



the Trinity Trumpet

March 2025

Welcome to Trinity Episcopal Church

Bend, OR

Trinity Hall
469 NW Wall St

St. Helens Hall
231 NW Idaho Ave

Services

8 AM Sunday
Trinity Sanctuary

10 AM Sunday
St. Helens Hall
(and streamed on
YouTube)

12 Noon Thursday
Chapel

Parish Office
(541) 382-5542
admin@trinitybend.org
ministry@trinitybend.org
www.TrinityBend.org

Trumpet Articles
trumpet@trinitybend.org

Meanderings and Musings from Our Rector

Grace and peace, Beloved Community of Trinity.

“To everything turn, turn, turn. There is a season, turn, turn, turn, and a time to every purpose under heaven.” So sang the Byrds back in the day. And so we find ourselves amidst a season of transition, a season of connecting, a season of discovery, a season of reorganization, a season of light and now a season of turn, turn, turning, a.k.a. Lent. And with Lent comes a season of Soup!



As here at Trinity and almost every church or parish where I have served, during Lent we eat soup. (See elsewhere in the Trumpet for more on our Wednesdays in Lent and Soup and Bread Suppers.) And I, for one, enjoy eating soup and trying all of the soups so lovingly prepared during this season. While I suspect the earliest intentions for our Lenten soup fests were that soup was simple and something of a Lenten fast. But even more to the point, for me and I suspect for many of you, I wonder if the practice of eating soup in Lent may have grown to be not only simple and satisfying but a “sacramental experience.”

Albeit less formally a sacrament than the bread and wine of Holy Communion or the waters of Baptism, to call the practice of eating soup a “sacramental experience” is to say that the giving and receiving of soup is an outward and visible sign — an experienced reality — of God’s grace at work in our lives and in the world.

Some of my sacramental experiences of soup include recollections of my mother making Campbell’s Tomato Soup and gooey, grilled cheese sandwiches on a chilly Saturday afternoon.

Another sacramental moment was when I shared a pot of honest-to-goodness fish-head soup on the island of Oahu with an agricultural research crew. The soup was made lovingly by a crusty, old Portuguese farmer whose family had migrated to Hawaii on the whaling boats a generation before him.

(continued on page 2)

Meanderings and Musings from Our Rector (cont.)

(continued from previous page)

Then, there was the sacramental experience of leading a youth group and ladling hot, hearty vegetable soup for the homeless women, men and children at the Soup Kitchen in downtown Little Rock. And there have been myriad sacramental bowls – given and received – of chicken noodle soup with crispy saltine crackers – just the healing balm needed to mend mind, body and spirit in time of need.

Each of these soup experiences was in some way a moment of mercy, a moment of healing, a moment of grace. Each involved both giving and receiving. Each provided venues for community and for giving thanks — communion. Each was a glimpse of the holy and revealed something about who God is and how God works in the world in the here and now. Each proved to be an encounter with the face of Christ in those who served and those being served. Each was indeed a “sacramental experience.”

Even beyond the giving and receiving of soup, there is something so very holy about the vessels which hold the soup — the bowls. Be they ceramic, Styrofoam, industrial, artistic, empty or brimming with sustenance, the bowls are powerful symbols of God’s abundant grace and mercy.

Author David Applebaum, professor at the State University of New York, shared these words in an essay entitled “The Bowl”:

The bowl has the look of waiting. When it is empty, waiting is its perfection, for the bowl was made to hold that which cannot hold itself... All bowls imitate human hand gestures, palm concave and stretched toward a generosity of heaven....

...When full, the bowl is still for waiting.... (The bowl) exemplifies the law of service. One thing serves another that serves a third that, in a round-robin exchange, supports the first.

I am struck by Applebaum’s notion that the bowls, as well as open, upturned hands, are for waiting. They are vessels of servant-hood, instruments of servant ministry. When empty, the bowl, our hands, our lives, are receptivity embodied, brimming with potential, versatility and waiting to discover how they/we might be used by God. When the bowl is full, when our hands are full, when our lives are full, we are still made for waiting, for servanthood, still brimming with potential, waiting for those who are thirsty, those who are empty, to share in the abundance with which we have been so graciously filled, waiting to be emptied that we might be filled again.

