

April is Alcohol Awareness Month

National Alcohol Screening Day is
April 7, 2021



#Alcohol

#AlcoholAwarenessMonth

#Recovery

FACT: 14.5 million Americans ages 12 and older had Alcohol Use Disorder (AUD) in 2019. The number includes 9.0 men and 5.5 women.

- 2019 National Survey on Drug Use and Health

Connecticut Resources

CT Department of Mental Health and
Addiction Services
www.ct.gov/DMHAS

24/7 Access Line
1.800.563.4086

CCAR
www.ccar.us

National Resources

Substance Abuse and Mental Health Services
Administration
www.samhsa.gov

National Institute on Alcohol Abuse and
Alcoholism
www.niaaa.gov

Connecticut Clearinghouse Resources

Books

Over the Influence: The Harm Reduction Guide to
Controlling Your Drug and Alcohol Use

The End of Alcohol Addiction: Baclofen, A New
Tool in the Fight Against Alcoholism

Binge Drinking and Alcohol Misuse Among
College Students and Young Adults

Women and Drinking: Preventing Alcohol-Exposed
Pregnancies

Pamphlets

Drinking: What's Normal, What's Not
What You Need to Know About Alcohol

