HELP UKRAINIAN REFUGEES!

 Meest is an organization collecting donations for the Ukrainian refugees.  If you are able, drop off any of the items listed below into the bin by March 31rst.  The items will be dropped off to the Ukrainian American Cultural center in Whippany <https://uaccnj.org/>  and shipped through Meest.

The Meest organization is shipping these items approximately every other day to the refugees so please help if you can:

Clothes for all ages

Brand New Underwear for all ages

Body wash

Shampoo

Soap

Toothpaste

Toothbrushes

Diapers for the elderly and young

Feminine hygiene products

Wet wipes

Microfiber towels

Multi-use plastic and unbreakable dishware

One time use dishware

Toilet Paper

Paper Towels

Towels

Bedding (bedsheets, pillow cases, covers, blankets)

Thermal Blankets

Sleeping Bags

Tylenol or other painkiller drugs (over the counter)

Antiseptics (hydrogen peroxide/betadine/iodine as such examples)

First aid kits

Bandages of all types

Masks (reusable and single use)

Disposable linens (for medical use)

FOOD:

Easy to prepare foods/emergency use foods

Energy bars

Dried fruit

Nuts of all types

Easy to make grains

THANK YOU!!

If you have any questions or need additional information, please contact Cecilia Fontana at [candmfontana@verizon.net](mailto:candmfontana@verizon.net).