Thomas Keating, a Cistercian priest, monk and abbot who teaches Centering Prayer, invites those who pray, rather than holding hands up in the traditional, closed-hand, praying gesture, to lay one’s hands out with palms upturned so as to be receptive to God. He reminds us that a closed hand, a hand that holds on to something else cannot receive anything anew. Instead, one must let go, one must allow one’s hands, one’s mind, one’s heart to be emptied — to be an empty bowl, an empty receptacle brimming with potential — in order to receive, to make room for God’s response. One must be emptied in order to be filled.

May this holy season of Lent and Soup be a season of emptying that we might fill the emptiness of others. By our emptying, by our letting go, may we be filled to the brim.

Shalom!

Elizabeth WJ+

Contact Us

Elizabeth Wheatley-Jones

Rector

(541) 382-5542 (office)

rector@trinitybend.org

Vestry

Adrienne Garrison

Senior Warden

Tom Lowery

Junior Warden

Lauren Thomas

Clerk of the Vestry

Drew Snyder

Treasurer

Vestry Members

- **Robert Anderson**
- **Todd Cary**
- **Rich Cedros**
- **Cody English**
- **Mary Keath**
- **John Lidstrom**
- **Kelly Peterson**
- **Valerie Pharr**
- **Mark Welch**

Senior Warden Column

Adrienne Garrison

Dear Fellow Parishioners,

Lent is upon us! According to Wikipedia, “Lent is the solemn Christian religious observance in the liturgical year in preparation for Easter. It echoes the 40 days Jesus spent fasting in the desert and enduring temptation by Satan, according to the Gospels of Matthew, Mark and Luke, before beginning his public ministry.”

This issue of the Trumpet offers you information on lots of ways you can observe Lent independently, within our local church community and in joining with the wider church community.



I grew up in the Roman Catholic Tradition in the 1960s when Lent was largely about fasting and denying oneself the pleasures of life (We all had a list of what we were “giving up” for Lent) that mirrored Jesus fasting in the desert. It was a solemn time. I remember how relieved I was as a child at the closing of the Good Friday service as, to me, that meant Lent was over and life could continue as normal. It felt like you had been holding your breath for 40 days!

At this point in my life, I like to observe Lent in a more enduring and positive light, in the sense of doing for others as Jesus was preparing to do in the desert. I like to reach out, not necessarily denying myself my personal pleasures (although giving up chocolate could have a very positive outcome on my waistline!), but offering myself to do work that perhaps I wouldn’t ordinarily be involved in or be comfortable with. By doing this, I still put myself in a position of denying myself some comfort, but my effort hopefully comes to some positive end, not just for myself, but for others.

So, I encourage you to think about how you can reach out to do some work in our church community or our local community that might deny you some comfort, but will provide for goodness for someone or some organization that needs help, and you may, in the process, learn something new about yourself that will be lasting and fruitful!

I also want to share with you that our Vestry is hard at work addressing the needs and concerns of our community.

- We are taking on new efforts toward our Christian formation and liturgies and will be inviting parishioners to join us in these endeavors.

(continued on next page)

(continued from Page 3)

Needs and concerns of our community — continued

- We are looking at our buildings and grounds, both from a maintenance and an improvement angle, to see how we can continue to make our facilities the most useful to us as a congregation as well as to those from the community who utilize our space.
- And, we are looking to re-invigorate our Outreach efforts which we will soon be inviting you to help us look at.

Please do not hesitate to talk to me, Tom Lowery, our Junior Warden, or any of the Vestry members should you have any questions. We are here for you!

Blessings!

Adrienne

Junior Warden's Report

Tom Lowery

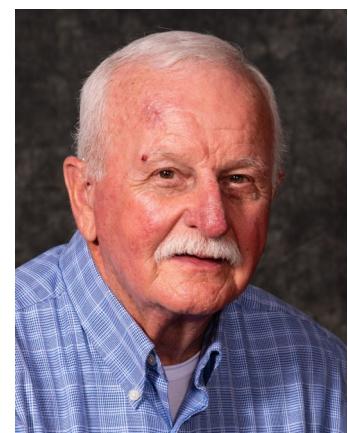
According to the Canons, the Junior Warden is responsible for the buildings and grounds of the church. The person is elected by the Vestry to serve as the People's Warden.

