

Curiosity Questions for Building Personal Connection

Shared Contributions: Teresa LaSala and Multiple Social Emotional Providers
Compiled by: Teresa LaSala, Co-founder-Positive Discipline New Jersey

*Tone is Important.
Interest and caring must be expressed through tone.*

- What do you appreciate about this time we are in?
- What do you miss about this time we are in?
- What is one thing your family is doing to help each other out?
- What is one thing your family does for fun?
- On a scale of 1-7, how would you rate how we connect in our virtual classroom/staff meetings?
- How can we improve our connection and/or collaboration?
- What was your highlight of the past week/month?
- Have you had a funny experience since our last meeting that you would like to share?
- What is your biggest fear?
- What are three things you are feeling grateful for today?
- Which accomplishment are you most proud of?
- What can I do to make you feel more appreciated?
- Who was your silent hero last week/month?
- What was one nice thing you did for someone today/this week?
- What do you like the most about yourself?
- What is the most embarrassing thing you do?
- What is your earliest memory?
- How are you feeling today?
- What vice could you never give up?
- Sum up your morning in a single word.
- What made you laugh today?
- What has made you feel embarrassed lately?
- Which flavor of ice cream best represents you?
- Would you rather fight 10 duck-sized horses, or 1 horse-sized duck?
- What comes to mind when you hear the word 'disinterested'?
- Would you rather speak all languages or speak to animals?

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- Who do you wish would run for President?
- If you were an animal, which animal would you be?
- What is the best pizza topping?
- What is the most challenging thing about being a member of your family?
- Can you tell us the best thing about being a part of your family?
- If you could visit any country in the world, where would you go and why?
- If you had a million dollars, what would you spend it on?
- Would you ever get a tattoo? Color your hair? Get a piercing?
- Do you hope to be a parent someday? How many children do you want?
- How do you think the world will be different when you are an adult?
- What is one thing you hope to change in the world?
- What makes someone a good friend? (Or, a bad friend?)
- Who at your school would you like to get to know better?
- Tell me about someone who made you feel special. What did they do or say?
- Do you know anyone in our/your school who is being treated badly? How do you think they are feeling right now?
- How are your friends' families different from yours?
- Which of your friends do you admire most? And, why?
- Is it ever okay to lie? (Explore other ethical quandaries like this — our kids love to play judge!)
- What is your life motto? Or, make one up if you do not have one!
- What is your favorite family tradition?
- What is one thing you would change about your home?
- What is the one item from home you would put into a time capsule, and why?