

BEYOND BURIAL AND SHIVA

The psychological effects of losing a loved one

Sunday, September 15, 2019

7pm-9pm

Temple Beth El

350 Roxbury Road, Stamford

The psychological benefits of
the Jewish mourning process

Sibling relationships before
and after a parent's death

After the shiva: Getting back
to day-to-day activities

Does time ever heal the
pain of a loss?

What do our biblical characters
teach us about loss?

Caring for a parent after the
loss of another parent

Making yahrzeit observances
more meaningful

Dr. David Pelcovitz

Dr. David Pelcovitz holds the Gwendolyn and Joseph Straus Chair in Psychology and Jewish Education at the Azrieli Graduate School of Jewish Education and Administration at Yeshiva University. In addition, Dr. Pelcovitz is an



instructor in pastoral counseling at the Rabbi Isaac Elchanan Theological Seminary. Serving for more than two decades as director of psychology at North Shore University Hospital-NYU School of Medicine and clinical professor of psychology at NYU School of Medicine, Dr. Pelcovitz has consulted extensively with the Jewish community in the United States, Europe and Israel on a wide range of issues facing children and adolescents. Dr. Pelcovitz, who received his PhD from the University of Pennsylvania, has published and lectured extensively on a variety of topics, including coping with trauma and loss.

Sponsored by the Stamford Chevra Kadisha

Co-sponsored by the Chabad of Stamford; Chavurat Aytz Chayim; Congregation Agudath Sholom; Jewish Community Center; Jewish Family Service of Stamford; Temple Beth El; Temple Sinai; United Jewish Federation of Greater Stamford, New Canaan and Darien; Young Israel of Stamford

FREE and open to the entire community

Refreshments will be served.