



Support Groups for Alcohol, Substance Use and Problem Gambling

IF YOU ARE
STRUGGLING OR
NEED TO TALK TO
SOMEONE, CALL
OR TEXT 988

CCAR: <https://ccar.us/events-plugin>

CT AA: <https://ct-aa.org>

CT NA: <https://ctna.org>

Gamblers Anonymous
<https://ctwmaga.org>

Smart Recovery: smartrecovery.org

Youth Recovery CT:
www.youthrecoveryct.org/