

# April is Alcohol Awareness Month

National Alcohol Screening Day is  
April 7, 2021



#Alcohol #AlcoholAwarenessMonth #Recovery

**FACT: 14.5 million Americans ages 12 and older had Alcohol Use Disorder (AUD) in 2019. The number includes 9.0 men and 5.5 women.**

- 2019 National Survey on Drug Use and Health

## Connecticut Resources

**CT Department of Mental Health and Addiction Services**  
[www.ct.gov/DMHAS](http://www.ct.gov/DMHAS)

**24/7 Access Line**  
1.800.563.4086

**CCAR**  
[www.ccar.us](http://www.ccar.us)

## National Resources

**Substance Abuse and Mental Health Services Administration**  
[www.samhsa.gov](http://www.samhsa.gov)

**National Institute on Alcohol Abuse and Alcoholism**  
[www.niaaa.gov](http://www.niaaa.gov)

## Connecticut Clearinghouse Resources

### Books

Over the Influence: The Harm Reduction Guide to Controlling Your Drug and Alcohol Use

The End of Alcohol Addiction: Baclofen, A New Tool in the Fight Against Alcoholism

Binge Drinking and Alcohol Misuse Among College Students and Young Adults

Women and Drinking: Preventing Alcohol-Exposed Pregnancies

### Pamphlets

Drinking: What's Normal, What's Not What You Need to Know About Alcohol

