



\* Contains Eggs







## October 2022

## 6th-12th Grade

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

|                        | Monday                         | Tuesday                        | Wednesday                      | Thursday                        | Friday                            |
|------------------------|--------------------------------|--------------------------------|--------------------------------|---------------------------------|-----------------------------------|
|                        | 3                              | 4                              | 5                              | 6                               | 7                                 |
| ₩www.up                | Smothered Pork Chops           | Mini Chicken Tacos             | Country Fried Steak            | Southern Fried Chicken          | Pasta Day                         |
| WILDCAT CAFE Hot Lunch | Roasted Potatoes               | Mexican Corn/Queso Cheese      | Mashed Potatoes/Gravy          | Yellow Rice / Black Eyed Peas   | Italian Meatball Marinara         |
|                        | Carrots/Fresh Baked Roll       | Black Beans/Refried Beans      | Corn Nuggets/Garden Peas/Roll  | Collard Greens/Corn Bread       | Penne' Pasta/Veggies/Bread Sticks |
| GRILLE Daily           | Chicken Tenders / Cheeseburger  | Chicken Tenders / Cheeseburger    |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
| GRILLE Special         | Grilled Chicken on Bun         | Spicey Chicken on Bun          | Hot Wings                      | Fish on Bun                     | Papa John's Pizza                 |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | Papa John's Pizza French Fries    |
|                        | 10                             |                                |                                | 13                              | 14                                |
| WILDCAT Hot Lunch      |                                | Beef or Chicken Tacos          | Spaghetti with                 | Southern Fried Fish             | Pasta Day                         |
|                        | <b>○</b>                       | Mexican Corn/Queso Cheese      | Homemade Meat Sauce            | Macaroni and Cheese             | Home Baked Lasagna*               |
|                        | COLUMBUS                       | Black Beans/Refried Beans      | Green Garden Peas/Garlic Bread | Vegetable Blend/Hushpuppies     | Italian Vegetables/Break Stick    |
| GRILLE Daily           | DAY                            | Chicken Tenders / Cheeseburger | Chicken Tenders / Cheeseburger | Chicken Tenders / Cheeseburger  | Chicken Tenders / Cheeseburger    |
|                        | ****                           | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
| GRILLE Special         |                                | Spicey Chicken on Bun          | Cheese Sticks                  | Corn Dog*                       | Papa John's Pizza                 |
|                        |                                | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
|                        | 17                             | 18                             | 19                             | 20                              | 21                                |
| WILDCAT Hot Lunch      | Sweet & Sour Chicken           | Chicken Crispitos              | Homebaked Meatloaf *           | Southern Fried Chicken          | Pasta Day                         |
|                        | Fried Rice*                    | Mexican Corn/Queso Cheese      | Mashed Potatoes/Gravy          | Au gratin Potatoes              | Chicken Spaghetti                 |
|                        | Egg Rolls/Stir Fry Vegetables  | Black Beans/Refried Beans      | Sugar Snap Peas/Roll           | Broccoli/Corn Bread             | Garden Vegetables/Bread Stick     |
| GRILLE Daily           | Chicken Tenders / Cheeseburger  | Chicken Tenders / Cheeseburger    |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
| GRILLE Special         | Grilled Chicken on Bun         | Spicey Chicken on Bun          | Hot Wings                      | Fish on Bun                     | Papa John's Pizza                 |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
|                        | 24                             | 25                             | 26                             | 27                              | 28                                |
| Hot Lunch              | Baked Chicken                  | Beef of Chicken Tacos          | Chicken & Dumplings            | Southern Fried Fish             | Pasta Day                         |
|                        | Cornbread Dressing             | Mexican Rice/Queso             | Green Beans                    | Macaroni and Cheese             | Grilled Chicken Alfredo           |
|                        | Baby Carrots / Roll            | Black Beans/Refried Beans      | Buttered Roll                  | Vegetable Blend/Hushpuppies     | Italian Veggies/Bread Sticks      |
| GRILLE Daily           | Chicken Tenders / Cheeseburger  | Chicken Tenders / Cheeseburger    |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
| GRILLE Special         | Grilled Chicken on Bun         | Spicey Chicken on Bun          | Cheese Sticks                  | Corn Dog*                       | Papa John's Pizza                 |
|                        | French Fries                   | French Fries                   | French Fries                   | French Fries                    | French Fries                      |
|                        | 31                             |                                |                                |                                 |                                   |
| WILDCAT Hot Lunch      | Salisbury Steak                |                                |                                |                                 |                                   |
|                        | Mashed Potatoes/Gravy          |                                |                                |                                 |                                   |
|                        | Vegetable Blend/Roll           |                                |                                |                                 |                                   |
| GRILLE Daily           | Chicken Tenders / Cheeseburger |                                |                                |                                 |                                   |
|                        | French Fries                   |                                |                                |                                 |                                   |
|                        | Grilled Chicken on Bun         |                                |                                |                                 |                                   |
| GRILLE Special         | French Fries                   |                                |                                |                                 |                                   |
|                        | ı                              | * Cantaina Fara                |                                | MACAULUS CURUSCE TO CUANCE WITH |                                   |