

# Community News

## March 14-20, 2026

### **BI-CULTURAL HEBREW ACADEMY**

**MAZAL TOV** to our very own shul attendee/member thespians for their upcoming performance in Bicultural Hebrew Academy's *Descendant's: The Musical*. Come and cheer on: Harrison Fishman, Abigail Klein, Lilah Knopf, Shailee Raz, & Sadie Palker.

#### **TICKETS AVAILABLE NOW - To BCHA's upcoming Spring Musical**

Based on the popular Disney Channel Original Movies, *Disney's Descendants: The Musical* is a brand-new musical jam-packed with comedy, adventure, Disney characters, and hit songs from the films!

**Thursday, March 19 at 7pm, Friday, March 20 at 2pm, Sunday, March 22 at 11am, Sunday, March 22 at 3 pm**  
**\$10/tik** <https://buytickets.at/bcha> Tickets selling fast!

### **UNITED JEWISH FEDERATION**

#### **Community Interfaith Seder - Thursday, March 26 at 6:30pm**

Led by Rev. Mark Lingle and Rabbi Jay TelRav, the Community Interfaith Seder will use a specially designed Haggadah. The Seder will highlight the themes of unity and common ground among varied cultures, backgrounds, and faiths. Register at [www.ujf.org/seder](http://www.ujf.org/seder)

#### **Yom Ha'Atzmaut with NextGen - Saturday evening, April 18**

Join UJF's NextGen community in celebrating Yom Ha'Atzmaut at an awesome party! NextGen is committed to building a vibrant and inclusive Jewish community for young Jews in their mid-20s, 30s, and 40s. All participants must be 21+. Register at [www.ujf.org/YHnextgen](http://www.ujf.org/YHnextgen)

#### **Community Yom Ha'Atzmaut Family Program - Wednesday, April 22 from 5:00-6:30pm**

Celebrate Yom Ha'Atzmaut with a fun-filled Family Program that takes you on a "trip around Israel!" Enjoy a bounce house, games, face-painting, Israeli snacks, and even a hands-on archeological dig. Bring the whole family for an afternoon of laughter, learning, and celebrating Israel's birthday! Register at [www.ujf.org/YHfamily](http://www.ujf.org/YHfamily)

#### **Yom Ha'Atzmaut Adult Evening - Sunday, April 26 from 6:00-8:00pm**

Join UJF to celebrate and experience Israel through taste, sound, and spirit! *Shuk b'Stamford* will bring Israeli food, music, games, and culture together for an event you won't want to miss. All participants must be 21+. Register at [www.ujf.org/YHadult](http://www.ujf.org/YHadult)

#### **Women's Philanthropy Spring Dinner – Thursday, May 7 at 6:00pm**

Join together for a fabulous evening featuring guest speaker Zibby Owens. The inaugural Women of Valor Award will also be presented to Aviva Maller. Register at [www.ujf.org/SpringDinner](http://www.ujf.org/SpringDinner)

## **TEMPLE SINAI**

### **Author & Obama Speechwriter Sarah Hurwitz to Discuss Jewish Identity – Free Lecture May 3 at 4 pm and open to the community**

Temple Sinai's Joan Bruder Danoff Lecture Series will present a reflection on Jewish identity and spiritual resilience in the face of growing antisemitism by acclaimed former White House speechwriter and author Sarah Hurwitz. Come hear a deeply personal call to reclaim what it means to be Jewish - on our own terms.

Register online at [templesinaistamford.org](http://templesinaistamford.org) to attend in person or to view as a webinar or register by calling Temple Sinai at 203-322-1649. Refreshments will be served. The Danoff Lecture honors Joan and the late Dr. Stuart Danoff and was endowed by their children.

### ***MOZAIC SENIOR LIFE, formerly Jewish Senior Services***

**Care Partner Support Groups** presented by Mozaic Institute on Aging. Meets on the third Tuesday of the month from 7:15-8:15pm. To receive the link, RSVP to 203-396-1240 or [navigation@mozaicsl.org](mailto:navigation@mozaicsl.org).

