

# HAVE YOU BEEN ABUSED?

Get Started on a New Life with ...

## *My Avenging Angel Workshops™*

*"Living well is the best revenge." George Herbert*

SPONSORED BY



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**CT Alliance for Victims of Violence  
& Their Families, Inc.**

FOR WOMEN WHO . . .

have been abused by domestic violence, sexual assault, sexual harassment,  
stalking, emotional abuse or verbal or physical assault, and,  
have left those abusive environments and desire to grow and change.

THIS WORKSHOP EMPOWERS WOMEN TO . . .

- \* **CONQUER** self doubt,
- \* **DISCOVER** hidden talents,
- \* **HEAL** their wounded spirit,
- \* **CREATE** a new future for themselves.

**These are FREE VIRTUAL on-line Workshops in TWO PARTS.**

*(Please plan to attend both ZOOM sessions of each workshop.)*



**MY AVENGING ANGEL**  
*Living well is the best revenge*

**Advanced registration is required.**

**To register, please call  
1-855-442-4373**

*My Avenging Angel Workshops™  
provide the critical "next step"  
for women to break the cycle of  
violence and reclaim their lives.*

Saturday, February 4 and 11, 2023

**10:30 a.m. – 4:30 p.m. both days.**

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Saturday, March 4 and 11, 2023

**10:30 a.m. – 4:30 p.m. both days.**

Please indicate when you register which two-day  
workshop program you would like to attend.

You will receive a link to these ZOOM  
virtual sessions after you register.

**WORKSHOP LEADER Susan Omilian is an attorney, author and advocate for women.  
Contact Susan at 860-236-2401 [susanom@comcast.net](mailto:susanom@comcast.net). Visit [www.myavengingangel.com](http://www.myavengingangel.com).**

*These workshops are dedicated to the memory of Susan's niece, Maggie, 1980 - 1999.  
For more about Maggie and Susan's work in her honor, visit [www.thriverzone.com](http://www.thriverzone.com).*

*These workshops are produced by Butterfly Bliss Productions LLC -- Owned, Operated by Susan M. Omilian*