



# Community News

## October 15-16, 2021

### UNITED JEWISH FEDERATION

SAVE THE DATE for United Jewish Federation's Super Sunday on November 7! Answer the call and support a variety of community programs and initiatives to ensure our Jewish community stays strong. Volunteers are needed. For more information contact Diane Sloyer at [dianesloyer@ujf.org](mailto:dianesloyer@ujf.org).

### JEWISH SENIOR SERVICES

Jewish Senior Services in Bridgeport is seeking individuals interested in joining the agency's team of hospice volunteers, who provide companionship to patients and their families. The help that hospice volunteers offer varies from person to person. Some people are soothed by having their hands held, while others may long for someone to listen to their stories and memories. Many volunteers have a specialized skill that enhances the lives of our patients. Talents such as massage of Reiki, art and painting, singing or playing an instrument as well as being multi-lingual all benefit our patients and improve their quality of life. Contact Ellen Ashkins, Director of Resident Life at 203-365-6417 or [eashkins@jseniors.org](mailto:eashkins@jseniors.org)

### JEWISH FAMILY SERVICE

Want to stimulate your brain power? The **Schoke JFS Brain Fitness Program** will provide practical support to help reach personal brain fitness goals! The session will focus on organizational skills and provide practical support to help reach personal brain fitness goals! All sessions held on Zoom on Mondays • 10:30 AM – 12:00 PM. Contact Toby Lazarus at [tlazarus@ctjfs.org](mailto:tlazarus@ctjfs.org) to register. Or visit [www.ctjfs.org/brainfitness](http://www.ctjfs.org/brainfitness) for more information.

**Schoke Jewish Family Service** offers several services to support the community. For information and to register, go to <http://www.ctjfs.org/covid19/#second> or call 203-921-4161.

- Manage the stress of the Coronavirus outbreak on Thursdays at 4:00 p.m.
- Freedberg Family Kosher Food Pantry
- Hirsch Kosher Home Delivered Meal Program
- Home Companion Program
- Holocaust Survivor Services
- Hebrew Free Loan Program
- Kuriansky Family Counseling Program
- Online Bereavement Support Group
- Brain Fitness
- Online Divorce Support Group

### NEW COVENANT HOUSE

New Covenant House is asking for our help to support their food pantry with donations. They are providing over 500+ meals daily to the community up from 175 meals per day before Covid. Please click on this link to donate: <https://www.newcovenantcenter.org/springgiving/>.

### **HEBREW CONVERSATION**

**The Hebrew Conversation Group** is the only such program in Connecticut where people can practice and improve their Hebrew in a relaxed and friendly environment. Contact [israelisinct@hotmail.com](mailto:israelisinct@hotmail.com) for information.

### **ISRAELI FOLK DANCING**

**Interested in Israeli folk dancing online?** Great! Contact Leng at [israelidanceteacher@gmail.com](mailto:israelidanceteacher@gmail.com) or go to her website for information at: <http://ctisraelidance.com/online-dance-classes.html>.