I have served in the past as Junior Warden in my prior church and here at Trinity. Experience can serve as a blessing and as a negative. Each parish has a different congregation, Vestry, and Clergy. Expectations can vary in each combination.

Presently I am in the process of learning what the expectations and needs are of all three groups. I am trying to blend my past experiences with the needs and expectations of each group. I do not want to overstep boundaries or underperform in the areas of needs.

My personal goals are to do whatever is necessary to support Trinity in the following areas:

- Support Elizabeth WJ+ in her ministry and her journey.
- Promote Christianity and the Episcopal faith through Trinity.
- Support and encourage young families.
- Support the youth of our community.
- Reach out to those in need in all possible forms.



I pray for your support, patience and the Lord's guidance in my position of Junior Warden.

Faithfully submitted, God Bless,

Tom Lowery



“Telling our Story: Where have we been and where do we go from here?” As my friend the Rt. Rev. Kee Sloan wrote: “Every time I learn this, the truer it gets: We can only live our lives looking ahead, and we can only understand them looking back.”

Let us gather for **Wednesdays in Lent at 5:30 PM in Brooks Hall for Soup and Bread supper*** followed by a time of “story-telling” and weaving our stories together as we look to the future. Each Wednesday will close with a variation of Compline or Prayers for the Evening.

***We are seeking Soup and Bread providers AND kitchen helpers. Sign up on the bulletin board outside the parish office or contact Meg Walsh, our Lenten Soup Supper coordinator.**



Shrove Tuesday Pancake Supper March 4th at 5:30 PM in Brooks Hall

Wherever food and friends gather on this day, it is a time for merriment and good cheer. We hope you'll join the good cheer here at Trinity.

The Men's Group is doing the cooking again this year. In addition to the usual butter and syrup, we will have a smorgasbord of toppings including blueberry and strawberry compote, chocolate chips, peanut butter and whip cream. For dessert we'll have ice cream with the same toppings. Plus, we will enjoy some pancake games and activities!

THEN, at 6:30 PM, we will burn last year's Palms to make ashes AND have a special, simple “Eve of Ash Wednesday” service for children and families who will not be able to make it back for our Ash Wednesday services.

All Shrove Tuesday donations will go to the K.I.D.S. ministry.

Enter a Holy Lent: Ash Wednesday, March 5th

- **7 – 9 AM Ashes-to-Go on Wall Street***
- **Noon Holy Eucharist with Imposition of Ashes with Bend UMC, Nativity Lutheran and Grace Lutheran at TRINITY**
- **6 PM Holy Eucharist with Imposition of Ashes at TRINITY**

“Ashes-to-Go” is an offering of prayers and the Imposition of Ashes with passersby who desire a deeper connection with God through this simple, yet meaningful, Ash Wednesday offering. This going offering of Trinity, Bend UMC, and Storydwellers is for anyone who may not be attending a service at church, or may have no affiliation to any church.

Adult Forum — A Journey thru the Catechism: March 9th, 9 AM

Much like an Inquirer's or Confirmation Class, we are offering "A Journey thru the Catechism" for all who were recently confirmed or received and all who want to refresh and dig more deeply into what it means to walk along the Way in and through the Episcopal Church. We will explore the History of the Judeo-Christian tradition, the development of the Anglican and Episcopal Churches, the way we read Holy Scripture, the ins and outs of the Book of Common Prayer and various aspects of the church, our Anglican tradition and this holy journey.

Classes will begin on March 9th and continue through March and much of April. Watch weekly announcements for more details. Contact: Elizabeth WJ+.



Catechism

Making a Difference with L.O.V. — March 9th, 2-4 PM

Betsy Warriner



How can we help in these challenging times?

