

What to Expect from Menopause:

Before, During, and After:
Sex, Nutrition, Health, Heredity, and Judaism

Thursday, February 26, 7:30 pm at WRT

If you are a woman or know a woman, you should not miss this program!



RSVPs are highly encouraged!



Join WRT member, psychotherapist, and author of *Millennial Menopause*, Lauren Tetenbaum, for a conversation with a panel of women's health experts moderated by Cantor Amanda Kleinman.



Dr. Susan Klugman, Director, Reproductive and Medical Genetics, and President of the American College of Medical Genetics



Rebecca Blake, MS, RD, CDN, Nutrition Expert, including hormonal health and menopause



Dr. Adrienne Mandelberger, Gynecologist focused on menopausal care



Melissa Ferrara, NP, National Speaker and Treatment provider on Women's Sexual Health, and treatment provider for hormonal concerns relating to perimenopause and menopause

A special thank you to the host committee:

Beth Altschuler, Lisa Eisenstein, Courtney Engel Joan Frankle, Lori Gertzog, Alice Gorelick, Drew Kramer, Carole Princer Levy, Mimi Rocah, Julie Schnur

Also be sure to join us for Repro Shabbat on February 13 here at WRT!



For more information, please contact 914-723-7727.