**Mozaic Senior Life** in Bridgeport is seeking individuals interested in joining the agency's team of hospice volunteers, who provide companionship to patients and their families. The help that hospice volunteers offer varies from person to person. Some people are soothed by having their hands held, while others may long for someone to listen to their stories and memories. Many volunteers have a specialized skill that enhances the lives of our patients. Talents such as massage of Reiki, art and painting, singing or playing an instrument as well as being multi-lingual all benefit our patients and improve their quality of life. Contact Ellen Ashkins, Director of Resident Life at 203-365-6417 or [eashkins@seniors.org](mailto:eashkins@seniors.org)

### **SCHOKE JEWISH FAMILY SERVICE**

#### **Schoke JFS is Here to Support You - Learn more about Our Ongoing Support Groups**

Schoke Jewish Family Service offers a wide range of support groups to meet the various needs of the community and to help families and individuals with the transitions and challenges of life. Currently, all support groups meet on Zoom.

The Divorce Support Group – Mondays, 1:00 PM

Bereavement Support Group – Thursdays, 7:30 PM

Caregiver Support Groups – Every other Sunday, 11:15 AM and every other Wednesday, 7:30 PM

COVID Support – Thursdays, 4:00 PM, 1st and 3rd Thursdays

Brain Fitness Group – Mondays, 10:30 AM and Wednesdays, 10:30 AM

Healing Chair Yoga – Class schedule to be announced on the website

To join the support groups, please fill out the form at: [www.ctjfs.org/counseling/groups/](http://www.ctjfs.org/counseling/groups/) or contact Brooke Davidson, Director of Clinical and Family Life Services at [bdavidson@ctjfs.org](mailto:bdavidson@ctjfs.org) or 203-921-4161.

Since its humble beginnings in Stamford, Schoke JFS has grown to serve 15 towns, becoming a lifeline for the community with essential services, including senior services, counseling, emergency assistance, a kosher food pantry in downtown Stamford, a kosher mobile food pantry, and more.

### **MICHAEL FELDSTEIN, COMMUNITY MEMBER**

<https://blogs.timesofisrael.com/listening-in-the-aftermath-the-quiet-work-of-debriefing-israels-freed-hostages/>

## SCOUTING AMERICA IN STAMFORD

### Jewish Values in Scouting America: A Pathway to Leadership and Service

Did you know that Scouting America (formerly Boy Scouts of America) offers a unique opportunity for Jewish youth to grow as leaders, develop lifelong skills, and live out our most cherished values?

**Troop 15 and Pack 15 in Stamford**—Jewish-sponsored scouting units—integrate key Jewish principles such as *derekh erez* (respect and ethical behavior), *tikkun olam* (repairing the world), and *tzedakah* (charity) into their programs. Whether hiking, camping, serving the community, or simply learning new skills, our scouts are living these values every day.

Scouting helps build character, confidence, and connection. Studies show scouts perform better in school, develop strong leadership skills, and understand the importance of giving back to their community—all aligned with Jewish teachings.


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### Troop 15: Boys Ages 10.5–17

For nearly 75 years, **Troop 15** has guided Jewish boys in Stamford to grow into confident leaders. Along the way, they master skills like hiking, cooking, biking, swimming—and leadership. Last June, the Troop biked the Cape Cod Rail Trail, one of many exciting adventures!

 Weekly meetings: **Wednesdays, 7:30–9:00 PM at Temple Sinai**

 Connect: [info@Troop15Stamford.com](mailto:info@Troop15Stamford.com)

 Call or text: 917.913.5019

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### Troop 48: Girls Ages 10.5–17

Looking for adventure, friendship, and leadership opportunities for your daughter? **Troop 48** is welcoming new members!