Sunday, March 9th from 2 to 4 PM

Brooks Hall

Many of us are struggling with how to respond in a climate where marginalized groups in our community and across the nation are being targeted and threatened. We want to be allies, but we often don't know where to begin.

Join members of the LOV — Latine Opportunities Visioning — group with Elizabeth WJ+ and other community clergy, as we learn, share, and explore the role of the church and individuals in supporting our neighbors. All voices are welcome!

Prayer Shawl Ministries — March 12th, 10 AM

Gaye Lawson

Hopefully, we will have some warmer weather this month and a lot less snow. The Prayer Shawl Ministries group will meet on Wednesday, March 12 at 10 AM in the Trinity Library to resume our conversation, camaraderie and projects.

You are all doing a great job, and the accumulation of prayer shawls is growing. Be aware for those who have not come to our group, everyone is welcome. We will help you with your project and support you as you make your way toward completion.

I hope to see you all in March.



Women's Group Meeting — March 15th, 11 AM-1 PM

Meg Walsh

The next Trinity Women's Group meeting will take place on Saturday, March 15th from 11 AM to 1 PM in Brooks Hall.

All women are welcome, and childcare will be provided! We meet approximately every other month for fellowship, interesting programs, planning for outreach and supporting one another.

We will begin the meeting with time for fellowship followed by lunch and announcements. We will also be providing materials for everyone to participate in a Lenten/mindfulness activity.

The menu for lunch will be a potato bar and dessert. The baked potatoes will be provided. Favorite toppings, desserts and drinks will be provided by attendees.



Please R.S.V.P. to Myra Wilson and let her know what you would like to bring. Examples of toppings are: salsa, shredded cheese, chili, sour cream, chives, etc.

Set-up (arrive at 10:30 AM) and clean-up crews are also needed. Feel free to sign up for one of these tasks in addition to or in lieu of bringing something.

Looking forward to seeing everyone on Saturday, March 15th!



good company. Bring your favorite soup, breads and/or child-friendly sandwiches to share or simply come ready to enjoy the bounty of our community.

After our meal, we will engage in our Lenten Storytelling Experience and then transition into a family-friendly service. Expect stories, songs and moments of reflection that will resonate with both young and old. Come hungry, come as you are, and come ready to reflect and participate in community!

Reminder: "Family" means any and all of our Parish Family who desire a brief, midweek, evening service with a creative flair, child-friendly music and interactive homily and responses. ALSO, choir members are encouraged to come to any part of the evening prior to choir practice.

Soup's On: March Family Potluck and Service

Mark your calendars! **Wednesday, March 19th at 5:30 PM** is our March Family Potluck and Service — a delightful blend of delicious food, heartfelt worship, and community connection.

(Note: the change of starting time — this is a special time due to being in Lent.)

This month, as we walk through the Lenten season, we're embracing the simplicity of our Soup and Bread Suppers in Brooks Hall. Think warm, comforting soups, crusty bread, and



Saturday Morning Brunch ... Hope you can come! March 29th

To benefit our help to the children of Condega, Nicaragua, the Condega Team will be preparing a delicious brunch to start your Saturday off right.

We'll serve mimosas and a variety of yummy brunch specialties including dessert.

Please contact Genie McBurnett for information and to sign up!

Saturday, March 29th 11 AM in Brooks Hall

\$30 per person 15 spots



March K.I.O.S. Update

Adrienne Garrison



We are thinking about Summer Camp! It is that time of year when our partner organizations are selecting children who will be good camp candidates.

Last year we sent 50 children to camp at Cove, through your generous donations, the remaining monies from our COVID grant and our fundraising in the community. We would like to send another 50 children to camp this summer.

In an effort to be fiscally responsible and realistic, as our COVID monies have run out, in February we began providing smaller per-child grants for after school and local summer activities, reducing the grants from a maximum of \$250 per child to \$150 per child.

We have set aside enough money right now to fully fund 20 children for summer camp. We hope our K.I.D.S. month in May, including our **On Tap Fundraiser on Friday, June 6th** and other fundraising endeavors we are embarking upon will help us come closer to our goal.

