Meet Ashley Sigrest, Ph.D. - Middle School Math (Grades 6, 7, 8)



Mrs. Ashley Sigrest spent 16+ years in Information Technology, before pursuing a career in teaching. Mrs. Sigrest has a Ph.D. in Systems Engineering and experience teaching in Prince William and Goochland Counties.

A former colleague reports that Mrs.
Sigrest has high expectations for children, and she is always willing to put her "best foot forward to do what's best

for kids." As a classroom volunteer and substitute teacher she easily extended learning for higher achievers, but could break down concepts to help students who struggled. She brought about new connections for students and provided students with new opportunities, like learning coding.

About being at All Saints, Mrs. Sigrest says,

"I am excited to teach at a small, faith-based, private school, as I thrive in a family-like community that promotes strong values. I aim to build strong, lasting relationships with my students and their parents, as well as members of the faculty, staff, and administration. My goals as a teacher are to partner with families in order to grow every student, and to impart the understanding that success in math is achieved through hard work and practice, just as it is in sports and music."

Mrs. Sigrest lives on a small farm in Goochland with her husband, three daughters, and lots of animals, including dogs, cats, horses, and chickens. She loves to be active, including tap dancing lessons, biking, walking, and other outdoor activities. The only time she likes to be sedentary is when she can curl up with a good novel.