

ASB PRESIDENT, JOCELYN SALA'S ADDRESS AND TIPS TO INCOMING FRESHMEN

As a graduating senior of Garces Memorial, I am deeply grateful for the opportunity to share a glimpse of my journey with you, as you prepare to embark on your own adventure at this remarkable institution.

Garces has become my home—the home where I met my best friends, where I strengthened my education and faith, and most importantly, the home where I was able to flourish and start the journey of becoming the best version of myself. There is something for everyone here at Garces. With over 20 clubs, 40 sports teams, music and the arts, I assure that you too will find Garces to be your home. I was honored to be a part of the Division I tennis team, the Hispanic/Latino Culture Club, student government, and so many other fundamental opportunities Garces provides. Garces has instilled in me the values of hard work and the idea, that is, to *always believe in yourself*. What separates Garces from other highschools is the feeling of family, generated from the students, teachers, and staff. I have created so many amazing memories during my time here at Garces that I will cherish forever. This is only the beginning for you all.

Now that I've taken a moment to share my own personal journey with you, I would like to pass along some invaluable tips from my classmates, who will soon be bidding farewell to Garces in just a couple of short months. They graciously offer their insights and advice to you, class of 2028.

10 TIPS FOR THE CLASS OF 2028

1. **Get Involved:** Join clubs, sports teams, or extracurricular activities that interest you. It's a great way to make friends, explore your passions, and develop new skills.
2. **Manage Your Time:** High school can be demanding, so it's important to prioritize your responsibilities. Use a planner and download our school digital calendar to keep track of assignments, tests, and extracurricular activities.
3. **Build Relationships:** Take the time to get to know your teachers, classmates, and school staff. Building positive relationships can make your high school experience more enjoyable and can provide valuable support when you need it.
4. **Seek Help When Needed:** Don't be afraid to ask for help if you're struggling academically or personally. Your teachers, counselors, and administrators are there to support you and want to see you succeed. Our enrichment period is the best!
5. **Stay Organized:** Keep your locker, backpack, and study space organized to help you stay focused and on top of your responsibilities.
6. **Set Goals:** Set both short-term and long-term goals for yourself academically and personally. Having goals can help motivate you and give you a sense of direction.
7. **Take Care of Yourself:** Make sure to prioritize self-care by getting enough sleep, eating healthily, exercising regularly, and managing stress in healthy ways.

8. **Embrace Challenges:** High school is a time for growth and learning, so don't be afraid to step out of your comfort zone and take on new challenges.

9. **Be Respectful:** Treat everyone in the school community with kindness, respect, and compassion, regardless of differences in background or beliefs.

10. **And Finally... Enjoy the Experience:** High school can be a memorable and formative time in your life, so make the most of it by embracing new experiences, learning opportunities, and friendships.

VICTORY BELL- BRANDON ANTONGIOVANNI

The Garces Victory Bell made its debut in 1952, mounted on a wooden stand on the sidelines at home football games. In the early 1960s, Eagleson Bodyworks donated its trailer, and for several decades, it rang at games all over the valley, accompanied by the singing of our Alma Mater. Traditionally, the bell is rung once for each point scored. Its busiest night ever at Sam Tobias Field came after the 1999 Paraclete game when it was rung 62 times!

Today, each of you will have the opportunity to ring the victory bell, symbolizing your initiation into the Garces Memorial community, marking the beginning of your journey as part of our school's legacy. It instills a sense of pride and belonging while welcoming you into our tradition of celebrating achievements, both big and small.