

SPRING I SESSION & EVENT GUIDE

MARCH 1-APRIL 18

SWIM, SPORTS & PLAY

YOUTH SPORTS

Members: \$60 | Community Participants: \$90

Youth Basketball

Designed to build basic basketball skills and develop a sense of teamwork & game awareness, new skills will be introduced weekly as players build up to game playing situations. Masks are required.

M | 5:00-5:40PM | 5-8 Years | Gymnasium

Youth Super Sports **NEW**

A weekly dose of fun and exercise! Super Sports is an chance for your kids to experience new sports and activities in an organized pressure free environment. Activities include Soccer, Basketball, Tag Games, Dodgeball, Kickball, Gaga Ball and a participant choice week. Masks are required.

WE | 5:00-5:40PM | 5-8 Years | Gymnasium

Youth Tennis

Teaches the basics and lets children develop the skills they need to play the game. Proper strokes, volleying, serving and rules of the game will be learned. Players need to bring their own racquet. Masks are required.

TH | 5:00-5:40PM | 5-7 Years | Gymnasium

TH | 5:45-6:25PM | 8+ Years | Gymnasium

DOLPHINS SWIM TEAM CLINICS

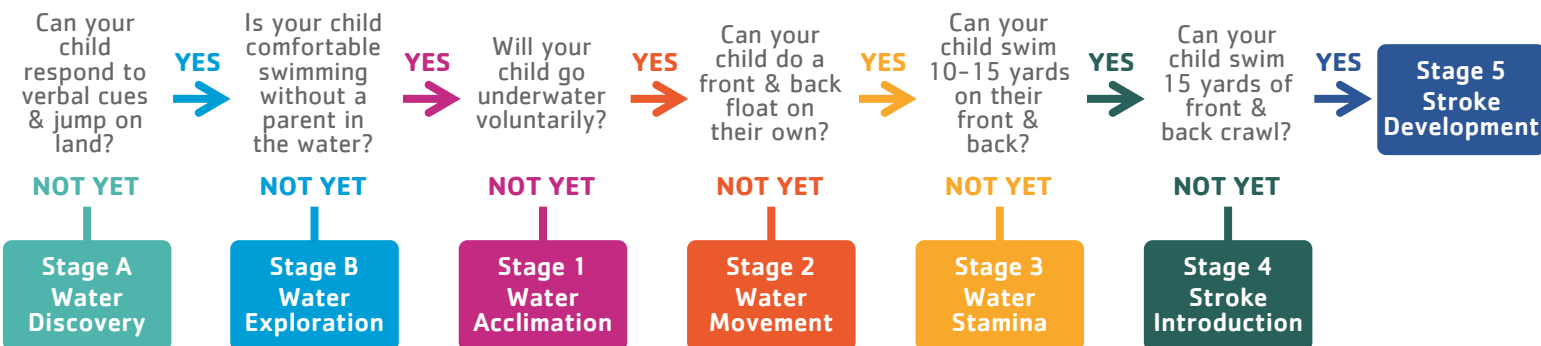
Members: \$148 | Community Participants: \$222

Introduction to Competitive Swimming **NEW**

Prepare for your career as a Dolphin! Participants will increase stamina & endurance while maintaining excellent stroke mechanics, develop other competitive swimming skills and learn about swimming as part of a healthy lifestyle. Evaluation must be completed by current swim instructor or swim team head coach before registering.

MO & WE | 4:00-4:30PM | 6-12 Years | Lap Pool

WHAT SWIM LEVEL IS MY CHILD?



LEADERS IN CHILD CARE

We're the **largest child care provider** in Wallingford, connecting kids from **8 weeks old to grade 8** to what they need to learn, grow & thrive.

ENROLL YOUR CHILD TODAY

YMCA Learning Community

From infants to Pre-K, we are here to provide the early learning childcare needs of your family. Located at Choate and Masonicare, here at YLC, children learn through play in a secure, predictable and stimulating environment with developmentally appropriate materials and activities. Contact Emily Walter at 203-269-4497 x401 for more information.