Some of these endeavors include days at local eating establishments where a portion of the overall income for the day will be donated to K.I.D.S. (We'll let you know soon when and where!), the dog-sitting efforts of one of our committee members and possibly getting some sponsorship from local businesses. We are also looking into some grant funding opportunities.

If anyone in the Trinity Community would like to join our committee and/or share fundraising ideas, we would be delighted to hear from you! Let's keep serving as many kids as we can!

For more information, contact *Celine Burke* or *Adrienne Garrison*. Contact information is available in the church directory.



The dates are set for this year's trip to Condega, Nicaragua. We will leave Portland for Managua on Wednesday, April 2nd and return to Portland on Saturday, April 12th. With this schedule we will have to spend the evening of April 1st in Portland and again on the evening of April 12th.

It's not too late to sign on for this life-changing experience. Perhaps a little detail on the trip might ease your mind about travel to Nicaragua.

The flight to Managua takes a little over 13 hours. Once we arrive at the Augusto Sandino Airport, and get through customs, we cross the street to the Las Mercedes Best Western Hotel. After a restful night's sleep we are treated to an excellent complimentary breakfast. Around noon Nola and Will, our driver, arrive to take us to Condega.

The five-hour drive from Managua to Condega is instructive in and of itself. Much of life in Nicaragua takes place on the streets. From your van window you will see what daily life is like in Nicaragua. You'll likely see a vender holding an iguana by the tail encouraging passerby's to purchase their dinner. You'll definitely see people riding in bicycle taxis right on the Pan American Highway and so much more.

While in Condega Nola has a daily schedule prepared for us. Each morning we start with a breakfast/meeting before taking off for the day's activities. We usually meet with the mayor before visiting the projects we sponsored the previous year. This means visiting a number of different schools and the hospital. We always pay special attention to the deaf program we support. In addition to visiting the deaf children at the Roberto Clark Special Need School we sponsor a lunch for the deaf students, their parents and teachers. Each year Nola has a list of projects she, and local officials, want us to visit and consider sponsoring. For first-time travelers we often go to Ducuale Grande pottery works or up to a mountain coffee farm.

This year, after five full days in Condega, we will travel south to spend two nights in Granada. On the way we will likely stop at the Masaya market place or the Masaya Volcano National Park. Granada is a lovely old colonial city on the shores of Lake Nicaragua. On April 11th we will return to the Las Mercedes Hotel and fly out of Managua the next day.

Again, it's not too late to join us on this amazing travel experience. Ginger Sanders and Rick are experienced Nicaraguan travelers and will gladly answer any of your questions. You can also contact Rick at negus@bendbroadband.com



2025 Spring/Summer
Trinity Episcopal Church Parish Hiking Group and Lunch
Saturday, April 19
10:00 AM

We are pleased to extend a special invitation to you and your family, as this year marks the first time children are welcome to join our Parish Hiking Group event! It's a perfect chance for families to bond, explore the great outdoors, and create cherished memories together. Whether it's a child's first trail experience, an opportunity for families to enjoy nature side by side, or adults connecting or reconnecting, this event offers the possibility for meaningful interactions and shared experiences.

Event Details



Join us at the Shevlin Park Trailhead (18920 NW Shevlin Park Rd, Bend, OR 97701) for a day filled with togetherness and rejuvenation. Our 90-minute walk through Shevlin Park showcases Mother Nature at her finest and offers an opportunity to engage with fellow community members in a healthy outdoor setting.

Remember to wear your comfiest walking shoes and bring your sense of adventure. For more information about the park, visit www.bendparksandrec.org/park/shevlin_park/.

After our hike, we'll gather for a meal at Bangers and Brews - Westside (1288 SW Simpson Ave., Ste. A, Bend, OR 97702). Here you will enjoy the world's best or any but ordinary hot dogs, perfect for a post-walk feast.

Why Participate?

Engaging with nature and others offers tremendous benefits for both body and soul. Walking nurtures the spirit and strengthens community bonds. As an African proverb wisely states, "If you want to go fast, go alone. If you want to go far, go together."

RSVP Today for an Exciting Day of Adventure and Community!

