

Free Anger Management classes

Anger Management 818 offers free AM classes to current and returning veterans coming voluntarily! It is our way of giving back to those who have given so much!

This offer is for veterans coming in voluntarily. Contact us for more details.

Social Anxiety Group

Ongoing Social anxiety group, with Anita Avedian LMFT & Gayane Aramyan, AMFT. FREE half hour consultation with prior to entering the group. Contact her at 818-426-2495 for further details.

For Therapists

Have you ever considered adding anger management sessions to your clients' therapy sessions? You may be surprised with the positive results this practice yields. Refer a client today or sign up for Anita Avedian's anger management certification training near you today! She is also available for private and semi-private training for you and your colleagues. Check out the website at angermanagementessentials.com

Teens Anger Management Group

Natalie Jambazian, AMFT, facilitates a teen's anger management group. They meet Tuesdays, 4:30 pm - 5:30 pm every week. She is also available for 1:1 sessions if preferred. You can contact her at 818-334-8786 for further inquiries.

Pro-Bono services

Mishka Clavijo Kimball is offering pro bono services for families who have been separated at the border due to immigration. Mishka is a Nicaraguan native and as such is motivated by the unfortunate events that have caused so many people to migrate from one country to another. She understands that so many families are being affected, traumatized and separated and wants to offer her services as a way to give back to the community. If you are interested or know of families that would benefit from this pro bono therapy, please contact her at 818-253-9404 or email at kimballtherapy@gmail.com