



# UNDERSTANDING COGNITIVE LOSS:

## Basics for Family Caregivers

***Do you care for an older family member or a close friend who shows cognitive changes?***

Join us for a 2-hour virtual class to talk about cognitive impairment in older adults and its impact on their care partners.

Explore some facts and fallacies about dementia and learn some tips and strategies to communicate more effectively with a person with cognitive impairment.



**MARCH 3rd, 2022, 3:00-5:00 PM, Zoom**

Click to [register](#) or call

**207-396-6571** and leave your name and phone number