Let's embark on this journey together, enriching our minds, bodies, and spirits. Please RSVP soon to ensure your spot by signing up or by contacting Valerie K Pharr at valeriekpharr@gmail.com or call/text 458-206-9792. We are looking forward to this opportunity to welcome spring with you in this shared outdoor adventure!



When someone has died, it takes a Trinity “village” to provide welcoming and gracious space and support to their family and friends. This starts with greeting and guiding them into Trinity for a Service. And it continues after the Service through preparing and serving good things to eat while creating a space and time to remember and celebrate. The final task is restoring Brooks Hall for its next use.

Jane Davis and Genie McBurnett are coordinating a team to do those things. Being part of this team would mean taking part in one or more of these areas when your schedule permits. We would contact you when a Service is planned to ask if your schedule supports helping at the time.

Please contact Genie to let us know if you would like to help and in which areas:

- Setting up and greeting
- Food (i.e. cookies, crackers, tea sandwiches)
- Hosting and clean-up

Jane and Genie

Red Door Marketplace

Beth Ellis

It's time to get stitching, crafting, baking, sawing, or whatever creative skill you have for making things for the 2025 Red Door Marketplace! The Red Door Marketplace is a hand crafts and bake sale, open to the community, that raises money for Trinity outreach. The sale will be held the Saturday before Thanksgiving, November 22.

Volunteers are needed for the 2025 Marketplace. How can you help?

- a chair and co-chair are needed for the event
- sew, knit, crochet or weave items for the sale
- make crafts
- woodworking projects
- can jams and jellies
- provide baked goods
- sort through your storage boxes and donate gently used Christmas items



Look for an information and “I will help by _____” sign-up table at Sunday coffee hours during the month of March. Thank you for your interest and support of the 2025 Red Door Marketplace!

If you have questions and/or would like to sign-up to help, please contact Beth Ellis, or Silvie DeKalb.



Reconnect with nature and rediscover the joy of camp at the Trinity Family Retreat!

Calling all adventurers, nature lovers, and s'more enthusiasts!

Dust off your hiking boots and get ready for a weekend of fun, faith, and family at the beautiful United Methodist Camp at Suttle Lake, June 27-29, just a short drive from Trinity.

Here's what awaits you at the Trinity Family Retreat:

- **Unplug and unwind** in the fresh mountain air surrounded by stunning scenery.
- **Reconnect with your loved ones** through shared activities, campfires, and delicious meals (including potlucks!).
- **Deepen your faith** through spiritual development opportunities for all ages.
- **Create lasting memories** that will be cherished for years to come.

Whether you're a seasoned camper or a first-timer, there's something for everyone at the Trinity Family Retreat.

- Lodging and meals included in the registration fee. See link below for full pricing details.
- **Don't let cost hold you back!** We offer scholarship opportunities to ensure everyone can join the fun. Please contact Elizabeth WJ+ (rector@trinitybend.org) or call the church office.
- Ready to embark on this unforgettable adventure? Register today using the link below or scan the QR Code.

We can't wait to see you there!

P.S. Have questions? Reach out to John Lidstrom at FamilyMinistry@trinitybend.org.

Link bit.ly/FamilyRetreat25 QR Code



March 2025 — Ushers Schedule

Date	Time	Ushers
3/2	8AM	Tom and Barbara Lowery
	10AM	Ken and Joan Wellman
3/9	8AM	Jane and Less Davis
	10AM	Stewart Silva David Depew
3/16	8AM	Jeanne Merritt Family
	10AM	Sue and Drew Snyder
3/23	8AM	Frank and Stephanie Wood
	10AM	Rich and Lorraine Cedros
3/30	8AM	Sylvia DeKalb
	10AM	Rick and Sandy Negus

March Birthdays

1	Maria Wattier	8	Analiese Rial	15	Hayden Price	19	Charlotte Wang Fratto
3	Carol Hastings	9	Cathy Bowen	16	Isabelle Thompson-Ball	22	Connie Holmer
3	Robert Selder	10	Karol Wagner	16	John Jones	24	Susan Mondry
4	Cindy Roach	11	Helene Lulich	17	Pat Schauer	28	Cheryl McAdams
6	Ethan Wang	12	Willard Knobel	18	Gilbert Walker	29	Sarah Irby
6	Stewart Silva	14	Carol Hunt	18	Sonia Jager	29	Joan Roberts