 Meetings: **Mondays, 7:30–9:00 PM at First Methodist Church, 42 Cross St (behind Whole Foods)**

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Scouting is more than camping—it's character-building, skill-growing, and values-living. We hope to see your family this spring!

*Yours in Scouting,*

*Jeff Herz*

*Vice Chair Membership - CYC Saugatuck District*

*e: [jeffrey.herz@gmail.com](mailto:jeffrey.herz@gmail.com)*

*m: (917) 913-5019*

*Like us: <https://www.facebook.com/StamfordBSAouting>*

*Website: <https://www.Stamfordscouting.com>*

## NEW COVENANT CENTER

Threads of Warmth Clothing Collection Drive, sponsored by the Interfaith Social Ministry Collaborative. Please help us collect items for men and women. [Click here](#) for details.

## BREAKTHRU FITNESS

Join us at Breakthru fitness for an empowering Krav Maga class designed to enhance your self-defense skills while building confidence and strength. Krav Maga, known for its practical and effective

techniques, will be taught in a supportive and respectful environment that aligns with our community values. We have classes designed for children and for adults.

Whether you're a beginner or have previous experience, our sessions are tailored to help you progress at your own pace, fostering both physical fitness and personal safety. Don't miss this opportunity to learn valuable skills, connect with fellow members and take a proactive step towards personal empowerment. Visit us at <http://breakthru-fitness.com/> Call today! 203-355-9395.

### ***SILVERSOURCE PERSONAL CARE***

The work and mission of **SilverSource** is to provide a **safety net for seniors in need**, to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need.

We would be grateful if you would join us and participate in our first '**Personal Care Drive**' to collect essentials such as soap, shampoo, toothpaste and more for seniors in need in Stamford. ([Click here](#) for a list of personal care items needed.)

Our 'Personal Care Drive' collection will take place **throughout the month of February 2024**. As a small non-profit where every penny goes towards helping older residents in need, we are hopeful that you might consider supporting this important drive.

To learn more and to join our efforts, please contact our SilverSource Program Manager, Claudia Compagnoni Gibb, at [CCompagnonigibb@silversource.org](mailto:CCompagnonigibb@silversource.org) or (203) 718-5448.

### ***BUILDING ONE COMMUNITY (B1C)***

**CRITICAL VOLUNTEERS NEEDED** B1C has a terrific tutoring program for elementary students but doesn't have enough tutors. 14 volunteers (adults or teenagers) are needed Monday - Thursday from 4:30-5:45pm. The kids speak English, so you do not need to speak another language. Each volunteer works with up to three children.

Please note: Teen volunteers must be 16 years of age or older. Volunteers must be able to commit to a minimum of three consecutive months for at least one session per week. Volunteers must be tech savvy and familiar with how math is currently taught at the elementary school level.

This opportunity has a social / emotional component with the children which includes enrichment activities and homework help.

To volunteer, register on the B1C website at <https://building1community.org/engage/volunteer-form/> and indicate it is for the Homework Club. For questions and information, please contact Margarita Zimmerman, B1C's Volunteer Director, at [mzimmerman@b1c.org](mailto:mzimmerman@b1c.org)

### ***NEW COVENANT HOUSE***

New Covenant House is asking for help to support their food pantry with donations. They provide over 500+ meals daily to the community up from 175 meals per day before Covid. Please click on this link to donate: <https://www.newcovenantcenter.org/springgiving/>.

### ***ISRAELI DANCING***

Prior experience is not required. Please contact Leng at [israelidanceteacher@gmail.com](mailto:israelidanceteacher@gmail.com) or 203-912-4086.

### ***HEBREW CONVERSATION***

**The Hebrew Conversation Group** is the only such program in Connecticut where people can practice and improve their Hebrew in a relaxed and friendly environment. Meetings are on ZOOM, on the 1st and 3rd Sundays, 5-6pm. All levels welcome. Contact [israelisinct@hotmail.com](mailto:israelisinct@hotmail.com) for information.