School Age Growth & Enrichment

With sites in every Wallingford elementary school, our before & after school programs enrich children and support families. We offer financial assistance and accept Care 4 Kids. For more information, contact us at 203-269-4497.

Camp Ulbrich Y-Cation

Camp doesn't have to end just because summer is over! Spend your days off with all your friends at Y-Cation. Participate in fun games, swimming, projects and so much more.

February 15 • April 12-18 | 7:00AM-6:00PM | Grades Pre K-8

Members: \$55 | Community Participants: \$80



WALLINGFORD FAMILY YMCA
www.wallingfordymca.org

f @wallingfordy
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SWIM, SPORTS & PLAY

SWIM LESSONS

Small Group Lessons

Members: \$74 (SS: \$59.20) | Community Participants: \$111 (SS: \$88.80)

Private (1:1)

Members: \$240 (SS: \$216) | Community Participants: \$282 (SS: \$253.80)

Household Lessons (1:2)

Members: \$180 (SS: \$162) | Community Participants: \$216 (SS: \$194.40)

**JOIN THE
SPLASH
SQUAD & SAVE**

For only \$50 for YMCA Members and \$75 for Community Participants, your child can be a part of our Splash Squad. You'll save **10%** on Private & Household Lessons and **20%** on Small Group Lessons for **all of 2021!**

MAKE A SPLASH AND JUST KEEP SWIMMING

		MON	TUE	WED	THU	FRI	SAT	SUN
PARENT/CHILD	Stage A/B Water Exploration (6-36 Months)	5:00-5:30PM Teaching Pool	5:00-5:30PM Teaching Pool				8:15-8:45AM Teaching Pool 11:00-11:40AM Teaching Pool	
PRESCHOOL	Stage 1 Water Acclimation	3:00-3:30PM Teaching Pool	4:20-4:50PM Teaching Pool	5:00-5:30PM Teaching Pool			9:00-9:30AM Teaching Pool	
	Stage 2 Water Movement	3:40-4:10PM Teaching Pool	5:40-6:10PM Teaching Pool	5:40-6:10PM Teaching Pool			9:40-10:10AM Teaching Pool	
	Stage 3 Water Stamina	4:20-4:50PM Teaching Pool	6:20-6:50PM Teaching Pool	6:20-6:50PM Teaching Pool			10:20-11:50AM Teaching Pool	
YOUTH	Stage 1 Water Acclimation	5:40-6:10PM Teaching Pool	7:40-8:10PM Teaching Pool				10:20-11:50AM Lap Pool	
	Stage 2 Water Movement	6:20-6:50PM Teaching Pool	3:00-3:30PM Teaching Pool	7:00-7:30PM Teaching Pool			9:40-10:10AM Lap Pool	
	Stage 3 Water Stamina	7:00-7:30PM Teaching Pool	3:40-4:10PM Teaching Pool				9:00-9:30AM Lap Pool	
	Stage 4 Stroke Introduction		7:00-7:30PM Teaching Pool	7:40-8:10PM Teaching Pool			11:00-11:40AM Lap Pool	
	Stage 5 Stroke Development						11:40-12:20PM Lap Pool	
ADULT	Teen/Adult Beginner	7:40-8:10PM Teaching Pool						
PRIVATE	Private & Household Lessons			3:00-3:30PM	3:00-3:30PM			9:00-9:30AM
				3:30-4:00PM	3:40-4:10PM			9:40-10:10AM
				4:00-4:30PM	4:20-4:50PM			10:20-10:50AM
				4:30-5:00PM	5:00-5:30PM			11:00-11:30AM
					5:40-6:10PM			11:40-12:10PM
					6:20-6:50PM			12:20-12:50PM
					7:00-7:30PM			1:00-1:30PM

Classes meet once per week on their designated day & time.

PLEASE NOTE: The Y does not provide make-up classes for individuals who miss a class. Make-ups and credits are not issued for weather related issues. Refunds or credits will not be issued after the second class.