March 2025 — Lectors and Eucharistic Ministers Schedule

Date	Time	First Reader	Epistle Reader	Prayers of the People	Eucharistic Ministers
3/2	8AM	Linda Phillips	Suzanne Brady	Jonathan Taylor	Jonathan Taylor
	10AM	Bet Hannon	Robin Pirie	Cathie Price	Cathie Price Hayden Price (NV)
3/9	8AM	Loretta Slepikas	Kake Huck	Lauren Thomas	Lauren Thomas
	10AM	Gretchen Jackson	Cody English	Janet Schweizer	Janet Schweizer Peggy Ziegler (NV)
3/16	8AM	Ben Haag	Jeanne Merritt	Joan Wellman	Joan Wellman
	10AM	Krystal Milazzo	Arlene Ullman	John Lidstrom	John Lidstrom Joan Wellman (NV)
3/23	8AM	Jane Davis	Stephanie Wood	Les Davis	Les Davis
	10AM	Deby Welch	Steve Welbourn	Peggy Ziegler	Peggy Ziegler Connie McCracken (NV)
3/30	8AM	Milree Latimer	Ben Haag	Jonathan Taylor	Jonathan Taylor
	10AM	Judy Warren	Ellie Babbit	Cathie Price	Cathie Price Hayden Price (NV)

MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9am Altar Guild
2 8am Holy Eucharist 10am Godly Play 10am Holy Eucharist 11:15am Coffee Hour	3 1:30pm Centering Prayer	4 8:30am Tuesday Gang (Zoom) 5:30pm Shrove Tuesday Pancake Supper 6:30pm Eve of Ash Wednesday service	5 10AM Bend Senior Support 10am Buildings and Grounds 12pm Holy Eucharist 6pm Holy Eucharist 7pm Choir Rehearsal	6 12pm Midweek Eucharist 5:30pm Taizé Group	7	8 9am Altar Guild
9 8am Holy Eucharist 9am Forum — Catechism 10am Godly Play 10am Holy Eucharist 11:15am Coffee Hour	10 1:30pm Centering Prayer	11 8:30am Tuesday Gang (Zoom) 1pm Memories Ministry	12 10AM Bend Senior Support 10am Prayer Shawl Ministry 5:30pm Soup and Stories 7pm Choir Rehearsal	13 12pm Midweek Eucharist 2pm Finance Committee (Zoom)	14	15 9am Altar Guild 11am Women's Group Trumpet articles due
16 8am Holy Eucharist 9am Forum — Catechism 10am Godly Play 10am Holy Eucharist 11:15am Coffee Hour	17 1:30pm Centering Prayer	18 8:30am Tuesday Gang (Zoom) 6pm Vestry	19 10AM Bend Senior Support 10am Pastoral Care 5:30pm Family Service and Potluck 7pm Choir Rehearsal	20 12pm Midweek Eucharist	21	22 8:30am Men's Breakfast 9am Altar Guild
23 8am Holy Eucharist 9am Forum — Catechism 10am Godly Play 10am Holy Eucharist 11:15am Coffee Hour	24 1:30pm Centering Prayer	25 8:30am Tuesday Gang (Zoom)	26 10AM Bend Senior Support 5:30pm Soup and Stories 7pm Choir Rehearsal	27 10AM K.I.D.S. Team 12pm Midweek Eucharist	28	29 9am Altar Guild 11am Condega Brunch
30 8am Holy Eucharist 9am Forum — Catechism 10am Godly Play 10am Holy Eucharist 11:15am Coffee Hour	31 1:30pm Centering Prayer					

Trinity Episcopal Church
469 NW Wall Street
Bend, Oregon 97703

Return Service Requested

Non-Profit Org.
U. S. Postage
PAID
Permit No. 105
Bend, OR