming a lifeline for the community with essential services, including senior services, counseling, emergency assistance, a kosher food pantry in downtown Stamford, a kosher mobile food pantry, and more.

MOZAIC SENIOR LIFE, formerly Jewish Senior Services

Mozaic Senior Life in Bridgeport is seeking individuals interested in joining the agency's team of hospice volunteers, who provide companionship to patients and their families. The help that hospice volunteers offer varies from person to person. Some people are soothed by having their hands held, while others may long for someone to listen to their stories and memories. Many volunteers have a specialized skill that enhances the lives of our patients. Talents such as massage of Reiki, art and painting, singing or playing an instrument as well as being multi-lingual all benefit our patients and improve their quality of life. Contact Ellen Ashkins, Director of Resident Life at 203-365-6417 or eashkins@seniors.org

SCOUTING AMERICA IN STAMFORD

Jewish Values in Scouting America: A Pathway to Leadership and Service

Did you know that Scouting America (formerly Boy Scouts of America) offers a unique opportunity for Jewish youth to grow as leaders, develop lifelong skills, and live out our most cherished values?

Troop 15 and Pack 15 in Stamford—Jewish-sponsored scouting units—integrate key Jewish principles such as *derekh erez* (respect and ethical behavior), *tikkun olam* (repairing the world), and *zedakah* (charity) into their programs. Whether hiking, camping, serving the community, or simply learning new skills, our scouts are living these values every day.

Scouting helps build character, confidence, and connection. Studies show scouts perform better in school, develop strong leadership skills, and understand the importance of giving back to their community—all aligned with Jewish teachings.

Troop 15: Boys Ages 10.5–17

For nearly 75 years, **Troop 15** has guided Jewish boys in Stamford to grow into confident leaders. Along the way, they master skills like hiking, cooking, biking, swimming—and leadership. This June, the Troop will bike the Cape Cod Rail Trail, one of many exciting adventures!

 Weekly meetings: **Wednesdays, 7:30–9:00 PM at Temple Sinai**

 Connect: info@Troop15Stamford.com

 Call or text: 917.913.5019

Troop 48: Girls Ages 10.5–17

Looking for adventure, friendship, and leadership opportunities for your daughter? **Troop 48** is welcoming new members!

 Meetings: **Mondays, 7:30–9:00 PM at First Methodist Church, 42 Cross St (behind Whole Foods)**

Scouting is more than camping—it's character-building, skill-growing, and values-living. We hope to see your family this spring!

Yours in Scouting,

Jeff Herz

Vice Chair Membership - CYC Saugatuck District

e: jeffrey.herz@gmail.com

m: (917) 913-5019

Like us: <https://www.facebook.com/StamfordBSAouting>

Website: <https://www.Stamfordscouting.com>

NEW COVENANT CENTER

Threads of Warmth Clothing Collection Drive, sponsored by the Interfaith Social Ministry Collaborative. Please help us collect items for men and women. [Click here](#) for details.

BREAKTHRU FITNESS

Join us at Breakthru fitness for an empowering Krav Maga class designed to enhance your self-defense skills while building confidence and strength. Krav Maga, known for its practical and effective techniques, will be taught in a supportive and respectful environment that aligns with our community values. We have classes designed for children and for adults.

Whether you're a beginner or have previous experience, our sessions are tailored to help you progress at your own pace, fostering both physical fitness and personal safety. Don't miss this opportunity to learn valuable skills, connect with fellow members and take a proactive step towards personal empowerment. Visit us at <http://breakthru-fitness.com/> Call today! 203-355-9395.

SILVERSOURCE PERSONAL CARE

The work and mission of **SilverSource** is to provide a **safety net for seniors in need**, to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need.

We would be grateful if you would join us and participate in our first **'Personal Care Drive'** to collect essentials such as soap, shampoo, toothpaste and more for seniors in need in Stamford. ([Click here](#) for a list of personal care items needed.)

Our 'Personal Care Drive' collection will take place **throughout the month of February 2024**. As a small non-profit where every penny goes towards helping older residents in need, we are hopeful that you might consider supporting this important drive.

To learn more and to join our efforts, please contact our SilverSource Program Manager, Claudia Compagnoni Gibb, at CCompagnonigibb@silversource.org or (203) 718-5448.

BUILDING ONE COMMUNITY (B1C)

CRITICAL VOLUNTEERS NEEDED B1C has a terrific tutoring program for elementary students but doesn't have enough tutors. 14 volunteers (adults or teenagers) are needed Monday - Thursday from 4:30-5:45pm. The kids speak English, so you do not need to speak another language. Each volunteer works with up to three children.

Please note: Teen volunteers must be 16 years of age or older. Volunteers must be able to commit to a minimum of three consecutive months for at least one session per week. Volunteers must be tech savvy and familiar with how math is currently taught at the elementary school level.

This opportunity has a social / emotional component with the children which includes enrichment activities and homework help.

To volunteer, register on the B1C website at <https://building1community.org/engage/volunteer-form/> and indicate it is for the Homework Club. For questions and information, please contact Margarita Zimmerman, B1C's Volunteer Director, at mzimmerman@b1c.org

NEW COVENANT HOUSE

New Covenant House is asking for help to support their food pantry with donations. They provide over 500+ meals daily to the community up from 175 meals per day before Covid. Please click on this link to donate: <https://www.newcovenantcenter.org/springgiving/>.

ISRAELI DANCING

Prior experience is not required. Please contact Leng at israelidanceteacher@gmail.com or 203-912-4086.

HEBREW CONVERSATION

The Hebrew Conversation Group is the only such program in Connecticut where people can practice and improve their Hebrew in a relaxed and friendly environment. Contact israelisinct@hotmail.com for information.