

## Health

The Commonwealth of Virginia requires the School to have current medical and health forms for each student. Students may not attend classes unless Green Hedges has current health forms on file.

Current medical and emergency information forms must be received by the School no later than the first day of each school year. Forms should be mailed to the School or turned in to the receptionist.

Green Hedges updates files and prepares a list of students with allergies, special medications, special diets, and other emergency information at the outset of each year. The list is distributed to each teacher and the After School Program Coordinator. It is imperative that this information be up-to-date and accurate. The Communication and Health History Form kept on file in the receptionist's office must be updated if a student's health or the emergency contact information changes during the school year.

Parents must inform the School of all contagious conditions affecting their child(ren). Students with highly contagious viruses such as a strep infection, chicken pox, or conjunctivitis, as well as lice and fifth disease, may not attend school.

If a student expresses physical discomfort at home, he/she must not come to school. If a student becomes ill at school, a parent or designated person will be contacted to take the student home. A child with a fever, defined by Fairfax County as a temperature greater than 100°F, must not attend school until the child is fever free, unmedicated, for at least 24 hours. **Under no circumstances may a student keep any medication of any kind on his/her person, in a backpack, or stored in a locker (with the possible exception of an inhaler or Epipen).**

If it is necessary for a student to take medication while at school, the parent or

guardian must deliver the medication to the receptionist with a completed MAT Medication Consent Form (distributed in the summer mailing and in the Parent Portal on the School's website and from the Receptionist).

Medication must be provided in the original container clearly identifying the student, the medication, and the date of delivery. The MAT Written Medication Consent Form must be signed by a parent or legal guardian and the prescribing physician.

Medication will be kept, with a dispensing log, in a locked area in the Receptionist's office.

The Receptionist will log each administration of medication.

Parents are responsible for making certain that the medications kept at school are routinely stocked and within the expiration date.

All medications will be returned to the parents at the end of the school year.

Students who suffer from asthma or who are highly allergic may carry inhalers or Epipens with them provided that **written permission** is on file with the Receptionist and homeroom teacher. **The permission form must be signed by a parent or legal guardian and the prescribing physician**, and indicate that the student is able to determine his/her own need to use the inhaler or Epipen.

## Lunch, Snacks, & Food Allergies

All students bring lunch and healthy morning snacks to school and may participate in the lunch program sponsored by the PA. Montessori students share a snack provided by parents and arranged by the teachers. Lists of food